Celebrating Common Prayer A New Zealand Version

adapted from Celebrating Common Prayer The Daily Office SSF using the Psalms and Songs of Praise from A New Zealand Prayer Book and the New Revised Standard Version for the Scripture readings

Prepared for the Common Life Liturgical Commission of The Anglican Church in Aotearoa, New Zealand and Polynesia

Introduction to a New Zealand Prayer Book version of the **Daily Office** from *Celebrating Common Prayer*

Continuing Jewish custom, the Christian Church has throughout its history offered prayer and praise to God at fixed times during the day, principally at dawn and dusk. In the early church the community celebrated using a selection of the psalms and canticles appropriate to the time of day or season in a liturgy that was marked by popular participation, movement and symbolism. With the rise of the monastic movement an alternative form of daily prayer developed in which the whole of the psalter and extensive scripture readings were used as aids to contemplative prayer. These two forms ultimately fused and it is one of the ironies of liturgical history that Archbishop Cranmer's laudable attempt to restore daily prayer as the worship of the local community should adopt a stark monastic form though his aim was edification rather than contemplation.

Recent decades in Roman Catholic, Protestant and Anglican revisions have seen the recovery of a more celebratory and communal form of the Office and one not intended to be restricted to a clerical or monastic elite.

The forms of Daily Prayer which follow are the outcome of co-operation between the Society of St Francis and the Liturgical Commission of the Church

of England seeking to bring together insights both ancient and renewed in contemporary form. This particular draft uses a form of the structures contained in *Celebrating Common Prayer* but in the language of *A New Zealand Prayer Book - He Karakia Mihinare o Aotearoa* for Psalms and songs of praise and the NRSV text for the readings.

The layout combines a set of Offices for the days of the week in the ordinary time of the year, each day of which is used in a particular season:

The Sunday form is used in Eastertide

The Monday form is used from Ascension to Pentecost

The Tuesday form is used in Advent

The Wednesday form is used in Christmastide

The Thursday form is used from Epiphany to Lent

The Friday form is used in Lent and Passiontide

The Saturday form is used from All Saints' to Advent

This gives a strong flavour and a number of variations both in the seasons and the days of the week so covering the mysteries of our creation and redemption. Appropriate psalmody is provided, in the seasons these are repeated weekly, while in ordinary time they are used over 7 weeks, 100 psalms being used in all. Short readings are provided as a simple lectionary for use, for example when travelling (again on the seven times seven cycle), or one or two readings from the lectionary may be used.

The office is centred upon THE WORD OF GOD with its psalmody, scripture reading and appropriate canticles. Old Testament canticles are used in the morning and New Testament canticles in the evening. Perhaps at the centre of the office is the GOSPEL CANTICLE — THE BENEDICTUS is used in the morning with its resurrection theme "You have raised up for us a mighty Saviour" — and THE MAGNIFICAT in the evening celebrating the coming of the incarnate light of the world.

Morning and Evening Prayer begin THE PREPARATION in the morning with a powerful acclamation of God's mighty acts in redemption followed by an opening prayer (each day or season having its own flavour). In the evening this begins optionally with the ancient custom of *The Blessing of the Light* followed by a Thanksgiving Prayer, the use of the hymn *Phos Hilarion* and the "incense psalm" 141.

As a response to the Word of God THE PRAYERS include opportunities for Thanksgiving and Intercession followed by a final blessing.

The Anglican Church is the only one stemming from the Western Christian tradition which has preserved the ideal of the daily prayer of the Church being the privilege and responsibility of the local community, not just of the clergy. It is to help this process of renewing

the daily prayer of Christians that these forms are offered for experimental use. *Colin Wilfred* SSF

The Calendar of Celebrating Common Prayer

THE SEASONS

ADVENT — Use Form 3 (Tuesday)
1st Sunday of Advent
2nd Sunday of Advent
3rd Sunday of Advent
From 17 December (O Sapientia) begin the eight days of prayer before Christmas
4th Sunday of Advent
Eve and Vigil of Christmas

CHRISTMASTIDE — Use Form 4 (Wednesday) Christmas Day — 25 December 1st Sunday of Christmas — The Holy Family 2nd Sunday of Christmas

EPIPHANYTIDE — Use Form 5 (Thursday)
Epiphany of Christ — 6 January
Baptism of Christ — 1st Sunday of the Epiphany
2nd Sunday of the Epiphany
3rd Sunday of the Epiphany
4th Sunday of the Epiphany
Presentation of Christ — Candlemas — 2 February

PRE-LENT — Use the Office according to the day of the week
Fifth Sunday before Lent — Week 3
Fourth Sunday before Lent — Week 4
Third Sunday before Lent — Week 5
Second Sunday before Lent — Week 6
Sunday before Lent — Week 7

LENT — Use Form 6 (Friday) **Ash Wednesday** 1st Sunday of Lent 2nd Sunday of Lent 3rd Sunday of Lent — Mothering Sunday 5th Sunday of Lent (Passiontide begins) Palm Sunday Monday in Holy Week Tuesday in Holy Week Wednesday in Holy Week **Maundy Thursday Good Friday** Eve and Vigil of Easter

EASTERTIDE — Use Form 1 (Sunday) Easter Day Monday of Easter Week Tuesday of Easter Week Wednesday of Easter Week Thursday of Easter Week Friday of Easter Week Saturday of Easter Week 2nd Sunday of Easter 3rd Sunday of Easter 4th Sunday of Easter 5th Sunday of Easter 6th Sunday of Easter **Ascension Day**

From Friday after Ascension begin the nine days of prayer before Pentecost. Use Form 2 (Monday) through this period and on the Day of Pentecost 7th Sunday of Easter **Pentecost** (Whit Sunday)

AFTER PENTECOST Weekdays after the Day of Pentecost — Week 7 Use the Office according to the day of the week

Trinity Sunday — 1st Sunday after Pentecost — Week 1
Day of Thanksgiving for the Eucharist — Corpus
Christi — Thursday after Pentecost 1
2nd Sunday after Pentecost — Week 2
3rd Sunday after Pentecost — Week 3

4th Sunday after Pentecost — Week 4 5th Sunday after Pentecost — Week 5 6th Sunday after Pentecost — Week 6 7th Sunday after Pentecost — Week 7 8th Sunday after Pentecost — Week 1 9th Sunday after Pentecost — Week 2 10th Sunday after Pentecost — Week 3 11th Sunday after Pentecost — Week 4 12th Sunday after Pentecost — Week 5 13th Sunday after Pentecost — Week 6 14th Sunday after Pentecost — Week 7 15th Sunday after Pentecost — Week 1 16th Sunday after Pentecost — Week 2 17th Sunday after Pentecost — Week 3 18th Sunday after Pentecost — Week 4 19th Sunday after Pentecost — Week 5 20th Sunday after Pentecost — Week 6 21st Sunday after Pentecost — Week 7 22nd Sunday after Pentecost — Week 1 Last Sunday after Pentecost — Week 2

Dedication Festival — Last Sunday of October

ALL SAINTS' TO ADVENT — Use Form 7 (Saturday)
All Saints' Day — 1 November
1st Sunday of All Saints' to Advent — All Saints' Sunday

2nd Sunday of All Saints' to Advent

— Remembrance Sunday

3rd Sunday of All Saints' to Advent 4th Sunday of All Saints' to Advent — *The Sunday next before Advent which may be observed as the feast of* **The Reign of Christ or Christ the King Sunday**

Note that each week throughout the year begins on the eve of the Sunday.

Prepared and edited by George Connor assisted by Colin Wilfred SSF Sarah Smith SLG

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Morning Prayer - Sunday

and daily in Eastertide

PREPARATION

Ko te Ingoa o te Atua ora tonu, tō tātou oranga, te Kai-hanga i te rangi, i te whenua. Kua ara mai a te Karaiti i te mate, kua waiho hei mātāmua mo te hunga kua moe.

E te Atua kaha rawa E whakapai ana mātou ki a koe Mo te whakaaranga o Ihu Karaiti i te mate Me tōu uakana i te tatau o te oranga tonutanga mo mātou Tukua mātou kia whai kaha i roto i tōna aranga Hei whakaatu i te pono ki te Ao katoa Kia whakahōnoretia kia whakakorōriatia tōu ingoa tapu. **Āmine.**

O Lord, open our lips;

And our mouth shall proclaim your praise.

Blessèd are you, Lord our God, redeemer and ruler of all; to you be glory and praise for ever! From the waters of chaos you drew forth the world, and in your great love, fashioned us in your image. [Now, through the deep waters of death you have brought your people to new birth by raising your Son to life in triumph.] May we, the firstfruits of your new creation, rejoice in this new day you have made; may Christ your light ever dawn in our hearts as we offer you our sacrifice of thanks and praise, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

The following is said God is the creator and redeemer of all.

O come, let us worship.

Or, in Eastertide: Alleluia! Christ is risen indeed. **O come, let us worship. Alleluia!**

Or, on feasts of Group Commemorations: (Alleluia!) Christ is the ruler of the nations.

O come, let us worship. (Alleluia!)

An opening psalm or Song of Praise may be used. A hymn may be sung.

THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept)

As we rejoice in the gift of this new day, so may the light of your presence, O God, 1 Koroniti 15.20

set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms Week 1 & Sundays in Eastertide — Psalm 100 1 Cry out with joy to the Lord all the earth: worship with gladness, and enter the Lord's presence with songs of joy. 2 Know that the Lord is God, our maker, whose people we are: the flock which the Lord our God shepherds. 3 Enter the gates of the temple with thanksgiving, and go into its courts with praise: give thanks, and bless God's holy name. 4 For the Lord is a gracious God, whose mercy is everlasting: and whose faithfulness endures from generation to generation. Amen! Praise and glory and wisdom, thanksgiving and honour, power and might, be to our God for ever and ever! Amen. Week 2 and Mondays in Eastertide — Psalm 118 1 We give thanks to you O Lord for you are gracious: and your love endures for ever. 2 Let the house of Israel say: 'God's love endures for ever.' 3 Let the house of Aaron say: 'God's love endures for ever.' 4 Let those who fear the Lord say: 'God's love endures for ever.' 5 I called to you O Lord in my distress: and your answer was to set me free. 6 The Lord is on my side, I will not fear: for what can human power do to me? The Lord is on my side to help me: 7 I will triumph over enemies. 8 It is better to take refuge in the Lord: than to put any trust in people. 9 It is better to take refuge in the Lord: than to put any trust in princes. 10 The nations all surrounded me: but in the name of the Lord I drove them back. 11 They hemmed me in, they hemmed me in on every side: but in the name of the Lord I drove them back. 12 They swarmed around me like bees, they blazed like fire among the thorns: but in the name of the Lord I drove them back.

- 13 They pressed hard upon me, so that I almost fell: but the Lord came to my help. 14 The Lord is my strength and my defence: and has become my deliverer. 15 There are shouts of joy and deliverance in the tents of the righteous: the right hand of the Lord does mighty things. 16 The right hand of the Lord raises up: the right hand of the Lord does mighty things. 17 I shall not die but live: and proclaim what the Lord has done. 18 The Lord indeed has punished me: but did not give me over to death. 19 Open to me the gates of the temple: that I may enter and give thanks to the Lord. 20 This is the gate of the Lord: through which the righteous shall enter. 21 I will thank you because you have answered me: and you have become my deliverer. 22 The stone which the builders rejected: has become the head of the corner. 23 This is the Lord's doing: and it is marvellous in our eyes. 24 This is the day which the Lord has made: let us rejoice and be glad in it. 25 Save us O Lord we pray: Lord we pray you to give us success. 26 Bless Π d is the one who comes in the name of the Lord: we bless you from the house of the Lord. 27 The Lord is God, and has given us light: with branches in your hands, go forward in procession up to the horns of the altar. 28 You are my God and I will thank you: you are my God and I will extol you. 29 We give thanks to you O Lord for you are gracious: and your love endures for ever. Living Christ, you are risen from the dead! Love reigns! You are life stronger than death; raise our eyes to see you *as the new day dawns.* **Amen.** Week 3 & Tuesdays in Eastertide — from Psalm 135 1 Whakamoemititia a Ihowa. / Praise the Lord. O praise the name of the Lord: give praise O you servants of the Lord,
 - 2 you that stand in the house of the Lord: in the temple courts of our God.
 - 3 O praise the Lord, for the Lord is good:

sing praises to the name of the Lord for the Lord is gracious. 4 For you O God have chosen Jacob to be your own: and Israel as your special treasure. 5 For I know that you O Lord are great: and that you are above all gods. 6 You do whatever you will in heaven and on earth: in the sea and in all the depths. You bring up the clouds from the ends 7 of the earth: you send lightning with the rain, and bring out the wind from your storehouse. 8 You struck down the first-born of Egypt: both of man and also of beast. 9 You worked signs and wonders in Egypt: against Pharaoh and all his servants. 10 You struck down great nations: and put to death mighty kings, 12 and gave their lands as a heritage: a heritage for Israel your people. 13 Your name O Lord endures for ever: the remembrance of you throughout all generations. 14 You Lord will give your people justice: and have compassion on your servants. Eternal Father, through the resurrection of your Son, help us to face the future with courage and assurance, knowing that nothing in death or life can ever part us from your love. Amen. Week 4 & Wednesdays in Eastertide — Psalm 139 1 Lord you have searched me out and known me: you know when I sit down and when I stand up, you discern my thoughts from afar. 2 You mark my path, and the places where I rest: you are acquainted with all my ways. 3 Even before there is a word on my tongue : you Lord know it altogether. 4 You guard me from behind and before: and cover me with your hand. 5 Such knowledge is too wonderful for me:

- so high that I cannot attain to it.6 Where shall I go from your spirit: or where shall I flee from your presence?
- 7 If I climb up to heaven you are there: if I make my bed in the grave you are there also.
- 8 If I take the wings of the dawn:

and alight at the uttermost parts of the sea, 9 even there your hand will lead me: and your right hand will hold me fast. 10 If I say, 'Let the darkness cover me: and my day be turned to night,' 11 the darkness is no darkness with you, but the night is as clear as the day: for darkness and light to you are both alike. 12 It was you that created my inward parts: and pieced me together in my mother's womb. 13 I will praise you, for you are awesome and wonderful: marvellous are your works, and you know me through and through. 14 My body was not hidden from you: when I was being fashioned in secret, and woven together in the depths of the earth. 15 Your eyes looked at my body: while it was as yet imperfectly formed. 16 In your book all the days of my life were written: while as yet there was not one of them. 17 How deep are your thoughts O God: and how great is the sum of them. 18 If I should count them, they are more in number than the sand: to finish the count, my life-span must needs be equal to yours. 23 Examine me O God and know my heart: test me, and discover my thoughts. 24 Watch closely, lest I follow a path of error: and lead me in the way everlasting. God, you are the first light cutting through the void. You are the final light which we shall enjoy forever. Help us to welcome the light and walk in it always. Amen. Week 5 & Thursdays in Eastertide — from Psalm 33 1 Rejoice in the Lord, you righteous: praise comes well from the upright in heart. 4 For your word O Lord is true: and you are faithful in all you do. 5 You love what is just and right: the earth is full of your kindness. 6 By your word were the heavens made: and the stars in their hosts by the breath of your mouth. 7 You gathered up the sea as into a water-jar: you laid up the deep as in a storehouse. 8 Let all the earth fear you O Lord: and all the inhabitants of the world stand in awe of you.

9 For you spoke, and the world came to be: you commanded and it stood firm.

10 You Lord bring the counsels of the nations to nothing:

and frustrate the designs of the peoples.

- 11 Your counsel shall endure for ever: the purpose of your heart to all generations.
- 12 How blest are the people whose God is the Lord: the people you chose as your own possession.
- 13 You Lord look down from heaven upon all people: from the place where you dwell you consider all who inhabit the earth.
- 14 You fashion the hearts of them all: and observe all their deeds.
- 17 But your eye O Lord is on those who fear you: on those who rely on your steadfast love,
- 18 to deliver them from death: and to keep them alive in famine.
- 19 We have waited eagerly for you O Lord: for you are our help and our shield.
- 20 Our heart shall rejoice in you: because we have hoped in your holy name.
- 21 Let your constant love attend us O Lord: as we put our trust in you.

Creator of the universe, infinite and glorious, you give us laws to save us from our folly; give us eyes to see your plan unfolding, your purpose emerging as the world is made; give us courage to follow the truth courage to go wherever you lead; then we shall know blessings beyond our dreams; then will your will be done. **Amen.**

Week 6 & Fridays in Eastertide — Psalm 30

- 1 I will extol you O Lord for you have lifted me up: you have not let my enemies triumph over me.
- 2 O Lord my God I cried to you for help: and you have restored my health.
- 3 Lord you have brought me back from the dead: you have saved my life from among those going down to the Abyss.
- 4 Let all your servants sing praises to you O Lord: and give thanks to your holy name.
- 5 For your anger is but for a moment, and in your kindness is life: tears may linger at nightfall,

but joy comes with the dawn.

- 6 In my prosperity I said, 'I shall never be shaken: your favour O Lord has made me
 - as firm as any strong mountain.'
- 7 You turned your face away from me:

and I was greatly dismayed.

- 8 I called to you O God: to the Lord I made my appeal.
- 9 'What profit is there in my death: in my going down to the grave?
- 10 'Will the dust give you praise: or will it proclaim your faithfulness?
- 11 'Hear O Lord, and be gracious to me: O Lord be my helper.'
- 12 You have turned my mourning into dancing: you have stripped off my sackcloth and clothed me with joy,
- 13 so that my heart shall sing your praise without ceasing: O Lord my God, I will give thanks to you for ever.
- Jesus Christ our Saviour,

you have delivered us

from death and sin.

- You have brought with the dawn
- a new beginning and an empty tomb;

grant us strength and humility

to enter into life. Amen.

Week 7 & Saturdays in Eastertide — from Psalm 66

- 1 Cry out with joy all people on earth: sing to the honour of God's name make the praise of the Lord glorious.
- 3 'For all the world shall worship you: sing to you and praise your name.'
- 4 O come and see what the Lord has done: what God has wrought in terror among all people.
- 5 The Lord turned the sea into dry land, and they crossed the river on foot: therefore in God let us rejoice,
- 6 who rules with power for ever, whose eyes keep watch on the nations: let not the rebellious lift up their heads.
- 7 Praise our God all peoples: and let the sound of praise be heard.
- 8 The Lord has preserved us among the living: and kept our feet from stumbling.
- 9 For you O God have tested us: and refined us as silver is refined.
- You led us into the snare: you laid a burden of trouble upon our backs.
 You let enemies ride over our heads,
 - we went through fire and water: but you have brought us out into a place of liberty.
- 15 Come then and listen, all you that fear the Lord:

and I will tell you what God has done for me.

16 I cried aloud to God: high praise was ready on my tongue. If I had cherished evil in my heart: 17 the Lord would not have heard me. 18 But truly God has heard me: and has given heed to my prayer. 19 Blessèd are you O God, for you have not rejected my prayer: nor withdrawn from me your steadfast love. *Christ, you are risen from the dead.* We are risen with you. May our life never deny this eternal life, this peace and hope and joy. Praise and glory to the God of life who is stronger than all kinds of death. Alleluia. Amen. THE NEW TESTAMENT CANTICLE If there are two Scripture Readings, the first may be read before the NT canticle, or both may be read after it. *Either:* A NEW HEAVEN AND A NEW EARTH 1 I saw a new heaven and a new earth: for the first heaven and earth had passed away, and there was no longer any sea. 2 I saw the holy city new Jerusalem: coming down out of heaven from God. 3 I saw no temple in the city: for its temple is the Lord God the Almighty and the Lamb. 4 The city has no need of sun or moon to shine upon it: for the glory of God illuminates it, and the Lamb is its light. 5 The throne of God and of the Lamb will be in the city: and the servants of God shall worship before the throne. 6 They shall see God face to face: and bear the name of their God upon their foreheads. 7 There shall be no more night: nor will they need the light of lamp or sun, 8 for the Lord God will give them light: and they shall reign for ever and ever. 9 To the One who is seated on the throne and to the Lamb: be blessing and honour, glory and might for ever and ever. Amen.

Or: A LIVING HOPE 1 Blessèd be the God and Father of our Lord Jesus Christ: Revelation 21.1, 2, 22, 23; 22.3-5; 5.13

by whose great mercy we have been born anew,

2 born to a living hope:

by the resurrection of Jesus Christ

- from the dead;
- 3 born to an inheritance which will never perish or wither away: one that is kept in heaven for us.
- 4 By God's power we are guarded through faith: for a salvation ready to be revealed at the end of time.
- 5 We rejoice in this, though now we suffer various trials: so that the genuineness of our faith, more precious than gold that is tested by fire,
- 6 may result in praise and glory and honour: at the revelation of Jesus Christ.

Or Song of Praise C. A SONG OF CREATION or Song of Praise G. TE DEUM Or in Eastertide Song of Praise F. THE EASTER ANTHEMS

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used:

Awake, O sleeper, and arise from the dead **And Christ shall give you light**.

THE GOSPEL CANTICLE: THE BENEDICTUS *Refrain:*

This is the day which the Lord has made;* let us rejoice and be glad in it.

Or, in Eastertide:

Alleluia! Christ is risen from the dead;* by his death he has trampled down death and through the grave all life has been set free. Alleluia!

Or, on feasts of Group Commemorations: Give glory to God, all you people of God;* let the hearts that seek their Maker rejoice.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham:

1 Peter 1.3-7

to set us free from the hands of our enemies,

- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany]:

One thing we ask of you, O Lord, one thing we seek:

that we may dwell in your house all the days of our life.

Lord, have mercy. E te Ariki, kia aroha mai.

Let your loving-kindness, O Lord, be upon us, as we have put our trust in you.

Christ, have mercy. E te Karaiti, kia aroha mai.

Rise up and help us, O God our Saviour, and save us for the sake of your steadfast love. Lord, have mercy. E te Ariki, kia aroha mai.

Ride on and conquer in the cause of truth, and for the sake of justice.

Christ, have mercy. E te Karaiti, kia aroha mai.

Let the heavens declare the rightness of your cause, and may your praises reach to the world's end. Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT of the day, or for Sundays **God our creator**,

yours is the morning and yours is the evening. Let Christ the sun of righteousness shine for ever in our hearts and draw us to that light where you live in radiant glory. We ask this for the sake of Jesus Christ our Redeemer . . .

The Collect for Eastertide Glorious Lord of Life, we praise you, that by the mighty resurrection of your Son, you have delivered us from sin and death and made your whole creation new; grant that we who celebrate with joy Christ's rising from the dead, may be raised from the death of sin to the life of righteousness; through him who lives and reigns with you and the Holy Spirit, one God now and for ever. **Amen.**

The Lord's Prayer follows Rejoicing in God's new creation and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen. *ko tēnei rānei* Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Āmine.

Let us bless the Lord. **Thanks be to God.** *Or, in Eastertide:* **May the risen Christ grant us the joy of eternal life. Amen.** Let us bless the Lord. Alleluia! Alleluia! **Thanks be to God. Alleluia! Alleluia!**

Evening Prayer - Sunday and daily in Eastertide

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit.

You, O Lord, are my lamp; you turn darkness into light.

The light of Christ be with you **And also with you.**

Let us give thanks to God It is right to offer thanks and praise.

Blessèd are you,

God our light and our salvation; to you be glory and praise for ever! [You led your people to freedom by a pillar of cloud by day and a pillar of fire by night.] May we who walk in the light of your presence acclaim your Christ, rising victorious, as he banishes all darkness from our hearts and minds, and praise you, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

While the other candles are lit the following or another suitable hymn may be sung.

A SONG OF THE LIGHT

- 1 O gladsome light, O grace Of God the Father's face, The eternal splendour wearing; Celestial, holy, blest, Our Saviour Jesus Christ, Joyful in your appearing.
- 2 As day fades into night, We see the evening light, Our hymn of praise outpouring: Father of might unknown, Christ, God's incarnate Son, and Holy Spirit, adoring.
- 3 To you of right belongs All praise of holy songs, O Son of God, Lifegiver; You, therefore, O Most High, The world will glorify, And shall exalt for ever.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice. O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord,

and guard the door of my lips. Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice. Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless. Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice. THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. Amen. Ka mea a Ihu, "Ko ahau te aranga me te ora; ko ia e whakapono ana ki ahau, ahakoa kua mate, e ora anō; e kore anō e mate ake ake ake ngā tāngata katoa e ora ana, e whakapono ana ki ahau." Hoani 11.25 E te Ariki, i te mea kua ara nei koe Kua turakina te mate Meinga ma tōu kaha me te mana o tōu aranga Mātou ka toa ai, ki ngā whakamātautauranga katoa Kia ū tonu ki a koe I roto i ngā wā o te hē Kia tae rawa mātou Ki te rangatiratanga mutunga kore Kei reira nei koe, e kīngi tahi na Me te Matua, me te Wairua Tapu. **Āmine.** THE WORD OF GOD the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms Week 1 & Sundays in Eastertide — from Psalm 104 1 Praise the Lord O my soul: O Lord my God you are great indeed, you are clothed in majesty and splendour. 2 You cover yourself with light as it were with a garment: you have spread out the heavens like a tent. 3 You laid out the beams of your dwelling on the waters above: you make the clouds your chariot, and ride upon the wings of the wind. 4 You make the winds your messengers: and flames of fire your servants. 5 You fixed the earth on its foundations: so that it can never be shaken.

- 9 You set the limits which they may not pass: lest they should return to cover the earth.
- 10 You cause springs to gush forth in the valleys: their waters flow between the hills.
- 11 They give drink to the beasts of the field: and the wild asses quench their thirst.
- 12 The birds make their nests in the trees along their banks: and sing among the branches.
- 13 From your dwelling on high you water the hills: the earth is filled with the fruits of your bounty.
- 14 You cause the grass to grow for the cattle: and plants for us to cultivate,
- 15 that we may bring out food from the earth: and wine to gladden our heart,
- 16 oil to give us a shining face: and bread to give us strength.
- 20 You created the moon to mark the seasons: and the sun knows the time for its setting.
- 21 You make darkness that it may be night: when all the beasts of the forest creep out.
- 24 The labourer goes out to work: and will toil until the evening.
- 25 O Lord how manifold are your works: in wisdom you have made them all, the earth is full of your creatures.
- 26 There is the great and mighty sea: which teems with living things both great and small.
- 28 All these look to you: to give them their food in due season.
- 29 What you give them they gather up: when you open your hand, they are filled with good things.
- 30 But when you hide your face they are dismayed: when you take away their breath they die, and return to the dust they came from.
- 31 When you send out your spirit they are created: and you renew the face of the earth.
- 32 May your glory O Lord endure for ever: may you rejoice O Lord in your works.
- 34 I will sing to the Lord as long as I live: I will praise my God while I have my being.
- 35 May my meditation please the Lord: as I show my joy in God.
- 36 Bless the Lord Ó my soul: Whakamoemititia a Ihowa. / O praise the Lord.

God,

you are our beginning and you will be our end; we are made in your image and likeness. We praise and thank you for this day.

This is the day on which you created light and saw that it was good. This is the day in whose early morning light we discovered the tomb was empty, and encountered Christ, the world's true light. *For us your acts are gracious* and your love endures for ever. Amen.

Week 2 and Mondays in Eastertide

1	Not to us O Lord not to us,	
	but to your name give the glory: because of your love and your faithfulness,	
2	lest the nations should ask: 'And where then is their God?'	
3	You O God are in heaven: you do whatever you will.	
4	As for their idols, they are silver and gold: the work of human hands.	
5	They have mouths that cannot speak: and eyes that cannot see.	
8	Those who make idols grow to be like them: and so do all who put their trust in them.	
11	You that fear the Lord, put your trust in the Lord: God is your help and your shield.	
12	The Lord has remembered us, and will bless us: the Lord will bless the house of Israel, the Lord will bless the house of Aaron.	
13	You Lord will bless those who fear you: the little no less than the great.	
14	May the Lord increase you more and more: both you and your children after you.	
15	May you be blessed by the Lord: the Lord who made heaven and earth.	
16	The heavens belong to the Lord: but the earth has been given to humankind.	
17	It is not the dead who praise the Lord: nor do those who go down into silence.	
18	But we the living bless the Lord: now and for ever. Whakamoemititia a Ihowa. / O praise the Lord.	
Eter	rnal God,	
gran	nt to us this day and every day	
SUCI that	h readiness and delight in following Christ,	

that whether our lives are short or long we shall have lived abundantly. **Amen.**

- Week 3 & Tuesdays in Eastertide from Psalm 105 1 Give thanks and call upon the name of the Lord: make known to the nations what God has done.
- 5 Remember the marvellous things the Most High has done:

— from Psalm 115

the wonders, and the judgments God has given, 23 Then Israel came into Egypt: Jacob settled in the land of Ham. 24 There, Lord, you made your people fruitful: and they became stronger than their enemies, 25 whose hearts you turned to hatred of your people: and to deceitful dealing with your servants. 26 Then you sent Moses your servant: and Aaron whom you had chosen. 27 They performed your signs among them: and your wonders in the land of Ham. 28 You sent darkness, and all was dark: but they would not obey your word. 29 You turned their waters into blood: and caused their fish to die. 30 Their land swarmed with frogs: yes, even in the rooms of the palace. 31 You commanded, and there rose up clouds of flies: and gnats throughout all their country. 32 You gave them hail for rain: and lightning flashed over their land. 33 You struck their vines and their fig-trees: and shattered the trees within their borders. 34 You gave the word, and grasshoppers came, and locusts innumerable: they ate up everything green in the land, and devoured all produce of the soil. 35 You struck down all the first-born in the land: the first-fruits of their virility. 36 You led Israel out, with spoil of silver and gold: among the tribes not one person fell behind. 37 The Egyptians were glad when they went: for dread of Israel had fallen upon them. 38 You O Lord spread out a cloud as a screen: and fire to give light at night. 39 The people asked, and you sent them quails: and you filled them with bread from heaven. 40 You opened a rock and water gushed out: it flowed like a river through the arid land. 41 For you remembered your sacred promise: which you had made to Abraham your servant. 42 So you led out your people rejoicing: your chosen ones with songs of gladness. 43 You gave them the lands of the heathen: and they took possession where others had toiled, 44 so that they might keep your statutes and obey your laws:

Whakamoemititia a Ihowa. / O praise the Lord.

Jesus, our friend and Redeemer, on the first Easter Day you stood among your disciples as the conqueror of sin and death, and spoke to them of your peace: Come to us in your risen power and make us glad with your presence; and so breathe your Holy Spirit into our hearts that we may be strong to serve you, for the glory of your great name. **Amen.**

Week 4 & Wednesdays in Eastertide — Psalm 114

- 1 When Israel came out of Egypt: the house of Jacob from among a people of an alien tongue,
- 2 Judah became the Lord's temple: and Israel became God's kingdom.
- 3 The sea fled at the sight of it: and Jordan turned back in its course.
- 4 The mountains skipped like rams: and the hills like yearling sheep.
- 5 Why was it that you fled O sea: and you Jordan that you turned back,
- 6 you mountains that you skipped like rams: and you hills like yearling sheep?
- 7 Tremble O earth at the presence of the Lord: at the presence of the God of Jacob,
- 8 who turned the hard rock into a pool of water: and the flint-stone into a gushing spring.

God of peace,

by the blood of the eternal covenant you brought again from the dead our Lord Jesus, that great shepherd of the sheep; make us perfect in every good work, and work in us that which is pleasing and good; through Jesus Christ to whom be glory for ever and ever. **Amen.**

Week 5 & Thursdays in Eastertide — from Psalm 136

 O give thanks to the Lord, who is gracious, give thanks to the God of gods: give thanks to the Lord of lords, he mau tonu hoki tāna mahi tohu. / God's love endures for ever.
 The Lord alone does great wonders, the Lord by wisdom made the heavens: the Lord spread out the earth above the waters, he mau tonu hoki tāna mahi tohu. / Cod's love endures for ever

God's love endures for ever.

3 The Lord made the great lights,

the sun to rule over the day:

the moon and the stars to govern the night:

he mau tonu hoki tāna mahi tohu. / God's love endures for ever. 4 The Lord struck down the first-born of Egypt, and brought Israel out from among them: with a mighty hand and outstretched arm, he mau tonu hoki tāna mahi tohu. / God's love endures for ever. 5 The Lord divided the Red Sea in two, and made Israel go through the midst of it: but as for Pharaoh and his host, the Lord flung them into the sea, he mau tonu hoki tāna mahi tohu. / God's love endures for ever. 6 The Lord led the people through the desert, the Lord overthrew mighty kingdoms: and struck down famous kings, he mau tonu hoki tāna mahi tohu, / God's love endures for ever. 7 The Lord gave their land as a heritage, a heritage to Israel God's servant: the Lord remembered us when we were in trouble, he mau tonu hoki tāna mahi tohu, / God's love endures for ever. 8 The Lord rescued us from our foes, and gives food to all things that live: Give thanks to the God of heaven, he mau tonu hoki tāna mahi tohu. / God's love endures for ever.

Holy God, you feed us with earthly and with spiritual food. Deathless, unalterable, you have chosen us, sinful as we are, to hear your word and to proclaim your truth. Alleluia! Make us salt of the earth; make us yeast in the loaf. **Amen.**

Week 6 & Fridays in Eastertide — from Psalm 107

- 1 'O give thanks, for the Lord is gracious: God's steadfast love endures for ever.'
- 2 So let the people say whom the Lord has redeemed: whom the Lord has redeemed from the hand of the enemy,
- 3 and gathered out of the lands, from the east and from the west: from the north and from the south.
- 4 Some went astray in the desert wastes:
 - and found no way to a city where they could dwell.
- 5 They were hungry and thirsty: and their soul was fainting within them.
- 6 Then they cried to you O Lord in their trouble: and you rescued them from their distress.
- 7 You led them by a straight path:

until they came to a city where they could live.

- 8 Let them thank you O Lord for your steadfast love: for the wonders that you do for us.
- 9 For you satisfy the thirsty: and fill the hungry with good things.
- 10 Some lay in darkness and gloom: prisoners fast bound in fetters of iron,
- 11 because they had defied the words of the Lord: and spurned the counsel of God most high.
- 12 So their hearts were subdued by hard labour: they stumbled with no one to help them.
- 13 Then they cried to you O Lord in their trouble: and you rescued them from their distress.
- 14 You brought them out of darkness and gloom: and broke their fetters in pieces.
- 15 Let them thank you O Lord for your steadfast love: for the wonders that you do for us.
- 16 For you break open doors of bronze: and smash the bars of iron.
- 23 Those who go down to the sea in ships: and ply their trade on great waters,
- 24 they have seen your works O Lord: and the wonders you do in the deep.
- 25 At your command the stormy wind arose: and lifted up the waves.
- 26 They were carried up to the sky, and down again to the depths: their courage melted away in their peril.
- 27 They reeled to and fro, and staggered as if drunken: their seafaring skill was utterly without avail.
- 28 Then they cried to you O Lord in their trouble: and you rescued them from their distress.
- 29 You made the storm be still: and the roaring waves were hushed.
- 30 Then they were glad because it was calm: and so you brought them to the harbour where they had longed to be.
- 31 Let them thank you O Lord for your steadfast love: for the wonders that you do for us.
- 32 Let them extol you in the assembly of the people: and praise you in the council of elders.

Jesus our guide, we journey in faith to resurrection, through failure, through success, through whatever lies ahead; for you are the way, and life. **Amen.**

Week 7 & Saturdays in Eastertide — from Psalm 116

1 I love you O Lord because you heard my voice: when I made my supplication,

- 2 because you turned your ear to me: when I called upon your name.
- 3 The cords of death entangled me, and the grip of Sheol laid hold on me: distress and anguish descended upon me.
- 4 Then I called upon the name of the Lord: 'Deliver me O Lord I beseech you.'
- 5 Gracious is the Lord and righteous: truly our God is a God of compassion.
- 6 The Lord preserves the simplehearted: when I was brought low the Lord saved me.
- 7 Be at rest once more O my soul: for the Lord has treated you kindly.
- 8 The Lord has saved me from death: and kept my eyes from tears and my feet from stumbling,
- 9 so that I may walk in the presence of the Lord: in the land of the living.
- 11 How can I repay you O Lord: for all the good things you have done to me?
- 12 I will take up the cup of salvation: and call on the name of the Lord.
- 13 I will pay my vows to the Lord: in the presence of all God's people.
- 14 Grievous in the sight of the Lord: is the death of a faithful servant.
- 15 Lord I am your servant, the son of your maidservant: you have freed me from my bonds.
- 16 I will offer a sacrifice of thanksgiving: and call on the name of the Lord.
- 18 in the courts of the Lord's house: in your midst O Jerusalem. Whakamoemititia a Ihowa. / O praise the Lord.

Holy God, holy and strong, holy and immortal, keep us under the protection of your good providence, and help us continually to revere and love your holy name; through Jesus Christ our Lord. **Amen.**

THE OLD TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: THE SONG OF TOBIT

- 1 Blessèd be God who lives for ever: blessèd be God who rules over all.
- 2 We give thanks to you O Lord before the nations: for you have scattered us among them.
- 3 There we make your greatness known: and exalt you in the presence of all the living,

4	because you are the Lord our God: you are our Father for ever.	
5	When we turn to you with all our heart and soul: to do what is true before you,	
6	then you will turn to us: and hide your face from us no longer.	
7	Consider now the deeds that God has done for you: and give thanks to God with full voice.	
8	Praise the Lord of righteousness: and exalt the ruler of the ages.	T-L: 12 1 2 4 (
	Glory to	Tobit 13.1,3,4,6
Or: 1	THE SONG OF MOSES I will sing to the Lord, for the Lord has triumphed gloriously: the horse and its rider have been thrown into the sea.	
2	The Lord is my strength and my song: and has become my salvation.	
3	This is my God, whom I will praise: the God of my forebears whom I will exalt.	
4	Who is like you O Lord among the gods: who is like you majestic in holiness?	
5	Who is like you O Lord among the gods: terrible in glorious deeds and doing wonders?	
6	In your unfailing love you will lead the people you have redeemed: in your strength you will guide them to your holy dwelling.	
7	You will bring them in and plant them on the mountain of your inheritance: the place O Lord that you have made for your dwelling,	
8	the sanctuary O Lord that your hands have established: you Lord will reign for ever and ever. Glory to	Exodus 15.1, 2, 11, 13, 17

Or Song of Praise E. THE SONG OF SIMEON - NUNC DIMITTIS

THE SCRIPTURE READING(S) *The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsary, or*

This RESPONSE to the reading may be used: The Lord is my light and my salvation; **The Lord is the strength of my life.**

THE GOSPEL CANTICLE: THE MAGNIFICAT *Refrain:* **Yours is the day, O Lord, and yours is the night;*** **let Christ, the Sun of Righteousness,** abide in our hearts for ever.

Or, in Eastertide:

Alleluia! Mary of Magdala said to the disciples, I have seen the Lord!*

The Lord is risen indeed! Alleluia!

Or, on feasts of Group Commemorations:

Look on those who revere you, O God,*

on those who trust in your merciful love.

The Song of the Blessed Virgin Mary

- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessed.
- 3 You O Most Mighty have done great things for me:

and holy is your name.

- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones:

and have lifted up the lowly.

- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

To you, O Lord, we lift our eyes;

to you, enthroned in the heavens.

Lord, have mercy. E te Ariki, kia aroha mai.

Let our cry come before you, O Lord; grant us understanding, according to your word.

Christ, have mercy. E te Karaiti, kia aroha mai.

Let your merciful goodness come to us, O Lord; and your salvation, according to your promise.
Lord, have mercy. E te Ariki, kia aroha mai.
Satisfy those who thirst, and fill the hungry with good things.
Christ, have mercy. E te Karaiti, kia aroha mai.
Your kingship has dominion over all, and with you is our redemption.
Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Sundays Loving creator of all, watch over us this night and keep us in the light of your presence. May our praise continually blend with the song of all creation, until we come to those eternal joys which you promise in your love; through Jesus Christ our Saviour . . . The Collect for Eastertide Almighty God, through your Son Jesus Christ you overcame death and opened for us the gate of everlasting life; grant us to die daily to sin, that we may evermore live with him in the joy of his resurrection; who lives and reigns with you and the Holy Spirit, one God now and for ever. Amen. The Lord's Prayer follows Rejoicing in God's new creation and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen. ko tēnei rānei

Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine. Let us bless the Lord.

Thanks be to God.

Or, in Eastertide: **May the risen Christ grant us the joy of eternal life. Amen.** Let us bless the Lord. Alleluia! Alleluia! **Thanks be to God. Alleluia!** Alleluia!

Morning Prayer - Monday

and daily in Pentecost

PREPARATION

Haere mai, e te Wairua Tapu. Ūhia mai tōu aroha noa. Haere oho rere mai, e te Wairua Tapu Whakareia mai tōu aroha noa I roto i tō Wairua āwhiowhio o te hau marangai Whakapūmautia a runga, a raro, a waho, a roto Kia mura tonu ake ko tōu ahi kā Kia kore e taea te tineia i roto i āu pononga Te mura o tō wairua. **Āmine.**

O Lord, open our lips;

And our mouth shall proclaim your praise.

Blessèd are you, creator God; to you be glory and praise for ever! [Your Spirit moved over the face of the waters to bring light and life to your creation.] Pour out your Spirit on us this day, that we may walk as children of light and by your grace reveal your presence, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

The following is said: God orders all things well: **O come let us worship.**

Or, in Pentecost: Alleluia! The spirit of God fills the whole world: **O come, let us worship. Alleluia!**

Or, on feasts of Apostles & Evangelists: (Alleluia!) Christ the corner-stone has built his Church upon the apostles and prophets:

O come, let us worship. (Alleluia!)

Or, on feasts of Missionaries:

(Alleluia!) Christ has proclaimed his gospel in all lands: **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung.

THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept) As we rejoice in the gift of this new day,

so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD — see the introduction the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Pentecost — Psalm 103

- 1 Praise the Lord O my soul: and all that is within me praise God's holy name.
- 2 Praise the Lord O my soul: and forget not all that God has done for you.
- 3 The Lord forgives you all your sin: and heals you of all your infirmities.
- 4 The Lord saves your life from the grave: and crowns you with love and mercy.
- 5 The Lord fills your life with good things: so that your youth is renewed like the eagle's.
- 6 You Lord are righteous in your acts: and bring justice to all that are oppressed.
- 7 You showed your ways to Moses: your deeds to the children of Israel.
- 8 You are full of compassion and mercy: slow to anger and rich in kindness.
- 9 You will not always be chiding: nor do you keep your anger for ever.
- 10 You have not dealt with us according to our sins: nor punished us according to our wickedness.
- 11 For as the heavens are high above the earth: so great is your mercy over those who fear you.
- 12 As far as the east is from the west: so far have you put away our sins from us.
- 13 As parents have compassion on their children: so do you Lord have compassion on those who fear you.
- 14 For you know what we are made of: you remember that we are but dust.
- 15 Our days are like the grass: we flourish like a flower of the field.
- 16 But as soon as the wind goes over it, it is gone: and its place shall know it no more.
- 17 But your merciful goodness O Lord extends for ever toward those who fear you:
 - and your righteousness to children's children,
- 18 when they are true to your covenant: and remember to keep your commandments.
- 19 You O Lord have established your throne in heaven:
 - and you rule as sovereign over all.
- 20 O praise the Lord all you angels, you mighty ones who do God's bidding: and heed the command of the Most High.
- 21 Praise the Lord all you heavenly hosts: you servants who do God's will.
- 22 Praise the Lord all things created, in all places under God's rule:
praise the Lord O my soul.

Father, you sent your Son to bring us truth and your Spirit to make us holy; open our hearts to exalt you, open our lives to reveal you, our one true God, Father, Son and Holy Spirit. Amen.

Week 2 and Mondays in Pentecost — Psalm 65

- You O God are to be praised in Jerusalem: to you shall vows be performed.
 You give heed to prayer:
- to you all mortals shall come to confess their sins.
- 3 The burden of our sins is too great for us: but you will purge them away.
- 4 Bless⊓d are the people you choose, and bring to dwell in your courts: we shall be filled with the blessings
 - of your house your holy temple.
- 5 With awesome deeds you answer our prayers for deliverance, O God our saviour: you that are the hope of all the ends of the earth, and of the far-off seas.
- 6 By your strength you made fast the mountains: and gird yourself round with power.
- 7 You still the raging of the seas, and the roar of their waves:
 - and the tumult of the peoples.
- 8 The dwellers at the ends of the earth are awed by your wonders: you make the lands of sunrise and sunset resound with shouts of joy.
- 9 You visit the earth and water it: you make it very fruitful.
- 10 The waters of heaven brim over their channel: providing us with grain,
 - for so you have prepared the land,
- 11 drenching its furrows, levelling its ridges: softening it with showers and blessing its growth.
- 12 You crown the year with your goodness: and your paths overflow with plenty.
- 13 The pastures of the wilderness abound with grass: and the hills are girded with joy.
- 14 The fields are clothed with sheep: the valleys are decked with wheat, so that they shout for joy and sing.

Almighty God,

fount of all wisdom, crown of all knowledge; give us eyes to see and minds to understand your marvellous works, that we may know you through your handiwork and use your creation to your glory; through Jesus Christ our Lord. **Amen.**

Week 3 & Tuesdays in Pentecost — Psalm 121

- 1 I lift up my eyes to the hills: but where shall I look for help?
- 2 My help comes from the Lord: who has made heaven and earth.
- 3 The Lord will not let your foot stumble: the one who guards you will not sleep.
- 4 The one who keeps watch over this people: shall neither doze nor sleep.
- 5 The Lord is the one who will guard you: the Lord at your right hand will be your defence,
- 6 so that the sun shall not strike you by day: nor yet the moon by night.
- 7 The Lord shall preserve you from all evil: yes it is the Lord who will keep you safe.
- 8 The Lord shall take care of your going out, and your coming in: from this time forth and for ever.

God of unchangeable power, you have revealed yourself to us as Father, Son and Holy Spirit; keep us firm in this faith that we may praise and bless your holy name; for you are one God now and for ever. **Amen.**

Week 4 & Wednesdays in Pentecost — Psalm 93

- 1 You O Lord are king, you are clothed in majesty: you have robed yourself, and put on the girdle of strength.
- 2 You have made the world so firm: that it can never be moved.
- 3 Your throne O Lord has stood firm from of old: from all eternity you are God.
- 4 The waters have lifted up O Lord, the waters have lifted up their voice: the waters lift up their pounding waves.
- 5 Mightier than the noise of great waters, mightier than the waves of the sea: so the Lord on high is mighty.
- 6 Truly your law stands firm: holiness O Lord adorns your house for ever.

Mighty God,

strong, loving and wise,

help us to depend upon your goodness

and to place our trust in your Son. Amen.

Week 5 & Thursdays in Pentecost — Psalm 47

- 1 Clap your hands all you peoples:
 - cry out to God with shouts of joy.
- 2 For the Lord most high is to be feared: and is the great sovereign over all the earth.
- 3 The Lord has subdued the peoples under us: and the nations under our feet.
- 4 The Lord chose a land to be our heritage: it is the pride of Jacob whom God loves.
- 5 God has gone up with shouts of triumph: the Lord has gone up with a fanfare of trumpets.
- 6 Sing praises, sing praises to God: sing praises, sing praises to our king.
- 7 For God is the king of all the earth: sing praises with your utmost skill.
- 8 God reigns over the nations: God is seated on a holy throne.
- 9 The princes of the nations assemble: with the people of the God of Abraham.
- 10 For the mighty ones of the earth have become the servants of God: the Lord is exalted over all.

Almighty God, govern the hearts and minds of those in authority and mercifully grant that the peoples of the world, divided and torn apart by sin, may be brought together

under the gentle rule of Christ. Amen.

Week 6 & Fridays in Pentecost — Psalm 111

- 1 Whakamoemititia a Ihowa. / Praise the Lord. I will thank you O Lord with all my heart: in the company of the upright in their assembly.
- 2 Great are your works O Lord: and to be studied by all who delight in them.
- 3 Your deeds are full of majesty and splendour: and your righteousness endures for ever.
- 4 You have caused your marvellous acts to be remembered:

you Lord are gracious and full of compassion.

- 5 You give food to those who fear you:
 - you keep your covenant always in mind.
- 6 You have shown your people your power in action: by giving them the lands of other nations.
- 7 The works of your hands are faithful and just: and all your precepts are trustworthy.
- 8 They stand fast for ever and ever: they are grounded in truth and justice.

9 You sent redemption to your people, you decreed your eternal covenant: holy and awesome is your name.

10 The fear of you O Lord is the beginning of wisdom, those who revere you have good understanding: your praise shall endure for ever.

Holy God, grant us the beginning of wisdom and love to cast out every fear: that we may grow more brave, more ready to hear, more ready to obey. **Amen.**

Week 7 & Saturdays in Pentecost — Psalm 150

- 1 Whakamoemititia a Ihowa. / Praise the Lord. O praise God in the holy place: praise our God in the mighty heavens.
- 2 Praise the Lord for many acts of power: praise our God for greatness beyond measure.
- 3 Praise the Lord with the sound of the trumpet: praise our God upon the lute and harp.
- 4 Praise the Lord with timbrels and dancing: praise our God upon the strings and pipe.
- 5 Praise the Lord with clash of cymbals: praise our God upon resounding cymbals.
- 6 Let everything that has breath praise the Lord: Whakamoemititia a Ihowa. / O praise the Lord.

Praise and glory to you creator Spirit of God; Like the dawn you illuminate the world around us; you grant us a new beginning every day. Be with us Holy Spirit in all we say or think, in all we do this and every day. **Amen.**

THE NEW TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: THE SONG OF OUR ADOPTION

1 Bless∏d are you,

God and Father of our Lord Jesus Christ: you have blessed us in Christ with every spiritual blessing in the heavenly realms.

- 2 Even before the world was made you chose us to be yours in Christ: that we should be holy and blameless in your sight.
- 3 In love you destined us for adoption as your children through Christ Jesus: such was your pleasure and your purpose,
- 4 to the praise of your glorious grace: which you have freely given us in your belovΠd Son.

Glory to ...

Or:	LIFE IN THE SPIRIT
1	In Christ the life-giving law of the Spirit:
	has set us free from the law of sin and death.
2	All who are led by the Spirit of God
	are children of God:
	it is the Spirit that enables us to cry,
	Abba, Father.
3	The Spirit confirms that we are God's children:
	and if children then we are heirs.
4	We are heirs of God, and fellow-heirs with Christ:
	if we share his suffering now,
	in order to share his splendour hereafter.
5	The sufferings we now endure:
	bear no comparison
	with the splendour to be shown to us.
6	The created universe itself waits
	with eager longing:
	for the children of God to be revealed.

Glory to ...

Or Song of Praise M. A SONG OF OUR TRUE NATURE

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used: **Come,** Holy Spirit, fill the hearts of your people, **And kindle in us the fire of your love.**

THE GOSPEL CANTICLE: THE BENEDICTUS *Refrain:*

God set us free to worship without fear;* holy and righteous all the days of our life.

Or, in Pentecost:

Alleluia! God's love is shed abroad in our hearts* through the Holy Spirit. Alleluia!

Or, on feasts of Apostles & Evangelists:

You did not choose me but I chose you;* and I appointed you to go out and bear fruit, the fruit that shall last.

Or, on feasts of Missionaries:

Christ gave them as a light to the nations,* that Christ's salvation might reach to the ends of the earth.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour:

based on Romans 8.2, 14-19

born of the house of your servant David.

- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham: to set us free from the hands of our enemies,
- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

In the morning, Lord, you hear our voice:

we make our appeal and watch for you.

Lord, have mercy. E te Ariki, kia aroha mai.

Come, O Lord, and bless the righteous; defend them with your favour as with a shield. **Christ, have mercy. E te Karaiti, kia aroha mai.**

Let all the earth fear you, O Lord our God; let all who dwell in the world stand in awe of you. **Lord, have mercy. E te Ariki, kia aroha mai.**

THE COLLECT of the day, or for Mondays Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger, and guide us to do always what is right in your eyes; through Jesus Christ our Saviour . . .

The Collect for the Pentecost Season Almighty God, at the feast of Pentecost you sent your Holy Spirit to the disciples, filling them with joy and boldness to preach the gospel; send us out in the power of the same Spirit to witness to your redeeming love and draw all people to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God now and for ever. **Amen.**

The Lord's Prayer follows Being made one by the Spirit and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

ko tēnei rānei Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Āmine.

Let us bless the Lord. **Thanks be to God.**

Or, in Pentecost:

May God kindle in us the fire of love. Amen. Let us bless the Lord. Alleluia! Alleluia!

Thanks be to God. Alleluia! Alleluia!

Evening Prayer - Monday

and daily in Pentecost

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit.
With you, O God, is the well of life
And in your light shall we see light.
The light of Christ be with you
And also with you.
Let us give thanks to God
It is right to offer thanks and praise.
Blessèd are you,
God our light and our life;
to you be glory and praise for ever!
When we turned away to darkness and chaos,

like a mother you would not forsake us. You cried out like a woman in labour and rejoiced to bring forth a new people. Your living Word brings light out of darkness and daily your Spirit renews the face of the earth, bending our wills to the gentle rule of your love, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

While the other candles are lit the following or another suitable hymn may be sung. A SONG OF THE LIGHT

- 1 O gladsome light, of the holy glory of the immortal Father,* heavenly, holy, blessèd Jesus Christ.
- 2 Now that we have come to the setting of the sun and behold the light of evening,* we praise you, Father, Son and Holy Spirit.
- 3 For it is right at all times to worship you with voices of praise,*
 O Son of God and giver of life: therefore all the world glorifies you.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

Let not my heart incline to any evil thing; let me not be occupied in wickedness.

But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. Amen.

Ka mea a Ihu, "Ka riro he kaha i a koutou, ina haere mai te Wairua Tapu ki a koutou; a hei kaiwhakaatu mōku ki Hiruharama, ki Hūria katoa ki Hamāria hoki, a tae noa ki te pito whakamutunga o te ao."

E te Atua o tua whakarere

Kua whakakīa ngā ngākau me ngā hinengaro O āu tāngata whakapono ki tōu Wairua Tapu Kia tika ai ō rātou whakaaro ki ngā mea katoa Kia hari tonu ai i roto i tōu aroha me tōu kaha Ko Ihu Karaiti tonu nei te kai whakaora E ora nei, e kīngi tahi nei, me koe, me te Wairua Kotahi tonu nei te Atua. **Āmine.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Pentecost — Psalm 68 1 Arise O God and let your enemies be scattered: let those who hate you flee before you. 2 As smoke vanishes before the wind, and as wax melts in the fire: so let the wicked perish at the presence of God. 3 But let the righteous be glad and exult before God: let them rejoice with exceeding joy. 4 Sing praises to God's holy name: make a highway for the one who rides on the clouds, whose name is the Lord, in whose presence exult. 5 Guardian of orphans and protector of widows: such are you O God in your holy dwelling-place. 6 You give the lonely a home to live in, and lead out the prisoners into prosperity: but the rebellious must live in the wasteland. 7 O God when you went out at the head of your people: when you marched across the wilderness, 8 the earth quaked, the heavens poured down rain: before God the Lord of Sinai,

Ngā Mahi 1.8

before God the Lord most high. 9 You sent down a generous rain O God: to refresh the wilting land of your possession. 10 There your people found a home: which in your goodness you provided for the poor. 11 The Lord gave the word: and great was the company of those who carried the news, 12 'Kings with their armies are in headlong flight: the women at home are dividing the spoil. 16 O mountain of many peaks, why do you look with envy at the mountain where God has chosen to dwell: and where the Lord will live for ever? 17 The chariots of God are twenty thousand, indeed thousands upon thousands: you O Lord have come from Sinai into your holy place. 18 You have gone up on high, leading captives with you: and receiving tribute, even from among the rebellious, that you might dwell among them. 19 BlessΠd are you O Lord, for you bear us daily as your burden: you are the God of our deliverance. 20 Our God is a God of salvation: God is the Lord through whom we escape from death. *Jesus Christ, you left your disciples,* only that you might send the Holy Spirit to be our advocate. *Grant us the Spirit of truth* to convince the world that you are risen from the dead. Amen. Week 2 and Mondays in Pentecost — from Psalm 68 24 Your procession O God has come into view: the procession of my God and king as it enters the sanctuary. 25 The singers walk in front, the minstrels follow: with them the maidens playing the timbrels and singing, 26 'Give thanks to the Lord in the great congregation: bless the Lord, all you that spring from the fountain of Israel.' 27 There in the lead is the little tribe of Benjamin, there the company of the princes of Judah:

the princes of Zebulun and the princes of Naphtali. 28 Summon your strength O God: the strength in which you performed for us your mighty deeds. 29 For your temple's sake at Jerusalem: summon kings to bring you gifts. 30 Rebuke the wild beast of the reeds: that herd of bulls with their calves. 31 Trample under foot those who are greedy for silver: and scatter the people whose delight is in war. 32 Let tribute be brought out from Egypt: and Ethiopia stretch out her hands to God. 33 Sing to God you kingdoms of the earth: sing praises to the Lord, 34 who rides on the heavens, the ancient heavens: who speaks aloud with a mighty voice. 35 Ascribe power to God, whose majesty is over our people: and whose strength is in the skies. 36 Terrible are you O God, as you come from your holy place: you give power and strength to your people. BlessInd be God. Holy One, holy and eternal, awesome, exciting and delightful in your holiness; make us pure in heart to see you; make us merciful to receive your kindness, and to share our love with all your human family; then will your name be hallowed on earth as in heaven. Amen. Week 3 & Tuesdays in Pentecost — Psalm 127 1 Unless the Lord builds the house: its builders will have laboured in vain. 2 Unless the Lord watches over the city: those who keep watch will stay awake in vain. 3 In vain you rise up early and go late to rest, eating the bread of anxious toil: for those whom the Lord loves are given sleep. 4 Truly children are a gift from the Lord: and offspring a reward from God's hand. 5 Like arrows in a warrior's hand: so indeed are the children of one's youth. 6 Happy are those who have their quiver full of them: they will not be put to shame when they meet their adversaries at the gate. Almighty God, you have called us to serve you,

yet without your grace

we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord. **Amen.**

Week 4 & Wednesdays in Pentecost

1	I love you O Lord my strength: the Lord is my rock,
	my fortress and my deliverer;
2	my God, the rock where I take refuge: my shield, my salvation and my stronghold.
\mathbf{r}	
3	
	who is worthy of all praise:
	so shall I be saved from my enemies.
4	The waves of death were all around me:
	the torrents of destruction overtook me.
5	The cords of death tightened upon me:
	and its snares were laid in my path.
6	In my trouble I called to the Lord:
0	and cried for help to my God.
7	Erom your temple you board my yoice
7	From your temple you heard my voice:
0	and my cry to you reached your ears.
8	Then the earth heaved and quaked:
	the very foundations of the hills were shaken,
	they reeled because of your anger.
9	Smoke issued from your nostrils,
	and a consuming fire came out
	of your mouth:
	glowing coals flamed forth from your presence.
10	You parted the heavens and came down:
	a storm cloud under your feet.
11	Mounted on the cherubim you flew:
	you swooped on the wings of the wind.
12	You made darkness your covering around you:
14	thick clouds dark with rain your canopy.
13	Out of the brightness of your presence:
15	Out of the brightness of your presence: there broke through the clouds,
	hailstones and coals of fire.
11	
14	You O Lord most high thundered out of heaven:
	you uttered your voice, hailstones and coals of fire.
4 -	nalistones and coals of fire.
15	You sent out your arrows
	and scattered your enemies:
	you flashed forth your
	lightnings and put them to flight.
16	The bed of the sea was laid bare,
	the foundations of the world were uncovered:
	at your rebuke O Lord,
	at the blasting of the breath of your displeasure.
17	You O Lord reached down from on high

and grasped me:

— from Psalm 18

you drew me out of the great waters.

18 You delivered me from my powerful enemy, and from those who hated me:

because they were too strong for me.

- 19 They came upon me in the day of my calamity: but you were my upholder O Lord.
- 20 You brought me out into a place of liberty: you rescued me because you delighted in me.

Praise and glory to you creator Spirit of God; You are truth. You come like the wind of heaven, unseen, unbidden. You warm and comfort us. You give us courage and fire and strength beyond our every day resources. Be with us Holy Spirit. **Amen.**

Week 5 & Thursdays in Pentecost — from Psalm 18

- 21 You rewarded me for my righteous dealing: you recompensed me because my hands were clean.
- 22 For I have kept your ways O Lord: and have not wickedly forsaken my God.
- 23 All your laws are before my eyes: and your commandments

I have not put away from me.

- 24 I was also blameless before you: and I kept myself from wickedness.
- 25 So you rewarded me for my righteous dealing: because my hands were clean in your sight.
- 26 With the faithful you show yourself faithful: with the upright you show yourself upright.
- 27 With the pure you show yourself pure: but with the crafty ones you are crafty.
- 28 For you will deliver a humble people: but you will bring down the high looks of the proud.

29 You light my lamp O Lord my God: you turn my darkness into light.

- 30 With you I can break through a hedge: with the help of my God I can leap over a wall.
- 31 The way of our God is perfect, the word of the Lord proves true: you are the shield of all who take refuge in you.
- 32 For who is God but the Lord: and who is a rock except our God?
- 33 It is God who girds me with strength: and makes the path before me safe.
- 34 You make my feet like the feet of a deer: and set me upon the heights.
- 35 You teach my hands to fight: so that my arms can bend even a bow of bronze.

- 36 You have given me the shield of your salvation: your right hand held me up, and your loving care has made me great.
- 37 You have made a broad path for my feet: and my footsteps have not faltered.
- 44 You delivered me from the strife of the peoples: and you made me the head of the nations.
- 45 A people whom I had not known: became subjects under my rule.
- 46 As soon as they heard of me they obeyed me: and foreigners humbled themselves before me.
- 47 The strength of the aliens failed: in fear they came out from their strongholds.
- 48 The Lord lives, and blessed be my rock: and praised be the God who saves me.
- 49 You are the God who avenged me: and subdued the peoples under me.
- 50 You delivered me from my enemies: you set me up above my adversaries, and saved me from the violent.
- 51 Therefore Lord, I will extol you among the nations: and sing praises to your name.
- 52 Great triumphs O Lord you give to your king: and show unfailing love to your anointed one, to David and his descendants forever.

Look down, Lord, from your heavenly throne. Illuminate the darkness of this night with your celestial brightness, and from us, the children of light, banish for ever the deeds of darkness. **Amen.**

Week 6 & Fridays in Pentecost — Psalm 138

- 1 I will give thanks to you O Lord with all my heart: before the gods I will sing your praises.
- 2 I will bow down toward your holy temple, and give thanks because of your love and faithfulness:
 - for you have exalted
 - your name and your word above all things.
- 3 On the day that I called, you answered me: and put new strength within me.
- 4 All the kings of the earth shall praise you O Lord: when they hear the words of your mouth.
- 5 They shall sing of the ways of the Lord: that the glory of the Lord is great.
- 6 For though Lord you are high, yet you care for the lowly: as for the proud,
 - you humble them from afar.
- 7 Though I walk in the midst of trouble you keep me safe:

you stretch out your hand against my enemies' rage, and your right hand will save me. 8 You will fulfil your purpose for me, your love O Lord is everlasting: do not leave unfinished the work of your hands.

God of power,

may the boldness of your Spirit transform us, may the gentleness of your Spirit lead us, may the gifts of your Spirit be our goal and our strength now and always. **Amen.**

Week 7 & Saturdays in Pentecost — Psalm 133

- 1 How good and pleasant a thing it is: when God's people live together in unity.
- 2 It is like the precious oil on Aaron's head, which ran down onto his beard: and over the collar of his vestment.
- 3 It is like the dew of Hermon: falling upon the hill of Zion.

4 For there the Lord promised the blessing: which is life for evermore.

Creator God,

you have made us not in one mould, but in many: so deepen our unity in Christ that we may rejoice in our diversity. **Amen.**

— Psalm 134

1 Come praise the Lord, all you servants of the Lord: you that stand by night in the house of the Lord.

- 2 Lift up your hands toward the holy place: and bless the Lord your God.
- 3 The Lord who made heaven and earth: give you blessing out of Zion.

Rouse our spirits, Lord Jesus, that whenever you come to the door and knock you may find us awake, ready to admit and serve you. **Amen.**

THE OLD TESTAMENT CANTICLE If there are two Scripture Readings th

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: GOD IS MY SALVATION

- 1 Behold God is my salvation: I will trust and will not be afraid,
- 2 for the Lord God is my strength and my song: and has become my salvation.
- 3 With joy you will draw water

4	from the wells of salvation: and in that day all of you will say, 'Give thanks and call upon the name of the Lord: make known among the nations what the Lord has done, proclaim that the name of the Lord is exalted.	
5	for the Lord has triumphed gloriously:	
6	let this be known in all the earth. 'Shout and sing for joy you people of God: for great in your midst is the Holy One.'	Isaiah 12.2-6
	Glory to	15utun 12.2-0
Or: 1		
2	Let the whole creation serve you: for you spoke, and all things came into being.	
3		
4	Mountains and seas are stirred to their depths: rocks melt like wax at your presence.	
5	But to those who revere you: you will continue to show mercy.	
		Judith 16.13-15
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- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me: and holy is your name.
- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones: and have lifted up the lowly.
- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

Lord, make your face to shine upon your servants.

Lord, have mercy. E te Ariki, kia aroha mai.

Hear the cry of the needy.

Christ, have mercy. E te Karaiti, kia aroha mai.

In your loving kindness save us.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Mondays

God the source of eternal light,

shed forth your unending day on us who watch for you;

that our lips may praise you,

our hearts bless you and our lives glorify you;

through our Saviour Jesus Christ...

The Collect for the Pentecost Season **Father**,

you have filled your people with the Spirit

who rested first on your Son and united us in your Church; open the channels for your Spirit that we may freely work together, and your kingdom and your rule increase; grant this for the sake of your Son Jesus Christ . . . *The Lord's Prayer follows*

Being made one by the Spirit and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

ko tēnei rānei Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine.

Let us bless the Lord. **Thanks be to God.**

Or, in Pentecost:

May God kindle in us the fire of love. Amen.

Let us bless the Lord. Alleluia! Alleluia! Thanks be to God. Alleluia! Alleluia!

Morning Prayer - Tuesday

and daily in Advent

PREPARATION

Ka whakapuakina anō te korōria o Īhowa, a ka kite ngātahi ngā kikokiko katoa. *Ihāia* 40.5

Kia horo te tata mai, e Ihu te Ariki Tū waenganui i a mātou i te rā nei Hei whakatau, hei pōwhiri i a mātou Kia ū mātou, kia noho tahi Kia rongo ai i te mahanatanga I te hari koa, o te nohoanga tahitanga O te teina tuakana i raro i te whakaaro kotahi. **Āmine.**

O Lord, open our lips;

And our mouth shall proclaim your praise.

Blessèd are you, Sovereign God of all, to you be glory and praise for ever! [In your tender compassion, the dawn from on high is breaking upon us to dispel the lingering shadows of night.] As we look for your coming among us this day, open our eyes to behold your presence and strengthen our hands to do your will, that the world may rejoice and give you praise, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

The following is said:

God fills the earth with goodness:

O come let us worship.

Or, in Advent: **Our Sovereign and Saviour draws near: O come, let us worship.**

Or, on feasts of Religious: (Alleluia!) Christ, the pure and lowly in heart: **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung.

THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept) As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD — see the introduction the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Advent — Psalm 24

- 1 The earth is the Lord's and all that is in it: the world and its inhabitants.
- 2 For the Lord has founded it upon the seas: and planted it firm upon the waters beneath.
- 3 Who may ascend the hill of the Lord: or who may stand in God's holy place?
- 4 Those who have clean hands and a pure heart: who have not set their minds on falsehood, or sworn a deceitful oath.
- 5 They shall receive blessing from the Lord: and recompense from God their saviour.
- 6 So it is with those who seek the Lord: with those who seek
 - the face of the God of Jacob.
- 7 Lift up your heads you gates, lift yourselves up, you everlasting doors: that the king of glory may come in.
- 8 'Who is the king of glory?': 'It is the Lord strong and mighty, the Lord who is mighty in battle.'
- 9 Lift up your heads you gates, lift yourselves up, you everlasting doors: that the king of glory may come in.
- 10 'Who is the king of glory?': 'It is the Lord, the Lord of hosts who is the king of glory.'

God of all hope and joy, open our hearts in welcome, that your Son Jesus Christ at his coming may find in us a dwelling prepared for himself; who lives and reigns with you and the Holy Spirit, one God now and for ever. **Amen.**

Week 2 and Mondays in Advent — Psalm 75

- To you O God we give thanks: yes, to you O Lord we give thanks.
 We call on your name:
 - and tell of all your marvellous deeds.
- 3 'At the time of my appointing: I will judge the world with justice.
- 4 'The earth may shake, with all who dwell in it: but it is I who keep steady its pillars.
- 5 'To the boastful I say, "Boast no longer": and to the wicked, "Do not toss your horns.
- 6 ' "Do not toss your horns so high: or speak with stiff-necked pride." '
- 7 For help comes neither from the east nor from the west:
 - neither from the desert nor yet from the mountains.

8 But it is God who is judge: the Lord puts down one, and raises up another.

- 9 In the Lord's hand is a cup of wine foaming and spiced: the Lord gives it to each of them to drink.
- 10 All the wicked of the earth shall drink from it: they shall drain it to the dregs.
- 11 But I will rejoice for ever: I will sing praises to the God of Jacob.
- 12 'All the horns of the wicked I will break: but the horns of the righteous shall be lifted high.'

Almighty God, you alone are our true judge, for you know what we are, you know what we should be, and with you there is mercy. Give us a feeling for what is right; set us on fire to see that right is done. Amen.

Week 3 & Tuesdays in Advent — Psalm 25

1 To you Lord I lift up my soul, my God I have put my trust in you: let me not be disappointed, nor let my enemies triumph over me. 2 For all those who hope in you shall not be ashamed: but only those who wantonly break faith. 3 Make known to me your ways O Lord: and teach me your paths. 4 Lead me in the way of your truth and teach me: you are God my saviour, for you have I waited all the day long. 5 Call to remembrance O Lord your tender care: and the unfailing love which you have shown from of old. 6 Do not remember the sins and offences of my youth: but according to your mercy, remember me Lord in your goodness. 7 You O Lord are upright and good: therefore you show the path to those who go astray. 8 You guide the humble to do what is right: and those who are gentle you teach your way. 9 All your ways are loving and sure: to those who keep your covenant and your commandments. 10 For your name's sake O Lord: pardon my guilt, which indeed is great. 11 If there are any who fear the Lord: to them the Lord will show

the path they should choose.

12 They themselves shall dwell in prosperity: and their children shall inherit the land. 13 Your friendship O Lord is for those who honour you: and to them you reveal your covenant. 14 My eyes are always on you O Lord: for you will release my feet from the net. 15 Turn to me Lord and have mercy: for I am lonely and oppressed. 16 Relieve the sorrows of my heart: and bring me out of my distress. 17 Look at my affliction and my trouble: and forgive me all my sins. 18 See how many are my enemies: how violent is their hatred for me. 19 Preserve my life and deliver me: let me not be disappointed, for I have put my trust in you. 20 Let integrity and righteous dealing preserve me: let me not be disappointed, for I have put my trust in you. 21 Redeem your people O God: and bring them out of all their distress. Praise and honour to you, living God; you chose the Hebrew people and brought them step by step to look for a redeemer, and hope for the Christ. Give us grace to see our need and recognise salvation when it comes. Amen. Week 4 & Wednesdays in Advent — Psalm 28 1 To you I call O Lord my rock, be not deaf to my cry: lest if you answer with silence, I become like those who go down to the grave. 2 Hear the voice of my pleading when I cry to you for help: when I lift up my hands towards the shrine of your holy temple. 3 Do not cast me off with the wicked and those who do evil: who speak peace to their neighbours, but mischief is in their hearts. 6 Because they give no heed to your acts O Lord, or to the work of your hands: you will break them down and never rebuild them. 7 BlessΠd are you O Lord: for you have heard my plea for mercy. 8 You are my strength and my shield, my heart trusts in you and I am helped:

therefore my heart dances for joy, and in my song Í will praise you. 9 You Lord are the strength of your people: and a sure refuge for your anointed king. 10 O Lord save your people, and bless your inheritance: be a shepherd to them, and bear them up for ever. God of unchangeable power, our strength at all times; guard us from all dangers and support us in all difficulties that we may live victoriously now and forever; through Jesus Christ our Saviour. Amen. Week 5 & Thursdays in Advent — from Psalm 62 1 My soul truly is still, and waits for God: from whom comes my deliverance. 2 In truth the Lord is my rock and my salvation: my tower of strength, so that I stand unshaken. 5 Yet be still my soul, and wait for God: from whom comes my hope of deliverance. 6 God only is my rock and my salvation: my tower of strength, so that I stand unshaken. 7 In God is my deliverance and my honour: the rock of my strength and my place of refuge. 8 Put your trust in God always you people: pour out your hearts before the one who is our refuge. 9 For we mortals are only a puff of wind, the great among us are but illusion: weighed in the balance they rise upward, all of them lighter than air. 10 Put no trust in extortion, set no vain hopes on plunder: if riches increase, do not set your heart upon them. 11 Once God has spoken, and twice I have heard God say: 'Power belongs to God alone.' 12 Steadfast love O Lord is yours: and you reward us all according to our deeds. Almighty God, you alone can bring order to our unruly wills and affections; give us grace to love what you command and desire what you promise, that in all the changes and chances of this uncertain world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord. Amen.

Week 6 & Fridays in Advent — Psalm 40

1 I waited patiently for you O Lord: and you bent down to me and heard my cry. 2 You lifted me out of the horrible pit, out of the miry clay: and set my feet upon a rock, and made my foothold sure. 3 And you put a new song in my mouth: a song of praise to our God. 4 Many shall see it, and be filled with awe: and so they will trust in the Lord. 5 Blessèd are those who have put their trust in the Lord: who have not turned to the proud, or to those who stray after false gods. 6 O Lord my God, great are the wonderful things you have done, and the things you have in mind for us: there is none to be compared with you. 7 I would proclaim them and speak of them: but they are more than can be numbered. 8 Sacrifice and offering you do not desire, but you have opened my ears to hear: burnt-offering and sacrifice for sin you have not required of me. 9 Then I said, 'Look, I have come: in the scroll of the book it is written that I should do your will.' 10 I delight to do your will O my God: truly your law is in my heart. 11 I have told the glad news of deliverance in the great assembly: I did not restrain my lips, as you well know O Lord. 12 I have not kept your goodness hidden in my heart: I have spoken of your faithfulness and your saving help. 13 I have not concealed your steadfast love: nor your truth from the great assembly. 14 Lord, do not withhold from me your tender care: let your love and faithfulness ever preserve me. 15 For innumerable troubles beset me: my sins have overtaken me, and I cannot see. 16 They are more in number than the hairs of my head: and my heart utterly fails me. 17 Be pleased O Lord to deliver me: O Lord make haste to help me. 18 Let those who seek my life be put to shame and confusion: let those who desire my hurt be turned back in disgrace.

- 19 Let those who mock at my humiliation: be appalled at their reward of shame.
- 20 Let all who seek you rejoice and be glad in you: may those who love your saving help say always 'The Lord is great.'
- 21 As for me, I am poor and needy: but the Lord will take care of me.
- 22 You are my helper and my deliverer: make no long delay O my God.

God of hope,

when Christ your Son appears may he not find us asleep or idle, but active in his service and ready. **Amen.**

Week 7 & Saturdays in Advent — Psalm 146

- 1 Whakamoemititia a Ihowa. / Praise the Lord. Praise the Lord O my soul: as long as I live I will praise the Lord.
- 2 Yes, as long as I have life: I will sing praises to my God.
- 3 Put no trust in princes, nor in any human power: for in them there is no help.
- 4 When they breathe their last, they return to dust: then all their plans come to nothing.
- 5 Happy are those
 - whose helper is the God of Jacob: whose hope is in the Lord their God,
- 6 who made heaven and earth, the sea and all that is in them: who keeps a promise for ever,
- 7 who defends the cause of the oppressed: and gives food to the hungry.
- 8 The Lord sets free the prisoner, and gives sight to the blind: the Lord raises up those bowed down, and loves those who are just.
- 9 The Lord cares for the stranger in the land, and sustains the widows and orphans: but turns the way of the wicked to ruin.
- 10 The Lord shall reign for ever: your God O Jerusalem shall reign for all generations. Whakamoemititia a Ihowa. / O praise the Lord.

God of all mercy, your Son brought good news to the despairing, freedom to the oppressed and joy to the sad; fill us with your Spirit, that the people of our day may see in us his likeness and glorify your name. **Amen.** If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: GREAT AND WONDERFUL 1 Great and wonderful are your deeds O Lord God the almighty: just and true are your ways O Sovereign of the nations. 2 Who shall not revere and praise your name O Lord?: for you alone are holy. 3 All nations shall come and worship in your presence: for your just dealings have been revealed. 4 To the One who is seated on the throne and to the Lamb: be blessing and honour, glory and might for ever and ever. Amen.

Revelation 15.3b, 4; 5.13

Hebrews 12.22-24, 28, 29

A JOYFUL ASSEMBLY Or: 1 We have come before God's holy mountain: the heavenly Jerusalem, the city of the living God; 2 we have come before myriads of angels in festal gathering: before the assembly of the first-born citizens of heaven; 3 we have come before God the judge of all: before the spirits of the righteous made perfect, and Jesus the mediator of a new covenant. 4 We are receiving a kingdom that cannot be shaken: let us therefore give thanks to God, 5 thus offering acceptable worship with reverence and awe: for our God is a consuming fire.

Glory to ...

THE SCRIPTURE READING(S) *The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or*

This RESPONSE to the reading may be used: Now is the time to awake out of sleep, For the night is far spent and the day is at hand.

THE GOSPEL CANTICLE: THE BENEDICTUS *Refrain:*

The dawn from on high shall break upon us,* to shine on those who dwell in darkness.

Or, from Advent Sunday until 16 December: Look towards the east, O Jerusalem,* and see the glory that is coming from God. Or, from 17 December until Christmas Eve: Like the sun in the morning sky,

the Saviour of the world will dawn;* like rain upon the meadows, the Christ will come down upon us.

Or, on feasts of Religious:

They who wait upon God shall renew their strength;* they shall mount up with wings as an eagle.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham: to set us free from the hands of our enemies,
- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,

10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

O God, be merciful to us and bless us;

show us the light of your countenance & come to us.

Lord, have mercy. E te Ariki, kia aroha mai.

Let your ways be known upon earth,

your saving help among the nations. **Christ, have mercy. E te Karaiti, kia aroha mai.**

Let the peoples praise you, O God,

let all the peoples praise you.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT of the day, or for Tuesdays Holy and everliving God, by your power we are created and by your love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service and live this day in love to one another and to you; through Jesus Christ our Saviour . . . The Collect for Advent Almighty God, give us grace to cast away the works of darkness and to put on the armour of light, now in the time of this mortal life, in which your Son Jesus Christ came to us in great humility: so that when he shall come again in his glorious majesty we may rise to the life immortal; through him who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen. The Lord's Prayer follows Looking for the coming of God's kingdom and as Christ teaches us we pray . . . THE CONCLUSION THE BLESSING The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen. ko tēnei rānei Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Amine. Or, in Advent: May Christ who is to come find us watching and waiting. Amen. Let us bless the Lord.

Thanks be to God.

Evening Prayer - Tuesday

and daily in Advent

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit. Your word, O God, is a lantern to our feet And a light upon our path. The light of Christ be with you And also with you. Let us give thanks to God It is right to offer thanks and praise. Blessèd are you, Creator of light and darkness! As evening falls, you renew your promise to reveal among us the light of your presence. May your word be a lantern to our feet and a light upon our path, that we may behold your glory coming among us. Strengthen us in our stumbling weakness and free our tongues to sing your praise, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

While the other candles are lit the following or another suitable hymn may be sung. A SONG OF THE LIGHT

Light of the world, in grace and beauty, Mirror of God's eternal face, Transparent flame of love's free duty, You bring salvation to our race. Now, as we see the lights of evening, We raise our voice in hymns of praise; Worthy are you of endless blessing, Sun of our night, lamp of our days.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. **Amen.**

A tērā e puta ake he wana i te take i a Hehe, a ka whai hua tētahi peka e tupu ake i roto i ōna pakiaka; ka noho hoki te wairua o Ihowa ki runga i a ia. *Ihaia* 11.1

E te Atua Matua I ārahi nei ngā tamariki o Iharaira Te kai hanga, te kai hōmai i te kawenata Tuhia ki roto i ō mātou ngākau ngā akoranga o āu ture Ko te whiwhinga ko te hari koa ki te rongopai I puāwai mai i roto i tāu tama i a Ihu Karaiti I whakamanatia e te Wairua Tapu. **Āmine.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Advent — Psalm 80 1 Hear O Shepherd of Israel, you that led Joseph like a flock: shine forth from your throne upon the cherubim. 2 Before Ephraim, Benjamin and Manasseh: stir up your strength and come to our rescue. 3 Restore us again O God: show us the light of your face and we shall be saved. 4 O Lord God of hosts: how long will you set your face against your people's prayer? 5 You have fed them with the bread of tears: and given them tears in plenty to drink. 6 You make a mockery of us to our neighbours: and our enemies laugh us to scorn. 7 Restore us again O God of hosts: show us the light of your face and we shall be saved. 8 You brought a vine out of Egypt: you drove out the nations and planted it in. 9 You cleared the ground for it: and when it had taken root it filled the land. 10 The mountains were covered with the shade of it: and its boughs were like those of mighty cedars. 11 It stretched out its branches as far as the sea: and its shoots as far as the river. 12 Why then have you broken down its fences:

so that all who go by pluck off its grapes? 13 The boar out of the forest roots it up: and the beasts of the field devour it. 14 Turn to us again O God of hosts: look down from heaven and see. 15 Bestow your care upon this vine: upon its stock which your right hand has planted. 16 As for those who burn it with fire, and cut it down: let them perish at the frown of your face. 17 Let your hand rest upon the one at your right hand: the one you have made so strong for your service. 18 Then we will never forsake you: O give us life, and we will call upon your name. 19 Restore us again Lord God of hosts: show us the light of your face and we shall be saved. Living God, you called your people out of Egypt and gave them the covenant; prepare our hearts to hear your call, so that we may receive with joy the gospel of your Son and be your faithful people, now and for ever. Amen. Week 2 and Mondays in Advent — Psalm 123 1 To you I lift up my eyes: to you that are enthroned in the heavens. 2 As the eyes of servants are on the hand of their masters: and the eyes of a maid on the hand of her mistress, 3 so our eyes are on you O Lord our God: as we wait till you show us your favour. 4 Have mercy on us O Lord, have mercy: for we have had more than enough of contempt. 5 Too long have we suffered the scorn of the wealthy: and the contempt of the arrogant. Almighty God, give us such a vision of your purpose and such an assurance of your love and power, that we may ever hold fast the hope which is in Jesus Christ our Lord. Amen. Week 3 & Tuesdays in Advent — Psalm 144 1 Bless Π d be the Lord my rock: who trains my hand for war and my fingers for battle, 2 my strength and my fortress,

my stronghold and my refuge, my shield in whom I trust: who brings people under my rule. 3 Lord, what are we mortals that you should care about us: mere human beings that you should give us a thought? 4 Each of us is like a puff of wind: our days are like a passing shadow. 5 Lower your heavens O Lord and come down: touch the mountains and they shall smoke. 6 Send out your lightnings, and scatter the enemy: shoot out your arrows and put them to flight. 7 Reach down your hand from on high and rescue me: snatch me out of the deep waters, from the hands of alien foes, 8 whose mouths utter things that are false: and whose right hand is raised in perjury. 9 I will sing you a new song O God: I will sing your praises on a ten-stringed lute. 10 You give victory to kings: and deliverance to David your servant. 11 Save me from the cruel sword: deliver me from the hands of aliens, 12 whose mouths utter things that are false: and whose right hand is raised in perjury. 13 May our sons in their youth be like well-grown saplings: and our daughters like sculptured pillars at the corners of palaces. 14 May our barns be full to overflowing with every kind of provision: our sheep bear young in thousands upon thousands in our fields. 15 May our cattle be fat and strong, suffering no miscarriage or untimely birth: and may there be no cries of distress in our streets. 16 Happy are the people to whom such blessings fall: happy the people whose God is the Lord. Eternal God, protector of all who put their trust in you, without whom nothing is strong, nothing is holy; fill us with your mercy and your grace that with you to rule and guide we may so use the good things of this present life that we do not neglect things of eternal worth; through Jesus Christ our Lord. Amen.

Week 4 & Wednesdays in Advent — Psalm 11

- In the Lord I have taken refuge: how then can you say to me, 'Flee like a bird to the mountains.
 'See how the wicked are bending their bow,
- and fitting their arrow to the string: to shoot from ambush at the true of heart.
- 3 'If the foundations are destroyed: what can the righteous do?'
- 4 You O Lord are in your holy temple: your throne is in heaven.
- 5 Your eyes are upon humankind: you take our measure at a glance.
- 6 You put the righteous and the wicked to the test: those who delight in violence your soul abhors.
- 7 On the wicked you shall rain coals of fire and brimstone: scorching wind shall be their portion to drink.
- 8 For you are just O Lord, and you love just dealing: the upright shall behold your face.

Eternal God, shed your light on us who watch for you, that our lips may praise you, our hearts bless you, and our lives glorify you, through Jesus Christ our Saviour. **Amen.**

Week 5 & Thursdays in Advent — Psalm 12

- 1 Help Lord, for there is not one godly person left: the faithful have vanished from among us.
- 2 They all speak falsely to their neighbours: they flatter with their lips,

3 O that the Lord would cut off all flattering lips:

- and the tongue that speaks so boastfully.
- 4 They have said, 'With our tongue we will prevail: our lips are our own, who is Lord over us?'
- 5 'Because the poor are oppressed: and because of the groans of the needy,
- 6 'I will arise,' says the Lord: 'and give them the place of safety they long for.'
- 7 The words of the Lord are pure as silver refined in a furnace: as gold that is purified seven times in the fire.
- 8 Protect us O Lord: and guard us from this generation for ever,
- 9 for the wicked flaunt themselves on every side: and the worthless are exalted among the people.

God for whom we wait and watch, give us courage to speak the truth even to the point of suffering. **Amen.**

Week 6 & Fridays in Advent — Psalm 42 1 Like a deer that longs for the running streams: so do I long for you my God. 2 My soul is thirsting for you O God, thirsting for the living God: when shall I come to appear in your presence? 3 My tears have been my food day and night: while all day long they ask me, 'Where now is your God?' 4 This I remember as I pour out my soul in distress: how I went with the throng, and led them to the house of God, 5 amid cries of gladness and thanksgiving: from people keeping a holy day. 6 Why are you cast down my soul: and why are you so troubled within me? 7 Wait in hope for God: for I will yet praise the one who is my saviour and my God. 8 My soul is cast down within me: therefore I remember you from the land of Jordan, from Mizar among the hills of Hermon. 9 Deep calls to deep in the roar of your waters: all your waves and your torrents pass over me. 10 You will grant me loving-kindness by day: and at night I will sing to you, and pray to the God of my life. 11 I say to God my rock, 'Why have you forgotten me: why do I go mourning because the enemy oppresses me?' 12 I am like one whose bones are broken to pieces: through the taunting of my enemies, 13 while they say to me all day long: 'Tell us, where now is your God?' 14 Why are you cast down my soul: and why are you so troubled with in me? 15 Wait in hope for God: for I will yet praise the one who is my saviour and my God. God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ. **Amen.** Week 7 & Saturdays in Advent — Psalm 130

- 1 Out of the depths have I called to you O Lord: give heed O Lord to my cry.
- 2 Let your ears consider well:

the plea I make for mercy.

- 3 If you should keep account of what is done amiss: who then O Lord could stand?
- 4 But there is forgiveness with you: therefore you shall be revered.
- 5 I wait for you Lord with all my soul: and in your word is my hope.
- 6 My soul waits for you O Lord: more than those who watch by night long for the morning, more I say than those who watch by night long for the morning.
- 7 Wait in hope for the Lord, for with the Lord there is love unfailing: and with the Lord there is ample redemption.
- 8 The Lord will redeem you: from all your many sins.

All-seeing God,

teach us to be open with you about our needs, to seek your support in our trials, to admit before you our sins, and to thank you for all your goodness. **Amen.**

THE OLD TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: THE DESERT SHALL BLOSSOM

- 1 The desert shall rejoice and blossom; it shall rejoice with gladness and singing.
- 2 The glory of the Lord shall be revealed: and the majesty of our God.
- 3 Then shall the eyes of the blind be opened: and the ears of the deaf unstopped;
- 4 then shall the lame leap like the hart: and the tongue of the dumb shall sing for joy.
- 5 For waters shall break forth in the wilderness: and streams in the desert.
- 6 The ransomed of the Lord shall return: and come with singing, with everlasting joy upon their heads.
- 7 They shall obtain joy and gladness: and sorrow and sighing shall flee away.

Glory to ...

Or: PEACE FOR THE NATIONS

In days to come the mountain
 of the Lord's house:
 will be established
 as the highest of the mountains.

It will be raised above the hills:
 and all the nations will flock to it.

3 Many peoples will come and they will say:

Isaiah 35.1, 2, 5, 6, 10

'Let us go up to the mountain of the Lord, to the house of the God of Jacob,

- 4 'that we may be taught the ways of the Lord: and may walk in the right paths.'
- 5 From the mountain of the Lord shall go forth the law: and the word of the Lord from Jerusalem.
- 6 The Lord will judge between the nations: and settle disputes for many peoples.
- 7 They shall beat their swords into ploughshares: and their spears into pruning hooks.
- 8 Nation shall not lift up sword against nation: nor ever again prepare for war.
- 9 Come O house of Jacob: let us walk in the light of the Lord.

Glory to ...

Or Song of Praise B. THE STEADFAST LOVE OF THE LORD

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or This RESPONSE to the reading may be used:

My soul is waiting for you, O Lord:

In your word is my hope.

THE GOSPEL CANTICLE: THE MAGNIFICAT *Refrain:*

You have come to the help of your servant,* remembering your promise of mercy.

Or, from Advent Sunday until 16 December:

Lord Jesus, you are the one who is to come,*

the one whom we await with longing hearts.

Or, from 17 December until Christmas Eve:

17 O Wisdom,* coming forth from the mouth of the Most High, and reaching mightily from one end of the earth to the other, ordering all things well:

Come and teach us the way of prudence.

- 18 O Adonai,* and leader of the house of Israel, who appeared to Moses in the fire of the burning bush and gave him the law on Sinai: Come and redeem us with an outstretched arm.
- 19 O Root of Jesse,* standing as a sign to the people, before whom kings shall shut their mouths and whom the nations shall seek: Come and deliver us and do not delay.
- 20 O Key of David,* and sceptre of the house of Israel, who opens and no one can shut, who shuts and no one can open: Come and bring the prisoners from the prison house, those who dwell in darkness and the shadow of death.
- O Dayspring,* splendour of light eternal and sun of righteousness:
 Come and enlighten those who dwell in darkness and the shadow of death.

Isaiah 2.2-5
22 O Ruler of the nations,* and their desire, the corner-stone making both one:

Come and save us, whom you formed from the dust.

23 O Emmanuel,* our Sovereign Lawgiver, the desire of all nations and their Saviour:

Come and save us, O Lord our God.

Or, on feasts of Religious:

You have left all things and followed me:* you will be rewarded a hundred times over and gain eternal life.

The Song of the Blessed Virgin Mary

- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me:

and holy is your name.

- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones: and have lifted up the lowly.
- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]: For you alone, O God, our soul in silence waits, for truly our hope is found in you. **Lord, have mercy. E te Ariki, kia aroha mai.** Awake, O God, and decree justice; let the peoples gather around you. Christ, have mercy. E te Karaiti, kia aroha mai.

Send forth your strength, O Lord; establish, O God, what you have wrought in us. Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Tuesdays Remember, merciful God, what you have made of us and not what we deserve; and as you have called us to your service, make us worthy of our calling; through Jesus Christ our Saviour . . . *The Collect for Advent* Creator God, We praise you for your love in coming to us, unworthy though we are. Give us grace to accept the Christ who comes in your name, and the courage to be Christ for others; through the Word made flesh, even Jesus Christ our Lord . . . *The Lord's Prover follows*

The Lord's Prayer follows Looking for the coming of God's kingdom and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

ko tēnei rānei Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine. Or, in Advent: May Christ who is to come find us watching and waiting. Amen. Let us bless the Lord. Thanks be to God.

Morning Prayer - Wednesday

and daily in Christmastide

PREPARATION

I whakakikokikotia te Kupu, a noho ana i a mātou, kV tonu i te aroha noa, i te pono; i kite anō mātou i tōna korōria e rite ana ki tō te Tama kotahi i puta mai i te Matua. *Hoani 1.14*

E te Atua Matua o te maungārongo I whānau mai ai tāu tama i roto i te mahakitanga O te Puhi o Meri Noho tūturu mai i raro i te Whetū marama Te tohu o te aroha tapu Kia whānau hou anō ai mātou I roto i te Wairua Tapu Ki tōu Atuatanga, ki tōu rangatiratanga i te rangi Ko Ihu Karaiti nei tō mātou Ariki. **Āmine.**

O Lord, open our lips;

And our mouth shall proclaim your praise.

Blessèd are you, Sovereign God, creator of all; To you be glory and praise for ever! [You founded the earth in the beginning and the heavens are the work of your hands.] As we rejoice in the gift of your presence among us, let the light of your love always shine in our hearts and your praises ever be on our lips, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

The following is said: God comes to set us free: **O come let us worship.**

Or, in Christmastide: The Word was made flesh and dwelt among us: **O come, let us worship.**

Or, on feasts of the BVM: (Alleluia!) Christ is the Son of Mary: **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung.

THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept) As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.** THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Christmastide — Psalm 8 1 O Lord our God, how glorious is your name in all the earth: from the lips of infants and children, your praises reach up to the heavens. 2 You have set up a stronghold against your adversaries: to quell the enemy and the avenger. 3 When I look up at the heavens, the work of your fingers: the moon and the stars you have set in their places, 4 what are we mortals, that you should be mindful of us: mere human beings that you should care for us? 5 You have made us little less than divine: and crowned us with glory and honour. 6 You made us rulers over all your creation: and put all things in subjection under our feet, 7 all sheep and cattle: and all the creatures of the wild, 8 the birds of the air and the fish in the sea: and all that make their way through the waters. 9 O Lord our God: how glorious is your name in all the earth. God in Trinity, Creator, Saviour, Giver of life and truth, reveal the possibilities within us, that we may attain to the fulness of our humanity. **Amen.** Week 2 and Mondays in Christmastide — Psalm 85 1 Lord you were once gracious to your land: you restored the fortunes of Jacob. 2 You forgave the offence of your people: and covered all their sin. 3 You put away all your displeasure: and turned from your bitter wrath. 4 Restore us again O God our saviour: and let your anger cease from us: 5 Will you be displeased at us for ever: will you prolong your wrath from one generation to another? 6 Will you not revive us again: so that your people may rejoice in you? 7 Show us your mercy O Lord: and give us your saving help. 8 Let me hear what you will say O Lord: for you will speak peace to your people, to your servants

whose hearts are turned to you.

- 9 For deliverance is at hand for those who fear you: so that your glory may dwell in our land.
- 10 Mercy and faithfulness have met together: justice and peace have embraced each other.
- 11 Faithfulness will spring up from the ground: and righteousness will look down from heaven.
- 12 You Lord will give prosperity: and our land shall yield its harvest.
- 13 Justice shall go before you: and the path for your feet shall be peace.

Gracious God,

may your people abide in secure dwellings and in quiet resting places, where the fruit of righteousness is peace and your blessing abounds. **Amen.**

Week 3 & Tuesdays in Christmastide — Psalm 112

- 1 Whakamoemititia a Ihowa. / Praise the Lord. Blessèd are those who fear the Lord: and greatly delight in God's commandments.
- 2 Their descendants will be mighty in the land: the children of the upright will be blessed.
- 3 Riches and plenty shall fill their houses: righteousness shall be theirs for ever.
- 4 They are a light in the darkness for the upright: being gracious compassionate and just.
- 5 It goes well with those who are generous in lending: who conduct their affairs with justice.
- 6 For the righteous will never be shaken: they will be kept in remembrance for ever.
- 7 They will not live in fear of bad news: because with steadfast heart they trust in the Lord.
- 8 Their heart is steady, they will not fear: in the end

they shall see their enemies' downfall.

- 9 They give freely to the poor: their righteousness stands for ever, and they will hold up their head with honour.
- 10 The wicked will be vexed when they see it: they will grind their teeth and slink away, for the hopes of the wicked shall come to nothing.

Jesus, Son of God,

thank you for all who strive for holiness; grant us also a readiness to strive and an obedience to suffer, for the joy of being one with you. **Amen.**

Week 4 & Wednesday in Christmastide — Psalm 19

- 1 The heavens proclaim the glory of God: and the vault of the sky reveals God's handiwork.
- 2 One day speaks to another: and night shares its knowledge with night,
- 3 and this without speech or language: their voices are not heard.
- 4 But their sound goes out into all lands: their words to the ends of the earth.
- 5 In them God has pitched a tent for the sun: which comes out like a bridegroom, like an athlete eager to run a race.
- 6 Its rising is at one end of the sky, it runs its course to the other: and there is nothing that is hidden from its heat.
- 7 The law of the Lord is perfect, refreshing the soul: the instruction of the Lord is sure, and gives wisdom to the simple.
- 8 The precepts of the Lord are right, and rejoice the heart: the commandment of the Lord is pure and gives light to the eyes.
- 9 The fear of the Lord is clean, and endures forever: the judgments of the Lord are true and righteous every one.
- 10 They are more to be desired than gold, even much fine gold: sweeter also than honey, pure honey from the comb.
- 11 By them is your servant taught: and for keeping them there is great reward.12 Who can discern unwitting sins?:
 - O cleanse me from my secret faults.
- 13 Keep your servant also from presumptuous sins, lest they get the better of me: then shall I be clean, and innocent of great offence.
- 14 Let the words of my mouth and the thoughts of my heart: be acceptable in your sight, O Lord my strength and my redeemer.

Everloving God, your Son was revealed that he might overcome evil and make us heirs of eternal life; grant that we who have this hope in us may purify ourselves as he is pure, that when he appears in power and great glory, we may be made like him, to the honour of your name; for he lives and reigns with you and the Holy Spirit, one God now and for ever. Amen.

Week 5 & Thursdays in Christmastide — Psalm 113 1 Whakamoemititia a Ihowa. / Praise the Lord. O praise the Lord, you servants of the Lord: O praise the name of the Lord. 2 Blessèd be the name of the Lord: both now and for evermore. 3 The Lord's name be praised: from the rising of the sun to its setting. 4 The Lord is high above the nations: and the glory of the Lord above the heavens. 5 Who can be likened to the Lord our God, who sits enthroned on high: yet deigns to look down from heaven to earth? 6 The Lord lifts the weak out of the dust: and raises the poor from the dung heap, 7 to make them sit with princes: with the princes of God's people. 8 The Lord gives the barren woman a home: and makes her the joyful mother of children. Whakamoemititia a Ihowa. / O praise the Lord. Thanksgiving, blessing and praise be yours, God of the incarnation; because you care for us and for our prayer. May our love for you and our likeness to you be strengthened every time we pray. Amen. Week 6 & Friday in Christmastide — Psalm 20 1 May the Lord answer you in the day of trouble: the name of the God of Jacob defend you, 2 send you help from the sanctuary: and give you support from the holy mountain. 3 May the Lord remember all your offerings: and accept your burnt sacrifices, 4 grant you your heart's desire: and give success to all your plans, 5 so that we may rejoice in your victory, and triumph in the name of our God: because the Lord has granted all your petitions. 6 Now I know O Lord that you help your anointed king, and will answer him from your holy heaven: with the victorious might of your right hand. 7 Some put their trust in chariots, and some in horses: but we will trust in the name of the Lord our God. 8 They will totter and fall: but we shall rise and stand upright. 9 O Lord save the king:

and answer us when we call.

God our life, be with us through this day, whether or not it brings us joy. Help us when evening comes to recall one benefit, for which to give you thanks. **Amen.**

Week 7 & Saturdays in Christmastide —

12 Praise the Lord O Jerusalem: O holy city praise your God. 13 For the Lord has strengthened the bars of your gates: and blessed your children within you. 14 The Lord has established peace within your borders: and fed you amply with the finest wheat. 15 You O Lord send your word to the earth: and your command runs very swiftly. 16 You give snow like wool: and sprinkle hoar-frost like ashes. 17 You scatter hail stones like breadcrumbs: you send the cold, and the waters stand frozen. 18 You utter your word and the ice is melted: you blow with your wind and the waters flow.

- 19 You make known your word to Jacob: your statutes and decrees to Israel.
- 20 You have not done this for any other nation: nor have you taught them your laws. Whakamoemititia a Ihowa. / O praise the Lord.

God of earth and heaven,

on your Church the sun is always rising;

we commend to you our sisters and brothers throughout the world.

Be with them in the work they do,

as you are with us. Amen.

THE NEW TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: THE FIRST-BORN OF ALL CREATION

- 1 Christ is the image of the invisible God: the first-born of all creation.
- 2 In him all things in heaven and on earth were created:

all that is seen and all that is unseen,

- 3 thrones and dominions, principalities and powers: through him and for him all things were created.
- 4 He exists before everything: and all things are held together in him.

from Psalm 147

5	He is the head of the body the Church:
	he is its beginning, the first-born from the dead,
	to be in all things alone supreme.
6	For in Christ O God you were pleased

- to have all your fullness dwell: and through him to reconcile the universe to yourself.
- 7 You made peace by the blood of his cross: and brought back to yourself all things in heaven and earth.

Glory to ...

THE PROLOGUE OF JOHN - OR INCLUSIVE VERSION Or: 1 In the beginning was the Word: and the Word was with God; 2 and the Word was God: he was in the beginning with God. 3 All things were made through him: and without him was not anything made that was made. 4 In him was life: and the life was the light of the human race. 5 The light shines in the darkness: and the darkness has never overcome it. 6 He was in the world, and the world was made through him: yet the world knew him not. 7 He came to his own home: and his own people would not receive him. 8 But to all who received him, who believed on his name: he has given power to become children of God. 9 They were born not of blood, nor of the will of the flesh: nor of any human will, but of God. 10 And the Word became flesh: and dwelt among us, full of grace and truth. 11 We have seen his glory: glory as of the only Son from the Father. 12 And from his fullness we have all received: even grace upon grace.

Glory to . . .

Or Song of Praise L. A SONG OF TRUE MOTHERHOOD Or Song of Praise A. THE LOVE OF GOD

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used: **The Word of Life which was from the beginning**, John 1.1-5, 10-14, 16

Colossians 1.15-20

We proclaim to you.

THE GOSPEL CANTICLE: THE BENEDICTUS Refrain:
God, you promised to remember your holy covenant* and you raised up for us a mighty Saviour.
Or, in Christmastide:
To us is born a Saviour, who is Christ the Lord,* and all the heavenly hosts now sing,
Glory to God in the highest!
Or, on feasts of the BVM:
In the womb of Mary,
you found a dwelling place on earth, O Christ;* remain for ever in our hearts.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham: to set us free from the hands of our enemies,
- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

O Lord, you are the king of glory:

help us at the break of day.

Lord, have mercy. E te Ariki, kia aroha mai.

You love righteousness and justice: may your loving kindness fill the earth. **Christ, have mercy. E te Karaiti, kia aroha mai.**

Hear our cry, O God,

and listen to our prayer.

Lord, have mercy. É te Ariki, kia aroha mai.

THE COLLECT of the day, or for Wednesdays

O God,

the author of peace and lover of concord;

to know you is eternal life,

to serve you is perfect freedom.

Defend us your servants in every stress and danger, that we may trust in your defence

and not fear the power of any adversaries;

through Jesus Christ our Redeemer . . .

The Collect for Christmastide:

O God,

you wonderfully created

and yet more wonderfully restored

the dignity of human nature;

grant that we may share the divine life

of your Son Jesus Christ,

who lives and reigns with you

in the unity of the Holy Spirit,

one God now and for ever. Amen.

The Lord's Prayer follows

Rejoicing in the presence of God among us and as Christ teaches us we pray . . .

THE CONCLUSION

THE BLESSING

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

ko tēnei rānei Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Amine. Or, in Christmastide: May the grace of Christ our Saviour be with us all. Amen. Let us bless the Lord. Thanks be to God.

Evening Prayer - Wednesday and daily in Christmastide

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit. In the beginning was the Word, and the Word was with God and the Word was God. In the Word was life, and the life was the light of all.

The light of Christ be with you **And also with you**.

Let us give thanks to God It is right to offer thanks and praise.

Blessèd are you, God our light and our salvation, to you be glory and praise for ever! In the beginning you laid the foundation of the earth, and the heavens are the work of your hands. To dispel the darkness of our night, you sent forth your Son, the first-born of all creation. He is our Christ, the light of the world, and him we acclaim, as all creation sings to you, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

While the other candles are lit the following or another suitable hymn may be sung. A SONG OF THE LIGHT

- 1 O joyful light, from the pure glory of the eternal heavenly Father,* O holy, blessèd Jesus Christ.
- 2 As we come to the setting of the sun* and see the evening light,
- 3 We give thanks and praise to the Father and to the Son* and to the Holy Spirit of God.
- 4 Worthy are you at all times to be sung with holy voices, O Son of God, O Giver of life,* and to be glorified through all creation.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense,

the lifting up of my hands as the evening sacrifice.

Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. **Amen.**

I haere mai te Kupu ki tōna kainga ake a kīhai tōna iwi ake i mōhio ki a ia. Engari ko te hunga i manako ki a ia, i whakapono ki tōna ingoa, i hoatu e ia te mana ki a meinga rātou hei tamariki na te Atua.

Hoani 1.11**-**12

E te Atua kai hanga i ngā mea katoa Nāu i hanga mātou kia rite ki tōu te āhua I tonoa mai e koe tāu tama Hei whakaora i a mātou e taka nei ki te hē Māu anake ka ora mātou e taurimatia nei I roto i tō mātou tamarikitanga I mea koe, no te pēnei te rangatiratanga o te rangi. I whai wāhi ai mātou i roto i a koe. **Āmine.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Christmastide — Psalm 110 1 The Lord said to my lord: 'Sit at my right hand, until I make your enemies your footstool.' 2 From the holy mountain the Lord hands you the sceptre of power: saying, 'Rule in the midst of your enemies.' 3 On the day of your power your people shall willingly offer themselves: in holy array they will come to you like dew at the birth of the morning. 4 The Lord has sworn an oath that will never be retracted: 'You are a priest for ever in the line of Melchizedek.' Eternal God, you have given your Son authority in heaven and in earth; grant that we may never lose

the vision of his kingdom

Week 2 and Mondays in Christmastide —

1	I will sing of your steadfast love for ever O Lord:
-	my mouth will proclaim your faithfulness
	from one generation to another.
2	For your love is such as to endure for ever:
2	your faithfulness is established
	as firm as the heavens.
2	You have said,
5	
	'I have made a covenant with my chosen: I have sworn to David my servant,
4	
4	'I will establish your posterity for ever:
10	and uphold your throne for all generations.'
19	Once in a vision to your servant you said:
	'I have set the crown upon one who is mighty, I have exalted one chosen from the people.
	I have exalted one chosen from the people.
20	'I have found David my servant:
	and with my holy oil I have anointed him.
21	'My hand shall always be with him:
	and my arm shall give him strength.
22	'The enemy shall never outwit him:
	nor the wicked bring him low.
23	'I will beat down his foes before him:
	and vanquish those who hate him.
24	'My faithfulness and constant love
	shall be with him:
	and through my name
	his head shall be lifted high.
25	'I will stretch out his hand to the Sea:
	and his right hand as far as the River.
26	'He will say to me, "You are my father:
	my God and the rock of my salvation."
27	'And I will name him my first-born:
	the highest among the rulers of the earth.
28	'My steadfast love for him I will maintain for ever:
	and my covenant with him shall stand firm.
29	'I will maintain his posterity for ever:
	and make his throne endure
	as long as the heavens.
Ahł	pa God, we call you Father,
and	your care for us
is n	10therly as well.
Pro	tect our power to love and be loved,
and	make us glad to be called your children, whānau in Christ. Amen.
one	whānau in Christ. Amen.

- Week 3 & Tuesdays in Christmastide Psalm 96 1 O sing to the Lord a new song: sing to the Lord all the earth.
 - 2 Sing, and give praise to God's name:

tell the glad news of salvation from day to day. 3 Proclaim God's glory to the nations: God's marvellous deeds to all the peoples. 4 For you O Lord are great and highly to be praised: more to be feared than all the gods. 5 The gods of the nations are no more than idols: but you O Lord are the one who made the heavens. 6 Glory and majesty attend you: strength and beauty are in your sanctuary. 7 Ascribe to the Lord, you families of the nations: ascribe to the Lord honour and might. 8 Ascribe due honour to God's holy name: bring offerings, and enter the courts of the Lord. 9 Worship the Lord in the beauty of holiness: let the whole earth stand in awe. 10 Proclaim to the nations, 'The Lord is king: the Lord has made the world so firm it cannot be moved, and will judge the peoples with justice.' 11 Let the heavens rejoice, and the earth be glad: let the sea roar and all the creatures in it. 12 Let the fields be joyful and all that is in them: then all the trees of the forest will shout with joy before the Lord. 13 For you O Lord are coming to judge the earth: with righteousness you will judge the world, and the peoples with your truth. Redeemer God, rich in mercy, infinite in goodness, we give you thanks and praise for your grace in sending Jesus Christ not for any merit of our own but when we had turned away from you. With your whole created universe we joyfully praise you for you are our God. Amen. Week 4 & Wednesday in Christmastide — Psalm 45 1 My heart overflows with a noble theme: I utter the song I have made for a king, my tongue is like the pen of a ready writer. 2 You are the fairest of men, grace is upon your lips: therefore God has blessed you for ever. 3 Gird your sword upon your thigh O mighty one: in splendour and in state. 4 In your majesty ride on to conquer, in the cause of truth and justice: and let your right hand teach

by its awesome deeds.

5 Your arrows will be very sharp, in the heart of the king's enemies: and the nations shall fall at your feet. 6 Your throne is as God's throne, it endures for ever: your royal sceptre is a sceptre of righteousness. 7 You are a lover of right and a hater of wrong: therefore God your God, has anointed you with the oil of gladness above other kings. 8 All your garments are fragrant with myrrh aloes and cassia: music of strings from ivory palaces makes you glad. 9 Kings' daughters are among your ladies of honour: on your right hand is the queen in gold of Ophir. 10 Listen my daughter, hear and ponder my words: forget your own people and your father's house. 11 The king desires your beauty: he is your lord, therefore bow down before him. 12 The people of Tyre will come with their gifts: the richest in the land will court your favour. 13 The bride is a king's daughter, in the palace all honour awaits her: her clothes are embroidered with gold. 14 In robes of many colours she is brought to you O king: her maiden companions with her to bring her into your presence. 15 With joy and gladness they bring her: they enter the royal palace. 16 In place of your fathers you shall have sons: and you will make them princes over all the earth. 17 And I will cause your name to be remembered from one generation to another: therefore the peoples shall praise you for ever. Eternal God giver of love and peace, you call your children to live together as one family; give us grace to learn your ways and to do your will, that we may bring justice and peace to all people, in the name of Jesus Christ, who lives and reigns with you and the Holy Spirit one God now and for ever. Amen.

Week 5 & Thursdays in Christmastide — Psalm 128

- 1 Bless⊓d are all those who fear the Lord: those who walk in God's ways.
- 2 You shall eat the fruit of your labours:

and you shall be happy and prosper.

- 3 Your wife shall be like a fruitful vine: within the walls of your house;
- 4 your children like slips of olive: planted round about your table.
- 5 Thus shall all those be blessed: who fear the Lord in their heart.
- 6 May the Lord bless you from the holy city: may you see the prosperity of Jerusalem all the days of your life.
- 7 May you live to see your children's children: and upon Israel let there be peace.

God of seed and growth and harvest, creator of need, creator of satisfaction; give us, we pray, our daily bread, sufficient and assured for all. Give us also, we pray, the bread of life, and we shall have a care to feed the hungry, and to seek for peace and justice in the world. Help us, then, to remember and to know that you are our life today and every day; you are the food we need, now and for ever. **Amen.**

Week 6 & Friday in Christmastide — Psalm 132

- 1 O Lord remember David: and all the hardships he endured.
- 2 How he swore an oath to the Lord: and made a vow to the Mighty One of Jacob,
- 3 'I will not enter the house where I live: nor will I climb into the bed where I rest,
- 4 'I will not give sleep to my eyes: or permit my eyelids to droop,
- 5 'until I find a place for the Lord: a dwelling for the Mighty One of Jacob.'
- 6 At Ephrathah we heard of the ark of God: and we found it in the region of Jearim.
- 7 And we said, 'Let us go into the dwelling-place of the Most High: and kneel in worship at God's footstool.'
- 8 Arise O Lord and enter your resting-place: you and the ark of your strength.
- 9 Let your priests be clothed with righteousness: and let your faithful people cry out for joy.
- 10 For your servant David's sake: do not reject your anointed king.
- 11 The Lord made a sure promise to David: a promise that will never be revoked,
- 12 'A son, the fruit of your body: I will set upon your throne.
- 13 'If your sons keep my covenant, and obey the teaching that I give them: their descendants too shall sit on your

throne in succession for ever.'

- 14 For the Lord has chosen Jerusalem: the Lord desired it for a home and said,
- 15 'This is my resting-place for ever: here I will dwell, for I have a delight in her.
- 16 'I will abundantly bless her provisions: and satisfy her poor with bread.
- 17 'I will clothe her priests with salvation: and her faithful people shall rejoice and sing.
- 18 'There I will make a branch to spring from the stem of David: and I have prepared a lamp for my anointed king.
- 19 'His enemies I will cover with shame: but on him the crown he wears will shed its lustre.'

Eternal and glorious God, you dwell in a high and holy place, yet draw us near in your beloved Son; we humble ourselves before you and pray that we may know your loving presence, Creator, Redeemer, and Life-giver our one true God for ever. **Amen.**

Week 7 & Saturdays in Christmastide — Psalm 84

- 1 How lovely is your dwelling-place: Lord God of power and might.
- 2 My soul has a desire and longing to enter the courts of the Lord: my heart and my flesh rejoice in the living God.
- 3 The sparrow finds for herself a house: and the swallow a nest where she may lay her young.
- 4 Even so have the singers a home at your altars: they stand always praising you my king and my God.
- 5 O Lord God of hosts: blessΠd are those who dwell in your house.
- 6 Bless⊓d are those whose strength is in you: who have set their hearts on pilgrimage.
- 7 Going through the arid valley, they find a spring from which to drink: the early rain covers it with pools of water.
- 8 They go from strength to strength: and appear every one before God in Jerusalem.
- 9 O Lord God of hosts, hear my prayer: give ear O God of Jacob.
- 10 Show favour O God to the king our defender: and look upon the face of your anointed prince.
- 11 Truly one day in your courts: is better than a thousand elsewhere.

12 I would rather stand at the threshold of the house of my God: than live in the homes of the wicked.
13 For the Lord God is a defence and shield, the Lord will give grace and honour: and no good thing will be withheld from those who live a blameless life.
14 O Lord God of hosts: blessèd are those who put their trust in you.
Support us, Lord, all the day long, until the shadows lengthen, and the evening comes, the busy world is hushed, the fever of life is over, and our work done;

then Lord, in your mercy, give us safe lodging, a holy rest and peace at the last. **Amen.**

THE OLD TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: THE SONG OF HANNAH

- 1 My heart exults in the Lord: my strength is exalted in my God.
- 2 There is none holy like the Lord: there is none beside you, no rock like our God.
- 3 For you O Lord are a God of knowledge: and by you our actions are weighed.
- 4 The bows of the mighty are broken: but the feeble gird on strength.
- 5 You Lord make poor and make rich: you bring low and you also exalt.
- 6 You raise up the poor from the dust: and lift the needy from the ash-heap.
- 7 You make them sit with princes: and inherit a seat of honour.
- 8 For yours O Lord are the pillars of the earth: and on them you have set the world.

Glory to . . .

Or:	GOD'S CHOSEN ONE
1	There shall come forth a shoot
	from the stump of Jesse:
	from the stump of Jesse: and a branch shall grow out of its roots,
2	and the Spirit of the Lord shall rest upon him:
	the spirit of wisdom and understanding,
3	the spirit of counsel and might:
	the spirit of knowledge and the fear of the Lord.
4	He shall not judge by what his eyes see:
	or decide by what his ears hear,
5	but with righteousness he shall judge the poor:
	and decide with equity
	for the meek of the earth.

1 Samuel 2.1-4, 7, 8

6 The wolf shall dwell with the lamb: and the leopard shall lie down with the kid, 7 and the calf and the lion cub together: and a little child shall lead them. 8 They shall not hurt or destroy

in all my holy mountain: for the earth shall be full of the knowledge of the Lord as the waters cover the sea.

Glory to . . .

THE SCRIPTURE READING(S) The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used: Your salvation is near to those who fear you,

That glory may dwell in our land.

THE GOSPEL CANTICLE: THE MAGNIFICAT

Refrain:

You have looked with favour on your lowly servant:* from this day, all generations will call her blessed.

Or, in Christmastide:

When peaceful silence lay over all, and night was in the midst of her swift course:* from your royal throne O God, down from the heavens, leapt your almighty Word.

Or, on feasts of the BVM:

Mary gave birth to the Word of God;* truly she is the ever-blessed Mother of Christ our Lord.

The Song of the Blessed Virgin Mary

- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me:

and holy is your name.

- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones: and have lifted up the lowly.
- 7 You have filled the hungry with good things:
 - and the rich you have sent away empty.

Isaiah 11.1-4, 6, 9

- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

Have mercy, O Lord, upon us,

as we have hoped in you.

Lord, have mercy. É te Ariki, kia aroha mai.

Give justice to the orphan and the oppressed and break the power of wickedness and evil.

Christ, have mercy. E te Karaiti, kia aroha mai.

Lord, hear our prayer

and answer us in your righteousness.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Wednesdays: Be our light in the darkness, Lord we pray, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ . . .

The Collect for Christmastide:

Almighty God, you gave your only-begotten Son

to take our nature upon him, and be born of the Virgin Mary; grant that we, who have been born again and made your children by adoption and grace, may daily be renewed by your Holy Spirit; through our Saviour Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lord's Prayer follows

Rejoicing in the presence of God among us and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen. *ko tēnei rānei* Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine. *Or, in Christmastide:* May the grace of Christ our Saviour be with us all. Amen. Let us bless the Lord. Thanks be to God.

Morning Prayer - Thursday and daily in Epiphanytide

PREPARATION

Na, ka haere mai ētahi māki i te Rāwhiti ki Hiruharama, ka mea, "Kei hea ia kua whānau nei hei kīngi mo ngā Hūrai? Kua kite hoki mātou i tōna whetū i te Rāwhiti, a kua tae mai nei mātou ki a ia."

Matiu 2.1*b*, 2

E te Matua i te Rangi Nā tōu whetū korōria i ārahi ngā tohunga o onamata Kia tūtaki ki te kīngi o ngā kīngi E takoto ana i te whare kararehe Uakina ngā matapihi o te rangi Kia kite mātou i te tama a te Atua Me te whakapono Ko ia tūturu te Karaiti te Tama e tāria nei. **Āmine.**

O Lord, open our lips;

And our mouth shall proclaim your praise.

Blessèd are you, Sovereign God, ruler of the nations, to you be glory and praise for ever! [From the rising of the sun to its setting your name is proclaimed in all the world.] As the Sun of Righteousness dawns in our hearts, anoint our lips with the seal of your Spirit that we may witness to your gospel and sing your praise in all the world, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

The following is said: God calls us to love one another:

O come let us worship.

Or, in Epiphanytide: God's glory has been revealed in Christ:

O come, let us worship.

Or, on feasts of Teachers & Confessors: (Alleluia!) Christ speaks the truth in every age: **O come, let us worship. (Alleluia!)**

Or, on feasts of Bishops: (Alleluia!) Christ feeds the flock in every age: **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung. THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept)

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD — see the introduction page iv the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms page Week 1 & Sundays in Epiphany — Psalm 67 1 Be gracious to us O God and bless us: and make the light of your face to shine upon us, 2 that your ways may be known upon earth: your saving power among all nations. 3 Let the peoples praise you O God: let all the peoples praise you. 4 Let the nations be glad, and sing for joy: for you judge the peoples righteously, and guide the nations on earth. 5 Let the peoples praise you O God: let all the peoples praise you. 6 The earth has yielded its harvest: and you our God will bless us. 7 Your blessing O God be upon us: and let all the ends of the world revere you. Merciful God, creator of all the peoples of the earth and lover of every soul; have compassion on all who do not know you, *let your gospel be preached with grace and power* to those who have not heard it, turn the hearts of those who oppose it, and bring home to your fold all who have gone astray; through Jesus Christ our Lord. Amen. Week 2 and Mondays in Epiphany — Psalm 99 1 You are king O Lord, and the people tremble: you sit enthroned upon the cherubim, and the earth is quaking.

- 2 You O Lord are great upon your holy mountain: you are exalted over all the nations.
- 3 Let them praise your great and terrible name: holy are you and mighty,
 - a king who delights in justice.
- 4 You have established equity: you have dealt justice and righteousness in Jacob.
- 5 We proclaim your greatness O Lord our God: we bow down before your footstool for you are holy.
- 6 Moses and Aaron among your priests, and Samuel among those who called on your name:

these called to you O Lord and you answered.
7 You spoke to them out of the pillar of cloud: they kept your teachings and the law that you gave them.
8 You answered them O Lord our God: to them you were a God who forgives, though you punished their offences.
9 We proclaim your greatness O Lord our God: we bow down towards your holy hill, for you O Lord our God are holy.
Almighty God,

your Son revealed in signs and wonders the greatness of your saving love; renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ our Lord. **Amen.**

Week 3 & Tuesdays in Epiphany — Psalm 97

- 1 You are king O Lord, let the earth be glad: let the many islets and coastlands rejoice.
- 2 Clouds and darkness are round about you: righteousness and justice are the foundation of your throne.
- 3 Fire goes before you: and burns up your enemies on every side.
- 4 The world is lit up by your lightnings: and earth trembles at the sight.
- 5 The mountains melt like wax before you: before the Lord of all the earth.
- 6 The heavens proclaim your righteousness: and all the peoples see your glory.
- 7 Shame on all who worship images, and glory in their worthless idols: bow down before the Lord all you gods.
- 8 Jerusalem hears and is glad: the cities of Judah rejoice O Lord at your judgments.
- 9 For you Lord are most high over all the earth: you are exalted far above all the gods.
- 10 You love those who hate evil:

you preserve the lives of your servants, and deliver them from the hand of the wicked.

- 11 Light has dawned for the righteous: and joy for the upright in heart.
- 12 Rejoice in the Lord you righteous: and give thanks to God's holy name.

Jesus, light of the world,

let your bright star stand over the place

where the poor have to live;

lead our sages to wisdom and our rulers to reverence. **Amen.**

Week 4 & Wednesdays in Epiphany — Psalm 21 1 The king rejoices in your strength O Lord: how greatly he exults in your victory. 2 You have given him his heart's desire: and not denied him the request of his lips. 3 You come to meet him with the blessings of success: and set a crown of pure gold upon his head. 4 He asked you for life, and you gave it to him: length of days for ever and ever. 5 Great is his glory because of your victory: splendour and majesty you have laid upon him. 6 You have given him everlasting felicity: and you make him glad with joy in your presence. 7 For the king puts his trust in the Lord: and through the steadfast love of God most high, he will remain unshaken. 13 Arise O Lord in your strength: and we will sing and praise your power. Merciful God, in Christ you make all things new; transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your heavenly glory; through Jesus Christ our Redeemer. Amen. Week 5 & Thursdays in Epiphany — Psalm 29 1 Ascribe to the Lord you heavenly powers: ascribe to the Lord all glory and might. 2 Ascribe due honour to God's holy name: worship the Lord in the beauty of holiness. 3 The voice of the Lord is upon the waters: it is the glorious God who makes the thunder upon the great waters. 4 The voice of the Lord is power: the voice of the Lord is full of majesty. 5 The voice of the Lord breaks the cedar-trees: the Lord splinters the cedars of Lebanon. 6 The Lord makes Lebanon skip like a calf: and Sirion like a young wild bull. 7 The voice of the Lord divides the lightning: the voice of the Lord shakes the wilderness, the Lord shakes the wilderness of Kadesh. 8 The voice of the Lord makes the oaks to writhe, and strips the forests bare: while in God's temple all cry, 'Glory'. 9 The Lord sits enthroned above the waters: the Lord sits enthroned as king for ever. 10 You Lord will give strength to your people: you will give your people the blessing of peace.

God of unchangeable power, when you fashioned the world the morning stars sang together and the host of heaven shouted for joy; open our eyes to the wonders of creation and teach us to use all things for good, to the honour of your glorious name; through Jesus Christ our Lord. **Amen.**

Week 6 & Fridays in Epiphany — Psalm 57 1 Be merciful to me O God, be merciful:

for I have made you my refuge.

2 In the shadow of your wings I take shelter: until the storms of destruction pass by.

- 3 I call to you O God most high: for you fulfil your purpose for me.
- 4 You will send from heaven and save me, you will put to shame those
 - who would trample me down: you will send forth
 - your steadfast love and faithfulness.
- 5 For I lie down amongst lions greedy for human prey:
 - their teeth are spears and arrows,
 - and their tongues are sharpened swords.
- 6 Be exalted O God above the heavens: and let your glory be over all the earth.
- 7 They set a net for my feet, and I was brought low: they dug a pit in my path, but fell into it themselves.
- 8 My heart is steadfast O God, my heart is steadfast: I will sing and make melody.
- 9 Awake my soul, awake lute and harp: I myself will awaken the dawn.
- 10 I will give you thanks O Lord among the peoples: I will sing your praise among the nations.
- 11 For the greatness of your mercy reaches to the heavens: and your faithfulness up to the clouds.
- 12 Be exalted O God above the heavens: and let your glory be over all the earth.
- Open the heavens, Holy Spirit, for us to see Jesus interceding for us; may we be strengthened to share his baptism, strengthened to share his cup, and ready to serve him forever. **Amen.**

Week 7 & Saturdays in Epiphany — Psalm 148

- 1 Whakamoemititia a Ihowa. / Praise the Lord. Praise the Lord from the heavens: O praise God in the heights above.
- 2 Praise the Lord all you angels: O praise God all you heavenly host.

3 Praise the Lord sun and moon: praise God all you shining stars.4 Praise the Lord you highest heavens:

and you waters above the heavens.

- 5 Let them praise the name of the Lord: who commanded, and they were created.
- 6 The Lord fixed them in their places for ever: by a law which shall never be broken.
- 7 Praise the Lord from the earth: you sea-monsters and ocean depths,
- 8 fire and hail, snow and ice: stormy wind obeying God's word,
- 9 all mountains and hills: all fruitbearing trees and cedars,
- 10 wild beasts and cattle: reptiles and birds on the wing,
- 11 kings of the earth and all peoples: princes and all rulers of the world,
- 12 young men and maidens: old people and children together.
- 13 Let them praise your name O Lord: for your name alone is exalted, and your glory is above heaven and earth.

14 You have lifted up your people's head, with praise from all your servants: from the people close to your heart. Whakamoemititia a Ihowa. / O praise the Lord.

Praise to you, God, for all your work among us. Yours is the vigour in creation, yours is the impulse in our new discoveries. Make us adventurous, yet reverent and hopeful in all we do. **Amen.**

THE NEW TESTAMENT CANTICLE If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: YOU ARE WORTHY 1 You are worthy, our Lord and God: to receive glory and honour and power, 2 for you have created all things: and by your will they were created and have their being. 3 You are worthy O Christ, for you were slain: and by your blood have ransomed us for God, 4 ransomed us from every tribe and people and nation: and made us a royal house of priests to our God. 5 To the One who is seated on the throne and to the Lamb: be blessing and honour, glory and might, for ever and ever. Amen.

Or: THE MYSTERY OF OUR RELIGION

- 1 Christ Jesus our Lord was manifested in the flesh: and was vindicated in the Spirit;
- 2 he was seen by angels: and proclaimed among the nations;
- 3 he was believed on in the world: and was taken up in glory.
- 4 He will be revealed in due time by God: the blessΠd and only ruler, the sovereign Lord of all,
- 5 who alone has immortality: and dwells in unapproachable light,
- 6 whom no one has ever seen or can see: to whom alone be honour and might for ever and ever. Amen.

1 Timothy 3.16; 6.15,16

Or Song of Praise K. A SONG OF MERCY AND GRACE

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used:

O worship the Lord in the beauty of holiness, **Let the whole earth stand in awe of God.**

THE GOSPEL CANTICLE: THE BENEDICTUS Refrain: We are free to worship without fear;*

holy and righteous all the days of our life.

Or, in Epiphanytide:

This is the Christ, the Chosen of God,* the one who will bring healing to the nations.

Or, on feasts of Teachers & Confessors:

Those who are wise

will shine as brightly as the heavens;* and those who have instructed many in virtue will shine like stars for all eternity.

Or, on feasts of Bishops:

I will give you shepherds after my own heart* who will feed you with knowledge and understanding.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.

- 5 This was the oath you swore to our father Abraham: to set us free from the hands of our enemies,
- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

Lord, send us your loving-kindness in the morning and so shall we rejoice and be glad.

Lord, have mercy. E te Ariki, kia aroha mai.

Let not the oppressed turn away ashamed; let the poor and needy praise your name.

Christ, have mercy. E te Karaiti, kia aroha mai.

Teach us your ways, O Lord, and we will walk in your truth.

Lord, have mercy. É te Ariki, kia aroha mai.

THE COLLECT of the day, or for Thursdays: Holy and eternal God, in you we live and move and have our being. In all our cares and occupations, guide and govern us by your Spirit, that we may both remember and reveal your presence; through our Saviour Jesus Christ . . .

Or for Epiphanytide: Lord our God, who anointed your only Son with the Spirit at the river Jordan, and so hallowed the waters of new birth to bring us forth to salvation: keep us strong in the life of grace, direct the ways of your people, and open the door of your Kingdom to all who stand upon the threshold of faith; through Jesus our Messiah and Saviour . . .

The Lord's Prayer follows Longing for the unity of all peoples on earth and as Christ teaches us we pray . . .

THE CONCLUSION

THE BLESSING

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

ko tēnei rānei Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Amine.

Or, in Epiphanytide:

May Christ the Son of God, gladden our hearts with the good news of God's Kingdom. Amen. Let us bless the Lord. Thanks be to God.

Evening Prayer - Thursday and daily in Epiphanytide

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit.

Jesus Christ is the light of the world, A light no darkness can extinguish.

The light of Christ be with you

And also with you.

Let us give thanks to God

It is right to offer thanks and praise.

Blessèd are you,

Ruler of all,

to you be glory and praise for ever!

From the rising of the sun to its setting

your glory is proclaimed in all the world.

You gave the Christ as a light to the nations,

and through the anointing of his Spirit

you established us as a royal priesthood.

As you call us into his marvellous light,

may our lives bear witness to your truth

and our lips never cease to proclaim your praise,

Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

While the other candles are lit the following or another suitable hymn may be sung. A SONG OF THE LIGHT

- 1 O gladsome light, of the holy glory of the immortal Father,* heavenly, holy, blessèd Jesus Christ.
- 2 Now that we have come to the setting of the sun and behold the light of evening,* we praise you, Father, Son and Holy Spirit.
- For it is right at all times to worship you with voices of praise,*
 O Son of God and giver of life: therefore all the world glorifies you.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice. O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice. Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. **Amen.**

Ka haere mai a Ihu ki Kāriri, ka kauwhau i te rongopai o te Atua ka mea, "Kua rite te wā, kua tata hoki te rangatiratanga o te Atua: rīpenetā, whakaponohia te rongopai."

Maka 1.14b, 15

E te kai tiaki o ngā mea katoa Te tVmatanga o te whakaaro rangatira Te taumata o ngā taumata katoa Te kai tohutohu kawenata E pono ai mātou Ki ō mātou anō kupu. Meinga kia maranga ake mātou Ki ngā mea tika o tēnei ao Kia puta te ihi te wehi te tapu I waenganui i te iwi whānui Ngā hua o te tino rangatiratanga Me te oranga tonutanga E kore nei e memeha. **Āmine.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays in Epiphany — Psalm 72

- Give the king your justice O God: and your righteousness to a king's son,
 that he may judge your people rightly:
- and uphold the poor with justice.
- 3 Let the mountains bring forth peace for the people: and the hills prosperity with justice.
- 4 May the king defend the cause of the poor among the people: save the children of the needy
- and crush the oppressor. 5 May he live as long as the sun endures:
- as long as the moon from age to age.
- 6 May he come down like rain upon the grass: like showers that water the earth.
- 7 In his days may righteousness flourish: and abundance of peace

till the moon is no more. 8 May his rule extend from sea to sea: and from the River to the ends of the earth. 9 May the tribes of the desert bow down before him: and his enemies lick the dust. 10 May the kings of Tarshish and of the isles pay tribute: the kings of Sheba and Seba bring their gifts. 11 May all kings fall prostrate before him: and all nations render him service. 12 He shall deliver the needy when they cry: and the poor who have no helper. 13 He shall have pity on the weak and the needy: and save the lives of the poor. 14 He shall rescue them from oppression and violence: and their blood shall be precious in his sight. 15 Long may the king live, and receive gifts of gold from Sheba: may prayer be made for him continually, and may people bless him everyday. 16 Let there be abundance of wheat in the land, growing thick up to the hill-tops: may its crops flourish like those of Lebanon, and the sheaves be numberless as blades of grass. 17 May the king live for ever: and his name endure as long as the sun. 18 May all nations pray to be blessed as he is: and all peoples call him blessed. 19 Bless∏d are you O Lord our God: for you alone do marvellous things. 20 Blessèd be your glorious name for ever: let the whole earth be filled with your glory. Amen. Amen. *Jesus, as we travel far and fast,* lead our minds back to the wise men following your star, and forward to the day when all will see your shining light. Amen. Week 2 and Mondays in Epiphany — Psalm 48 1 Great is the Lord and highly to be praised: in the city of our God. 2 Fair and lofty is God's holy mountain: it is the joy of all the earth. 3 On Mount Zion, as in the far north, stands the city of the Most High: in her citadels God is well known as a sure defence.

4 See how the rulers assembled: they came on together against her.

5 They were amazed when they saw her: they were dismayed and ready to flee. 6 Trembling came upon them and anguish: as it comes on a woman in child-birth, 7 or as when the east wind blows: and breaks up the ships of Tarshish. 8 As we have heard, so have we seen in the city of the Lord of hosts: the city our God upholds for ever. 9 We have called to mind your steadfast love O God: in the midst of your temple. 10 As your name is great O God, so is your praise to the ends of the earth: your right hand is filled with victory. 11 Let God's mountain rejoice, and the daughter-cities of Judah be glad: because of your judgments. 12 Go in procession around the circuit of Jerusalem: count the number of her towers, 13 take note of her ramparts, examine her citadels: so that you may fell the next generation, 14 that such is God, our God for ever and ever: God shall be our guide to all eternity. Jesus, your justice goes beyond the ancient law, your wisdom embodies all prophetic insight; make us glad to be yours, and able to follow you to Jerusalem. Amen.

Week 3 & Tuesdays in Epiphany

1 I was glad when they said to me: 'Let us go to the house of the Lord.' 2 And now our feet are standing: within your gates O Jerusalem, 3 Ierusalem that is built as a city: where people come together in unity. 4 There the tribes go up, the tribes of the Lord: as was decreed for Israel, to give thanks to the name of the Lord. 5 There are set thrones of judgment: the thrones of the house of David. 6 Pray for the peace of Jerusalem: may those who love you prosper. 7 Peace be within your walls: and prosperity within your palaces. 8 For the sake of my kinsfolk and companions: I will pray that peace may be with you. 9 Because of the house of the Lord our God: I will pray for your good. 10 Praise the Lord all you nations:

- Psalms 122 & 117

acclaim the Most High all you peoples.

11 For great is God's love for us:
and the faithfulness of the Lord endures for ever.
Whakamoemititia a Ihowa. / O praise the Lord.

O God,

it is your will to hold both heaven and earth in a single peace. Let the design of your great love shine on the waste of our wraths and sorrows, and give peace to your Church, peace among nations, peace in our homes, and peace in our hearts. **Amen.**

Week 4 & Wednesdays in Epiphany — Psalm 81

- 1 Sing out with joy to God our strength: shout in triumph to the God of Jacob.
- 2 Raise a song and sound the hand-drum: the tuneful harp with the lute.
- 3 Blow the trumpet in the new moon: and at the full moon on our festival.
- 4 For this was made a statute for Israel: and a law of the God of Jacob,
- 5 which was imposed as a duty on Joseph: when he came out of the land of Egypt.
- 6 'I eased your shoulders from the burden: and your hands were freed from the load.
- 7 'You called to me in trouble and I saved you: I answered you in the thunder-cloud, but put you to the test at the waters of Meribah.
- 8 'Hear O my people, and I will admonish you: O Israel, if only you would listen.
- 9 'There shall be no strange god among you: nor shall you worship an alien god.
- 10 'I am the Lord your God, who brought you out of the land of Egypt: open wide your mouth and I shall fill it.
- 11 'But my people would not hear my voice: and Israel would not obey me.
- 12 'So I left them in their stubbornness of heart: to follow their own devices.
- 13 'O that my people would listen to me: and that Israel would walk in my ways.
- 14 'I would soon put down their enemies: and turn my hand against their adversaries.
- 15 'Those who hate me would cringe before me: and their fate would be sealed for ever.
- 16 'But Israel I would feed with the finest wheat-flour: and satisfy them with honey from the rock.'
God of glory, you nourish us with bread from heaven. Fill us with your Holy Spirit, that through us your light may shine in all the world. We ask this in the name of Jesus Christ. **Amen.**

Week 5 & Thursdays in Epiphany — Psalm 98 1 Sing to the Lord a new song:

for the Lord has done marvellous things. 2 With your own right hand O Lord, and with your holy arm: you have gained for yourself the victory. 3 You have made known your victory: you have displayed your saving power to all the nations. 4 You have remembered your faithfulness, and your love for the house of Israel: and all the ends of the earth have seen your victory. 5 Shout with joy to the Lord all the earth: sing and rejoice with the sound of melody. 6 Sing to the Lord with the harp: with the harp and the voice of song. 7 With trumpets also and horns: shout with joy before the Lord our king. 8 Let the sea roar and all that is in it: the world and those who inhabit it. 9 Let the rivers clap their hands: and let the hills rejoice together before the Lord. 10 For you O Lord are coming to judge the earth: with righteousness you will judge the world, and the peoples with equity. Praise to you, Jesus Christ, God in human form. You show us the fulness of life; help us to find this life for ourselves and for others. Amen. Week 6 & Fridays in Epiphany — Psalm 36

1 Sin speaks to the wicked deep in their heart: there is no fear of God before their eyes.

2 They flatter themselves in their own sight: that their iniquity will not be found out and hated.

3 The words of their mouth are mischief and deceit: they have ceased to act wisely and do good.

4 They plot mischief as they lie in bed:

they are set on a course that is not good, and hold back from nothing that is evil.

5 Your steadfast love, O Lord,

extends to the heavens: your faithfulness up to the clouds.

6 Your righteousness is like the strong mountains, your judgments are like the great deep: you Lord save both people and beasts. 7 How precious is your steadfast love O God: mortals take refuge in the shadow of your wings. 8 They feast on the rich abundance of your house: you give them drink from the stream of your delights. 9 For with you is the well of life: and in your light we see light. 10 Continue your loving kindness to those who know you: and your justice to the true of heart. 11 Let not the foot of pride come against me: nor the hand of the wicked drive me away. 12 There are they fallen, those who do evil: they are thrown down and unable to rise. *Jesus our Lord,* you have taught us that judgment begins at the house of God; save us from our self-satisfaction, rigidity and corruption, so that we may stand ready to do your will. Amen. Week 7 & Saturdays in Epiphany — Psalm 46 1 God is our refuge and strength: a very present help in trouble. 2 So we will not be afraid though the earth should quake: and mountains fall into the depths of the sea, 3 though the waters of the sea rage and foam: and the mountains tremble at the tumult. 4 There is a river, its streams make glad the city of God: which the Most High has made a holy dwelling. 5 God is within her, she cannot be shaken: God will help her at the break of day. 6 Nations are in tumult, kingdoms are shaken: but God has spoken, and the earth melts away. 7 The Lord of hosts is with us: the God of Jacob is our stronghold. 8 Come and see what the Lord has done: the devastation brought upon the earth. 9 The Lord makes wars to cease in all the world: the Lord breaks the bow and snaps the spear, and burns the shields in the fire. 10 'Be still then, and know that I am God: high over the nations, high above the earth.' 11 The Lord of hosts is with us: the God of Jacob is our stronghold.

Jesus, Saviour in storm, when the waters of the deep are broken up, when the landmarks are washed away or drowned , come to us across the water. **Amen.**

THE OLD TESTAMENT CANTICLE If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: THE TIME OF GOD'S FAVOUR 1 Listen to me you islands: and hearken you peoples from afar. 2 My servant, in the time of my favour I will answer you: and in the day of salvation I will help you 3 to restore the land: and share out afresh its desolate fields; 4 to say to the captives 'Go free': and to those in darkness, 'Come forth into light.' 5 They will feed beside the way: and find pasture on every barren hill. 6 They will neither hunger nor thirst: nor will the desert heat or the sun beat upon them, 7 for the One who loves them will guide them: and lead them beside the springs of water. 8 Shout for joy O heavens and exult O earth: break forth O mountains into song; 9 for I the Lord will comfort my people:

I will have compassion on my own in their distress.

Glory to ...

Or: 1	<i>YOUR LIGHT HAS COME</i> Arise, shine, for your light has come:
2	and the glory of the Lord has risen upon you. Behold darkness covers the earth: and thick darkness is over the peoples.
3	But upon you the Lord shall rise: and the glory of the Lord will appear upon you.
4	Nations will come to your light: and kings to the brightness of your rising.
5	No longer will violence be heard in your land: nor ruin or destruction within your borders.
6	But you will call your walls 'Salvation': and all your gates 'Praise'.
7	No more shall the sun be your light by day: nor by night will you need the brightness of the moon,
8	for the Lord will be your everlasting light: and your God will be your glory.

Isaiah 49.1, 8-10, 13

Glory to ...

Isaiah 60:1-3,18,19

THE SCRIPTURE READING(S) The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used:

Arise, shine, for your light has come; **The glory of the Lord is rising upon you.**

THE GOSPEL CANTICLE: THE MAGNIFICAT *Refrain:*

My Spirit rejoices in you, my God,*

for holy is your name.

Or, in Epiphanytide:

Behold, my servant, whom I uphold,* my chosen, in whom my soul delights; the anointed one on whom my Spirit rests.

Or, on feasts of Teachers & Confessors:

Those who keep and teach the commandments^{*} will be considered great in heaven.

Or, on feasts of Bishops:

Well done, good and faithful servant,* you have been faithful over a little: I will make you ruler over much.

The Song of the Blessed Virgin Mary

- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me:

and holy is your name.

- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones: and have lifted up the lowly.
- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son:

and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

You, Lord are the light of the world; come and make our darkness bright. Lord, have mercy. E te Ariki, kia aroha mai.

O God, give the solitary a home and bring forth the prisoners into freedom. **Christ, have mercy. E te Karaiti, kia aroha mai.**

Restore us again, O God of hosts; show the light of your countenance and we shall be saved.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Thursdays:

Living God,

in you there is no darkness;

shed upon us through this night the light of your forgiveness, your healing and your peace,

that when we wake from sleep

we may know once more the brightness of your presence;

through our Saviour Jesus Christ . . .

Or for Epiphanytide:

Almighty God,

from whom all thoughts of truth and peace proceed:

kindle, we pray, in every heart,

the true love of peace,

and guide with your pure and peaceable wisdom those who take counsel for the nations of the earth; that in tranquillity your Kingdom may go forward till the earth is filled with the knowledge of your love; through Jesus Christ our Lord . . .

The Lord's Prayer follows Longing for the unity of all peoples on earth and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen. *ko tēnei rānei* Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine. Or, in Epiphanytide: May Christ the Son of God, gladden our hearts with the good news of God's Kingdom. Amen. Let us bless the Lord. Thanks be to God.

Morning Prayer - Friday

and daily in Lent and Passiontide

PREPARATION

Ka mea a Īhu, "Ki te mea tētahi kia haere mai ki te whai i ahau, me whakakāhore ia e ia anō, me amo tōna rīpeka, ka aru i ahau." Matiu 16.24 E te Matua atawhai Nāu ka hoki mai mātou ki te wāhi tika Ki te ora tonu e kore nei e whakakorea Hanga ki roto i a mātou He ngākau hou, he ngākau rīpenetā Kia kore e hinga e taka rānei ki te ngoikoretanga Kia tino whiwhi ai ki te houhanga o te rongo Ko Īhu te Ariki. **Āmine.** O Lord, open our lips; **And our mouth shall proclaim your praise.**

Blessèd are you, God of compassion and mercy, to you be praise and glory for ever! [In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance.] As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

The following is said: God has redeemed the world: **O come let us worship.**

Or, in Lent: Christ, though tempted like us, was without sin: **O come, let us worship.**

Or, in Passiontide: Christ suffered and died for us.

O come, let us worship.

Or, on feasts of Martyrs: (Alleluia!) Christ is the strength of the martyrs: **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung.

THE OPENING PRAYER may be said. The night has passed and the day lies open before us; let us pray with one heart and mind:

(Silence may be kept)

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD — see the introduction page iv

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms page

Week 1 & Sundays in Lent — Psalm 95

- 1 O come let us sing to the Lord: let us shout with joy to the rock of our salvation.
- 2 Let us come into God's presence with thanksgiving: and sing to the Lord with psalms of triumph.
- 3 For you Lord are a great God: and a great king above all gods.
- 4 In your hand are the depths of the earth: so also are the heights of the mountains.
- 5 The sea is yours and you made it: the dry land also
 - which your hands have fashioned.
- 6 O come let us bow down and worship: let us kneel before the Lord our maker.
- 7 For the Lord is our God: we are the Lord's people, the flock that God shepherds.

- 8 O that today you would listen to God's voice: 'Do not harden your hearts as at Meribah, as on that day at Massah in the wilderness,
- 9 'when your forebears tried me, and put me to the test: although they had seen my works.
- 10 'Forty years long I had a loathing for this generation and said:
 - "They are a people whose hearts are perverse, for they give no heed to my ways."
- 11 'Then I vowed in my anger: "They shall never enter my rest.""

God of the desert, as we follow Jesus into the unknown, may we recognise the tempter when he comes; let it be your bread we eat, your world we serve and you alone we worship. **Amen.**

Week 2 and Mondays in Lent — Psalm 51

- 1 Have mercy on me O God in your great kindness: in the fullness of your mercy blot out my offences.
- 2 Wash away all my guilt: and cleanse me from my sin.
- 3 For I acknowledge my faults: and my sin is always before me.
- 4 Against you only have I sinned and done evil in your sight: so that you are justified in your sentence, and blameless in your judging.
- 5 Evil have I been from my birth: sinner I am from the time of my conception.
- 6 But you desire truth in our inward being: therefore teach me wisdom in my secret heart.
- 7 Take hyssop, sprinkle me with water and I shall be clean: wash me, and I shall be whiter than snow.
- 8 Let me hear the sounds of joy and gladness: that the bones you have broken may rejoice.
- 9 Turn away your face from my sins:

and blot out all my misdeeds.

- 10 Create in me a clean heart O God: and renew a right spirit within me.
- 11 Do not cast me away from your presence: do not take your holy Spirit from me.
- 12 Give me the joy of your help again: and strengthen me with a willing spirit.
- 13 Then I will teach transgressors your ways: and sinners will turn to you again.
- 14 Rescue me from bloodshed O God my saviour: and my tongue shall sing of your deliverance.
- 15 O Lord open my lips: and my mouth shall proclaim your praise.
- 16 You desire no sacrifice, or I would give it: but you take no delight in burnt-offerings.
- 17 The sacrifice acceptable to God is a broken spirit: a broken and contrite heart O God you will not despise.
- 18 Let it be your pleasure to do good to Jerusalem: to rebuild the walls of the city.
- 19 Then will you delight in the appointed sacrifices, in burnt-offerings and oblations: then will they offer young bulls upon your altar.

Gentle Father,

show us our sins as they really are so that we may truly renounce them and know the depth and richness of your mercy. **Amen.**

Week 3 & Tuesdays in Lent — Psalm 56

- 1 Be merciful to me O God, for my assailants are treading me down: they harass me all the day long.
- 2 My enemies tread me down all day long: for many are those who fight against me.
- 3 When I am afraid O God most high: I will put my trust in you.
- 4 In God whose word I praise, in God I trust and will not be afraid:

for what can human malice do to me?

- 5 All day long they distort my words: all their thoughts are to do me evil.
- 6 They gather together and lie in ambush: they track me down, and seek to take my life.
- 7 Recompense them O God for their wickedness: in your anger bring down the nations.
- 8 You have taken account of my wanderings, you have stored up my tears in your bottle: are not these things entered in your book?
- 9 My enemies shall turn back on the day that I call: this I know, for God is on my side.
- 10 In God whose word I praise: in the Lord whose word I praise,
- 11 in God I trust, I shall not be afraid: for what can human malice do to me?
- 12 To you O God I must perform my vows: to you I will offer my thanksgiving.
- 13 For you have saved me from death, and kept my feet from stumbling: so that I may walk

in your presence in the light of the living.

God our friend, you never change, you are always here. When we are lonely or helpless you watch over us. Hear us, be with us, as you were with your Son, alone on his cross. **Amen.**

Week 4 & Wednesdays in Lent — Psalm 6

- 1 Lord, do not rebuke me in your anger: do not punish me in your wrath.
- 2 Be merciful to me O Lord, for I am weak: O Lord heal me,

for my bones are racked with pain.

- 3 My soul also is shaken with dismay: how long O Lord will you punish me?
- 4 Turn O Lord and deliver me:

O save me for your mercy's sake.

- 5 For in death no one remembers you: and who will give you thanks in the grave?
- 6 I am wearied with my groaning: every night I weep upon my bed, and drench my couch with my tears.
- 7 My eyes have become dim through my grief: and worn out with all my troubles.
- 8 Away from me, all you that do evil: for the Lord has heard the sound of my weeping.
- 9 The Lord has heard my entreaty: the Lord will receive my prayer.
- 10 All my enemies shall be confounded and greatly dismayed:
 - they shall turn back, and be put to sudden confusion.

Christ our Redeemer,

you have crushed the serpent's head; you have freed us from our sin; rescue all your suffering world from the evil that attracts us still. **Amen.**

Week 5 & Thursdays in Lent — Psalm 13

- 1 How long O Lord will you utterly forget me: how long will you hide your face from me?
- 2 How long must I suffer anguish in my soul, and be so grieved in my heart day and night:

how long shall my enemy triumph over me?

- 3 Look at me, and answer me O Lord my God: give light to my eyes, lest I fall asleep in death,
- 4 lest my enemies should claim

to have prevailed against me: lest my foes should rejoice at my downfall.

5 But my trust is in your mercy:

let my heart be joyful in your salvation.

6 I will sing to you O Lord, because you have dealt so lovingly with me:

I will praise your name O Lord most high.

Merciful God,

grant to your faithful people pardon and peace; that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Redeemer. **Amen.**

Week 6 & Fridays in Lent — from Psalm 22

- 1 My God my God, why have you forsaken me: why are you so far from my help, and from my cry of distress?
- 2 O my God I cry out in the daytime, but you do not answer: at night also, but I get no relief.
- 3 But you are the Holy One: enthroned on the praises of your people.
- 4 Our ancestors trusted in you: they trusted and you delivered them.
- 5 They called to you and were rescued: they put their trust in you, and were not disappointed.
- 6 But I am a worm and something less than human: an object of scorn and an outcast of the people.
- 7 All those who see me laugh me to scorn: they curl their lips and toss their heads saying,
- 8 'You trusted in God for deliverance: if God cares for you, let God rescue you.'
- 9 But you are the one who took me out of the womb: you kept me safe upon my mother's breast.
- 10 On you have I been cast ever since I was born: and you are my God even from my mother's womb.
- 11 Be not far from me, for trouble is close at hand: and there is no one to help me.
- 12 I am poured out like water, and all my bones are out of joint:
 - my heart within my breast has melted like wax.

- 13 My mouth is parched as dry clay, my tongue clings to my jaws: and I am laid in the dust of death.
- 14 Many dogs have come around me: and the wicked hem me in on every side.
- 15 They pierce my hands and my feet, I can count all my bones: they stand staring and gloating over me.
- 16 They share out my garments among them: and they cast lots for my clothing.
- 17 Do not stand far off from me O Lord: you are my helper, come quickly to my rescue.
- 18 Deliver me from the sword: my precious life from the mauling of dogs.
- 19 Save me from the lion's mouth: my afflicted soul from the horns of the wild cattle.
- 20 I will declare your name to my people:
 in the midst of the assembly I will praise you.
- 21 Give praise all you that fear the Lord: proclaim God's greatness, all you children of Jacob,

stand in awe all you children of Israel.

- 22 For you O God have not despised or abhorred the poor in their affliction: you have not hidden your face from them, but you heard them when they called to you.
- 23 You are the theme of my praise in the full assembly:
 - my vows I will perform

in the sight of those who fear you.

- 24 The poor shall eat and be satisfied: those who seek you O Lord shall praise you, may they be in good heart for ever.
- 25 Let all the ends of the earth remember and turn to you O Lord:

and let all the families

of the nations bow down before you.

26 As for those who sleep in the grave, how shall they worship you: all those who go down into the dust, how shall they bow before you?
27 To a people as yet unborn

they shall make known: the saving deeds you have done.

Jesus, you suffered on the cross for our redemption; help us, if we are called to suffer, to be like you: to forgive and to trust in the power of the Holy Spirit. **Amen.**

Week 7 & Saturdays in Lent — Psalm 147, Part I

- 1 Whakamoemititia a Ihowa, / Praise the Lord, for it is good to sing praises to our God: how pleasant and seemly it is to praise the Most High.
- 2 You Lord are rebuilding Jerusalem: and gathering the scattered exiles of Israel.
- 3 You are healing the broken-hearted: and binding up their wounds.
- 4 You count the number of the stars: and call them all by their names.
- 5 Great are you O Lord, and mighty your power: yes, and your wisdom is infinite.
- 6 You raise up the lowly: and bring down the wicked to the dust.
- 7 Sing to the Lord in thanksgiving: make music on the harp to our God,
- 8 who covers the sky with clouds, and prepares rain for the earth: making the hills green with grass and with plants for human use.
- 9 You O Lord give the cattle their food: and the young ravens when they call to you.
- 10 You set no store by the power of a horse: nor by the strength of a warrior's thighs.
- 11 But your delight is in those who revere you:

in those who rely on your mercy.

Jesus,

receive our love and worship. Show us how to give you what we have, for nothing is too big or small for us to offer, or for you to use. **Amen.**

THE NEW TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: THE EXALTED ONE

- 1 Christ Jesus was in the form of God: yet he did not think to grasp at equality with God,
- 2 but emptied himself, taking the form of a servant: and was born in our human likeness.
- 3 Being found in our human state, he humbled himself: and became obedient unto death, even death on a cross.
- 4 Therefore God has highly exalted him: and bestowed on him the Name above every name;
- 5 that at the name of Jesus every knee should bow: in heaven and on earth and under the earth,
- 6 and every tongue confess that Jesus Christ is Lord: to the glory of God the Father. Amen.

Philippians 2. 6-11

Or: SAVIOUR OF THE WORLD

- 1 Jesus, Saviour of the world, come to us in your mercy: we look to you to save and help us.
- 2 By your cross and your life laid down you set your people free: we look to you to save and help us.
- 3 When they were ready to perish you saved your disciples:

we look to you to come to our help.

- 4 In the greatness of your mercy loose us from our chains: forgive the sins of all your people.
- 5 Make yourself known as our Saviour and mighty deliverer: save and help us that we may praise you.
- 6 Come now and dwell with us, Lord Christ Jesus: hear our prayer and be with us always.
- 7 And when you come in your glory: make us to be one with you and to share the life of your kingdom.
- 8 Thanks be to you O Lord: Alleluia. Amen.

Or Song of Praise H. A SONG OF CHRIST'S GOODNESS page

THE SCRIPTURE READING(S)

The Short Scripture Reading on page may be used, or those from the lectionary, either is followed by the Responsory on page , or

This RESPONSE to the reading may be used: To you, O Lord, I lift up my soul; **O my God, in you I trust.**

THE GOSPEL CANTICLE: THE BENEDICTUS *Refrain:*

In the tender compassion of our God,* the dawn from on high shall break upon us.

Or, in Lent:

You have given your people knowledge of salvation, O God,* by the forgiveness of their sins.

Or, in Passiontide:

The word of the cross is folly to those who are perishing,^{*} but to those who are being saved, it is the power of God. Or, on feasts of Martyrs:

Blessed are those who are persecuted for the cause of right,* for theirs is the kingdom of heaven.

The Song of Zechariah

- 1 +Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham:

to set us free from the hands of our enemies,

- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High: for you will go before the Lord to prepare the way,
- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son:

and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer e.g. page]:

O Lord, you are our God:

we call upon you all day long.

Lord, have mercy. E te Ariki, kia aroha mai.

Rescue the weak and poor,

deliver them from the power of the wicked.

Christ, have mercy. È te Karaiti, kia aroha mai.

Lord, our souls wait for you,

for our hope is in your word.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT of the day, or for Fridays and Lent **Loving God**,

your Son willingly endured agony and shame for us. Give us grace to take up our cross

and follow him in newness of life and hope;

for he is our Redeemer . . .

The Collect for Fridays and Passiontide

Gracious and merciful God,

for our sake your Son became incarnate

and suffered death upon the cross;

give us grace to choose him as master and king

who for us was crowned with thorns

and died in shame,

and now lives and reigns with you

and the Holy Spirit,

one God for ever and ever. **Amen.**

The Lord's Prayer follows Jesus remember us in your kingdom and teach us to pray . . .

THE CONCLUSION

THE BLESSING

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

ko tēnei rānei

Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Āmine.

Or, in Lent:

May God our Redeemer show us compassion and love. Amen.

Or, in Passiontide: **May the life-giving cross be the source of all our joy and peace. Amen.**

Let us bless the Lord. **Thanks be to God.**

Evening Prayer - Friday

and daily in Lent and Passiontide

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit.

Christ your light shall rise in the darkness And your healing shall spring up like the dawn.

The light of Christ be with you **And also with you**.

Let us give thanks to God **It is right to offer thanks and praise.**

Blessèd are you, Shepherd of your pilgrim people: their pillar of cloud by day, their pillar of fire by night. Stir up in us the fire of your love which shone forth from your Son enthroned on the cross, that being cleansed from our sins we may come into your presence, Creator, Redeemer, and Giver of Life: **Blessèd be God for ever!**

While the other candles are lit the following or another suitable hymn may be sung.

A SONG OF THE LIGHT

- O joyful light, from the pure glory of the eternal heavenly Father,* O holy, blessèd Jesus Christ.
- 2 As we come to the setting of the sun* and see the evening light,
- 3 We give thanks and praise to the Father and to the Son^{*} and to the Holy Spirit of God.

4 Worthy are you at all times to be sung with holy voices, O Son of God, O Giver of life,* and to be glorified through all creation.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. **Amen.**

Ka mea a Īhu, "Ā, ki te whakairihia ake ahau ki runga ake i te whenua, māku ngā tāngata katoa e kukume ki ahau."*Hoani* 12.32

E te Atua kai whakaora Te kai hoko o ngā tāngata katoa o te Ao Waiho mā te mamaetanga o tōu rīpekatanga E whakaara ake i ō pononga Te Wairua mahaki. **Āmine.** **THE WORD OF GOD** — see the introduction page iv

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms page

Week 1 & Sundays in Lent — from Psalm 86

- 1 Turn your ear to me O Lord and answer me: for I am poor and in misery.
- 2 Preserve my life for I am faithful: my God save your servant for I put my trust in you.
- 3 Be merciful to me O Lord: for I call to you all the day long.
- 4 Gladden the heart of your servant: for to you Lord I lift up my soul.
- 5 For you Lord are good and forgiving: and of great mercy to all who call upon you.
- 6 Give heed O Lord to my prayer: and listen to my cry of supplication.
- 7 In the day of my distress I will call: and surely you will answer me.
- 8 Among the gods there is none like you O Lord: nor can the deeds of any be compared with yours.
- 11 Show me your way O Lord, that I may walk in your truth: let my heart rejoice in reverence for your name.
- 12 I will praise you O Lord my God with all my heart: and glorify your name for ever.
- 15 But you are a God of compassion and mercy: slow to anger,
 - abounding in love and faithfulness.
- 16 Turn to me then and have mercy, give your strength to your servant: and save the son of your handmaid.
- 17 Give me a sign of your favour, that those who hate me may see it, and be put to shame:

because you Lord have been my help and my comfort.

Merciful God, whom truly to know is eternal life; teach us to know your Son Jesus Christ as the way, the truth and the life that we may walk in the way that leads to eternal life; through our Saviour Jesus Christ. **Amen.**

Week 2 and Mondays in Lent — Psalm 32

- 1 Blessèd are those whose offences are forgiven: whose sin has been put away.
- 2 Blessèd are those to whom the Lord imputes no guilt: and in whose spirit there is no deceit.
- 3 While I held back from confessing my sin: my body wasted away through my groaning all day long.
- 4 For your hand was heavy upon me day and night:

I was dried up and withered, as it were by drought in summer.

- 5 Then I acknowledged my sin to you: my guilt I did not hide.
- 6 I said, 'I will confess my sins to the Lord': and so you forgave the wickedness of my sin.
- 7 Therefore let all those that are faithful pray to you in time of trouble: when great flood-water rises, it shall not come near them.
- 8 You are a place to hide me in, you will preserve me from trouble: you will surround me with shouts of deliverance.
- 9 'I will teach you, and guide you in the way you should go: I will keep you under my eye and give you counsel.
- 10 'Be not like horse or mule,

which have no understanding: whose course must be checked with bit and bridle.'

- 11 Many pains are in store for the wicked: but whoever trusts in the Lord is surrounded by steadfast love.
- 12 Be glad you righteous, and rejoice in the Lord: shout for joy all you that are upright in heart.

Most loving God,

we thank you for your pardon and forgiveness. By the power of your Spirit within, enable us to overcome temptation and evil, keep us securely in the fellowship of your Church, and as we live daily in your presence, grant victory, peace, and joy, through the merits of your Son, our Saviour, Jesus Christ. **Amen.**

Week 3 & Tuesdays in Lent — from Psalm 31

- 1 In you Lord I have taken refuge: let me never be put to shame,
- 2 deliver me in your righteousness: incline your ear to me, come quickly to my rescue.
- 3 Be to me a rock of refuge: a stronghold to keep me safe.
- 4 You are to me a rock and a fortress: for your name's sake lead me and guide me.
- 5 Release me from the net they have secretly laid for me: for you O Lord are my strength.
- 6 Into your hands I commend my spirit: for you have redeemed me, O Lord God of truth.
- 7 You hate those who pay regard to worthless idols: but I put my trust in the Lord.
- 8 I will be glad and rejoice in your mercy: for you have seen my affliction,

and taken heed of my soul's distress.

- 9 You have not given me up to the power of the enemy: you have set my feet where I may walk at liberty.
- 10 Have mercy on me Lord, for I am in trouble: my eyes are wasted from grief, my soul and my body also.
- 11 My life is worn out with sorrow, and my years with sighing: my strength fails me in my misery, my bones are wasted away.
- 12 I am the scorn of my enemies: and a byword among my neighbours.
- 13 Those of my acquaintance shudder at the sight of me: when they see me in the
 - street they shrink away from me.
- 14 I have passed out of mind like one who is dead: I have become like a broken vessel.
- 15 I hear the whispering of many, fear is on every side: while they conspire together against me, and plot to take away my life.
- 16 But my trust is in you O Lord: I say, 'You are my God, my fortunes are in your hands.'
- 17 Deliver me from the power of my enemies: and from the hand of those who persecute me.

Jesus crucified, despised and suffering, you made yourself one with us. Help us to follow you and bear the shame. **Amen.**

Week 4 & Wednesdays in Lent — from Psalm 31

- 18 Make your face to shine on your servant: and save me for your mercy's sake.
- 19 Let me not be put to shame when I call upon you: let the wicked be shamed, and put to silence in the grave.

- 20 Let the lying lips be put to silence: which speak insolently against the righteous with pride and contempt.
- 21 O how great is your goodness, which you have laid up for those who fear you: which you have prepared in the sight of all, for those who take refuge in you.
- 22 You hide them under the cover of your presence from those who conspire against them: you keep them under your shelter,

safe from the strife of tongues.

- 23 Blessèd are you O Lord: for you have wonderfully shown your love to me, when I was beset like a city under siege.
- 24 I said in my alarm: 'I am cut off from the sight of your eyes.'
- 25 But you heard the voice of my plea: when I called to you for help.
- 26 Love the Lord all you servants of the Lord: for the Lord preserves those who are faithful, and fully repays the haughty for their presumption.
- 27 Be strong, and let your heart take courage: all you that wait for the Lord.

In darkness and in light,

in trouble and in joy,

help us, heavenly Father,

to trust your love,

- to serve your purpose,
- and to praise your name,

through Jesus Christ our Lord. Amen.

Week 5 & Thursdays in Lent — Psalm 27

1 The Lord is my light and my salvation, whom then shall I fear?:

the Lord is the stronghold of my life, of whom then shall I be afraid?

2 When the wicked close in on me to devour me: it is they, my enemies

and my foes who stumble and fall. If an army should encamp against me, 3 my heart shall not be afraid: if war should arise against me, even then I will not be dismayed. 4 One thing I have asked of the Lord, which I long for: that I may dwell in the house of the Lord all the days of my life, to gaze on your beauty O Lord: 5 and to seek you in your temple. 6 For in the time of trouble you will give me shelter: you will hide me under the cover of your tent, and set me high upon a rock. And now you have raised my head: 7 above my enemies round about me. Therefore I will offer in your dwelling 8 a sacrifice with great gladness: I will sing and give praise to you O Lord. Hear my voice O Lord when I call: 9 have mercy on me and answer me. Of you my heart has said, 'Seek God's face': 10 your face Lord I will seek. Do not hide your face from me: 11 or reject your servant in anger. 12 You have been my helper: do not cast me off, or forsake me O God my saviour. Though my father and my mother forsake me: 13 the Lord will take me up. 14 Teach me your way O Lord: and lead me by a level path, safe from those who lie in wait for me. 15 Do not give me up to the will of my enemies: for liars, and those who breathe out malice, have risen up to witness against me. 16 I believe that I shall see the goodness of the Lord: in the land of the living.

17 Wait for the Lord,

be strong and let your heart take courage: yes, wait I say for the Lord.

Lord,

help us to see: to see what is eternally good and true, and having seen, to go on searching until we come to the joys of heaven. **Amen.**

Week 6 & Fridays in Lent — from Psalm 69

- Save me O God: for the waters have risen up to my neck.
 I am sinking into miry depths and have no foothold: I have come into deep waters, and the flood engulfs me.
 I am wearied with crying out, my throat is parched:
 - my eyes grow dim with watching so long for my God.
- 4 Those who hate me without reason are more in number than the hairs of my head: mighty are those who seek to destroy me with lies.
- 5 They bid me give back things that I never took: God you know how foolish I am, and my faults are not hidden from you.
- 6 Let not those who hope in you
 be put to shame through me O God:
 let not those who seek you
 be dismayed at me, Lord God of hosts.
- 7 It is for you I have suffered reproach: and shame has covered my face.
- 8 I have become a stranger to my family: an alien to my mother's children.
- 9 Zeal for your house has consumed me: and insults aimed at you have fallen on me.
- 10 When I afflicted myself with fasting: that was turned as a reproach against me.

- 11 I put on sackcloth also: and I became a by-word among them.
- 12 I am the talk of those who sit at the gate: and the drunkards make songs about me.
- 13 But Lord I make my prayer to you: accept me now in your great love.
- 14 Answer me O God: with your unfailing help.
- 15 Rescue me from the mire, do not let me sink: let me be delivered from the muddy depths.
- 16 Do not let the flood engulf me, or the deep swallow me up: or the Abyss of death close its mouth upon me.
- 17 Answer me Lord, for your love is good: turn to me in your great compassion.
- 18 Do not hide your face from your servant: be swift to answer me, for I am in distress.
- 19 Come near to me and redeem me:O ransom me because of my enemies.
- 20 You know my reproach, my shame and humiliation: my enemies are all in your sight.
- 21 Reproach has broken my heart: and my sickness is past all healing.
- 22 I looked for compassion, but I received none: for someone to console me, but I found no one.
- 23 They gave me poison for food: and in my thirst they gave me vinegar to drink.
- 31 As for me, I am afflicted and in pain: O God, lift me up by your saving power.
- 32 I will praise your name with a song: and glorify you with thanksgiving.
- 33 And that will please you more than the offering of an ox: more than a bull with horns and hoofs.
- 34 Consider this, you that are humble, and be glad: let your heart rejoice, you that seek after God.
- 35 For you O God listen to the poor:

and do not despise your servants in captivity.

- 36 Let the heavens and the earth praise you: the seas and all that moves in them.
- 37 For you will deliver Jerusalem, and rebuild the cities of Judah: and your people shall dwell there and possess it.
- 38 Your servants' children shall inherit it: and those who love your name shall dwell in it.

Jesus, help us to forgive as you have forgiven us. Help us to trust you, even when hope is failing. Help us, if we are called to suffer, to take up our cross and to follow you in your redeeming work. **Amen.**

Week 7 & Saturdays in Lent — Psalm 90

- 1 Lord you have been our refuge: from one generation to another.
- 2 Before the mountains were brought forth, or the earth and the world were made: you are God, from age to age everlasting.
- 3 You turn humanity back into dust: saying, 'Return to dust you children of mortals.'
- 4 For a thousand years in your sight are only as yesterday:
 - as it were but a day that is past.
- 5 As a night-watch that comes quickly to an end you scatter them: they fade like a dream at daybreak.
- 6 They are like the grass

which in the morning is green: but in the evening is dried up and withered.

- 7 For we consume away in your anger: and are terrified by your wrath.
- 8 You set our misdeeds before you: our secret sins in the light of your face.
- 9 All our days pass away under your anger: we bring our years to an end as it were a sigh.
- 10 The span of our life is seventy years,

though the strong may come to eighty: yet all the years bring is labour and sorrow, so soon they pass and we are gone.

- 11 But who understands the power of your wrath: or who considers the fierceness of your anger?
- 12 Teach us to know how few are our days: that we may apply our hearts to wisdom.
- 13 Turn from your wrath O Lord, how long before you relent?: have pity Lord on your servants.
- 14 Satisfy us in the morning with your constant love: so that we may rejoice

and be glad all the days of our life.

15 Make us glad

for as many days as you have afflicted us: for as many years as we have

suffered adversity.

- 16 Show your servants your work: and let their children see your glory.
- 17 May your favour O Lord our God be upon us: and prosper the work of our hands, O prosper the work of our hands.

Eternal God,

to whom a thousand years are no more than a moment; renew us in your Holy Spirit, so that we may serve you with courage while we have life and breath; through the grace of Jesus your Son. **Amen.**

THE OLD TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: HE WAS DESPISED AND REJECTED

1 Who would have believed what we have heard: and to whom

has the power of the Lord been revealed?

2 He grew up before the Lord like a tender plant: like a root out of arid ground.

- 3 He had no beauty, no majesty to draw our eyes: no grace to make us delight in him.
- 4 He was despised and rejected: a man of sorrows and familiar with suffering.
- 5 Like one from whom people hide their faces: he was despised, and we esteemed him not.
- 6 Surely he has borne our griefs and carried our sorrows:

yet we considered him stricken, smitten by God, and afflicted.

- 7 But he was wounded for our transgressions: he was bruised for our iniquities.
- 8 The punishment that brought us peace was laid upon him: and by his wounds we are healed. Glory to ...

Isaiah 53.1-5

Or: SEEK THE LORD

- 1 Seek the Lord who is still to be found: call upon God who is yet at hand.
- 2 Return to the Lord, who will have compassion: to our God, who will abundantly pardon.
- 3 'For my thoughts are not your thoughts: nor are your ways my ways,' says the Lord.
- 4 'For as the heavens are higher than the earth: so are my ways higher than your ways and my thoughts than your thoughts.
- 5 'For as the rain and snow come down from heaven: and return not again but water the earth,
- 6 'causing the earth to bring forth and sprout: giving seed to the sower and bread to the hungry;
- 7 'so shall my word be that goes forth from my mouth:
 - it shall not return to me empty,
- 8 'but it shall accomplish that which I desire: and achieve the purpose for which I sent it.

Isaiah 55.6-11

Glory to ...

Or Song of Praise D. **PRAYER OF MANASSEH** (page).

THE SCRIPTURE READING(S)

The Short Scripture Reading on page may be used, or those from the lectionary, either is followed by the Responsory on page, or

This RESPONSE to the reading may be used: O Lord, do not forsake me; Be not far from me, O my God.

THE GOSPEL CANTICLE: THE MAGNIFICAT Refrain:

You have mercy on those who fear you,* in every generation.

Or, in Lent:

Come, let us return to the Lord,* for our God will richly pardon.

Or, in Passiontide:

God's love for us is revealed* in that, while we were yet sinners Christ died for us.

Or, on feasts of Martyrs:

Those who gave up their lives for Christ, and followed in the Way,* rejoice with God now and for ever.

The Song of the Blessed Virgin Mary

- 1 +My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me:

and holy is your name.

- 4 You have mercy on those who fear you: from generation to generation.
- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones:

and have lifted up the lowly.

- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer e.g. page]:

Show us your mercy, O Lord,

and grant us your salvation.

Lord, have mercy. E te Ariki, kia aroha mai.

The earth is full of violence:

look, O Lord, upon your covenant.

Christ, have mercy. E te Karaiti, kia aroha mai.

O God, do not be silent;

do not keep still, nor hold your peace, O God.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Fridays Gracious God, you have given us much today; grant us also a thankful spirit. Into your hands we commend ourselves and those we love. Be with us still, and when we take our rest, renew us for the service of your Son Jesus Christ . . . *The Collect for Lent and Passiontide* Almighty and everliving God, in your tender love towards us you sent your Son to take our nature upon him, and to suffer death upon the cross; grant that we may follow the example of his great humility and share in his glorious resurrection; through Jesus Christ our Lord . . .

The Lord's Prayer follows Jesus remember us in your kingdom and teach us to pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

ko tēnei rānei Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, āke āke. Āmine.

Or, in Lent: **May God our Redeemer show us compassion and love.**
Amen.

Or, in Passiontide: **May the life-giving cross be the source of all our joy and peace. Amen.**

Let us bless the Lord. **Thanks be to God.**

Morning Prayer - Saturday and daily from All Saints' to Advent

PREPARATION

Pai tonu te Reme i whakamatea hei tango i te kaha, i te taonga, i te mātauranga, i te mana, i te hōnore, me te whakapai. Whakakitenga 5.12

E te Ariki e hui tahi nei koutou me te Wairua Tapu Noho mai hei kīngi i roto i ō mātou ngākau Kia tae mai tōu rangatiratanga i runga i te whenua Kia rite anō ki tō te Rangi Ki te korōria e kore e taea te tatau. **Āmine.**

O Lord, open our lips; And our mouth shall proclaim your praise.

Blessèd are you, Sovereign God, ruler and judge of all, to you be glory and praise for ever! [In the darkness of this age that is passing away, may the glory of your kingdom which the saints enjoy surround our steps as we journey on.] May we reflect the light of your glory this day and so be made ready to come into your presence, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

The following is said: Our life is hid with Christ in God. **O come let us worship.**

Or, from All Saints' to Advent: God ever reigns on high.

O come, let us worship.

Or, on feasts of any Saint: (Alleluia!) Our God is the God of Peace, **O come, let us worship. (Alleluia!)**

An opening psalm or canticle may be used. A hymn may be sung.

THE OPENING PRAYER may be said.

The night has passed and the day lies open before us; let us pray with one heart and mind: (Silence may be kept)

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays from All Saints' to Advent

— from Psalm 63

1 O God you are my God: and earnestly will I seek you.
2 My soul thirsts for you, my body yearns for you: like a land that is dry and thirsty for water.
3 With this longing I have come before you in the sanctuary:
that I may see your power and your glory.
4 Your steadfast love is better than life itself: therefore my lips will speak your praise.
5 As long as I live I will bless you:
and lift up my hands to pray in your name.
6 I shall be satisfied
as with a rich and sumptuous feast:
and my mouth shall praise you with joyful lips.
7 When I remember you upon my bed: and think of you in the watches of the night,
8 how you have been my helper:
how I am safe in the shadow of your wings,
9 then my soul clings to you: and your right hand upholds me.
God of the hungry,
make us hunger and thirst for the right.
till our thirst for justice has been satisfied
make us hunger and thirst for the right, till our thirst for justice has been satisfied and hunger has gone from the earth. Amen.

Week 2 and Mondays from All Saints' to Advent

1 Those who trust in the Lord are like Mount Zion: which cannot be shaken but stands for ever.

- 2 As the hills enfold Jerusalem: so you enfold your people O Lord, now and for ever.
- 3 The sceptre of the wicked shall not hold sway over the land assigned to the just: lest the just should put out their hand to do evil.
- 4 Do good O Lord to those who are good: to those who are upright in heart.

5 As for those who turn aside into crooked ways, the Lord shall lead them away with evil-doers:

but upon Israel there shall be peace.

God our ruler and guide, when we come to the place where the road divides, keep us true to the way of Christ, alive to present opportunities, and confident of eternal life. **Amen.**

Week 3 & Tuesdays from All Saints' to Advent

1 'If the Lord had not been on our side,' now may Israel say:

— Psalm 124

'If the Lord had not been on our side when our enemies rose up against us, 2 'then they would have swallowed us alive: when their fury was roused against us. 3 'Then the flood would have swept us away: and the torrent would have covered us. 4 'Then the raging waters: would have gone right over our heads. 'But praised be the Lord: 5 who has not given us as a prey to their teeth. 6 'We have escaped like a bird from the fowler's snare: the snare is broken and we are free. 7 'Our help is in the name of the Lord: who has made heaven and earth.' Jesus, you turned death into life, turned defeat into victory. Grant that with your help we may raise our expectations and achieve what is yet impossible. Amen. Week 4 & Wednesdays from All Saints' to Advent 1 It is good to give thanks to the Lord:

to sing praise to your name O Most High, 2 to tell of your love in the morning: and of your faithfulness during the night, 3 on the ten-stringed lyre and the lute: with the tuneful sound of the harp. 4 For you Lord have made me glad by your deeds: I shout for joy at the works of your hands. 5 O Lord, what great things you have done: your thoughts are very deep. 6 The dull of heart do not perceive this: the foolish do not understand, 7 how the wicked may sprout like grass: and evildoers may flourish, 8 yet they shall be destroyed for all time: while you Lord are enthroned on high for ever. 9 See Lord how your enemies perish: and all evildoers are scattered. 10 But you have lifted up my head like the wild bull's horns: you have anointed me with fresh oil. 11 My eyes have looked down in triumph on my enemies: and my ears were gladdened with news of their downfall. 12 The just shall flourish like a palm tree: and grow like a cedar in Lebanon. 13 Planted in the house of the Lord:

they flourish in the courts of our God.
14 Still bearing fruit in their old age: they are still green and full of sap,
15 to show that the Lord is just: the Lord my rock, in whom is no unrighteousness.
God of mercy and love, new birth by water and the Spirit is your gift, a gift none can take away; may we grow into the fulness of the stature of Christ. Amen.

Week 5 & Thursdays from All Saints' to Advent

1	I will extol you O God my king:
	I will bless your name for ever and ever.
2	Every day will I give thanks to you:
	and praise your name for ever and ever.
3	You are great O Lord, and worthy of all praise:
	there are no bounds to your greatness.
4	One generation
	shall praise your works to another:
	and proclaim your mighty acts.
5	I will speak of the glorious splendour
	of your majesty: and of all your marvellous works.
6	People shall speak
	of the might of your awesome deeds:
-	and I too will proclaim your greatness.
7	They shall pour out the story
	of your abundant kindness:
0	and joyfully sing of your righteousness.
8	The Lord is gracious and full of compassion:
9	slow to anger and abounding in love.
9	You Lord are good to all of us: and your mercy rests upon all your creatures.
10	
10	All your creation shall praise you O Lord: and your servants will bless your name.
11	They shall speak of the glory of your kingdom:
11	and their talk shall be of your power,
12	so that all may know of your mighty deeds:
14	and the glorious splendour of your kingdom.
13	Your kingdom is an everlasting kingdom:
	and your dominion endures from age to age.
14	The Lord upholds those who stumble:
	and raises up those who are down.
15	The eyes of all look to you O Lord:
	and you give them their food in due season.
16	You open wide your hand:
	and give what they desire to all things living.
17	You Lord are righteous in all your ways:

and loving in all your deeds.

18	You Lord are near to all who call to you:
	who call to you in singleness of heart.

- 19 You fulfill the desire of those who revere you: you hear their cry and you save them.
- 20 You protect all who love you: but the wicked you will destroy.
- 21 My mouth shall speak the praise of the Lord: let everyone bless God's holy name for ever and ever.

Give praise to God, for the risen Christ is with us now in power and majesty, in grace and peace. May we live in him as he lives in the glory of the eternal Trinity. **Amen.**

Week 6 & Fridays from All Saints' to Advent

1 The Lord is my shepherd: therefore can I lack nothing. 2 You Lord make me lie down in green pastures: and lead me beside the waters of peace. 3 You revive my spirit: and guide me in right pathways for your name's sake. 4 Though I walk through the valley of the shadow of death, I will fear no evil: for you are with me, your rod and your staff are my comfort. 5 You spread a table for me in the sight of my enemies: you have anointed my head with oil, and my cup is overflowing. 6 Surely your goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever. Good Shepherd of the sheep,

by whom the lost are sought and guided into the fold; feed us and we shall be satisfied, heal us and we shall be whole, and lead us that we may be with you, with the Father and the Holy Spirit. **Amen.**

Week 7 & Saturdays from All Saints' to Advent

- 1 Whakamoemititia a Ihowa. / Praise the Lord. O sing to the Lord a new song: give praise in the assembly of the faithful.
- 2 Let the people of God rejoice in their maker: and let the servants of the Most High

— Psalm 149

exult in their king.

- 3 Let them praise God's name in the dance: let them sing God's praise
 - with timbrel and harp.
- 4 For you O Lord take delight in your people: and crown your humble folk with victory.
- 5 Let the faithful exult in their triumph: let them shout for joy as they feast.
- 6 Let the praises of God be on their lips:
 and a two-edged sword in their hand.
 Whakamoemititia a Ihowa. / O praise the Lord.

Now to God who is able to do immeasurably more than all we can ask or conceive, by the power which is at work among us, be glory in the Church and in Christ Jesus throughout all ages. **Amen.**

THE NEW TESTAMENT CANTICLE If there are two Scripture Readings, the first may be read before the NT Canticle, or both may be read after it.

Either: THE BEATITUDES

- 1 Blessèd are the poor in spirit: for the kingdom of heaven is theirs.
- 2 Blessèd are the sorrowful: for they shall find consolation.
- 3 Blessèd are those of a gentle spirit: for they shall have the earth for their possession.
- 4 Blessèd are those who hunger and thirst to see right prevail: for they shall be satisfied.
- 5 Blessèd are those who show mercy: for mercy shall be shown to them.
- 6 Blessèd are those whose hearts are pure: for they shall see God.
- 7 Blessèd are the peacemakers: for they shall be called God's children.
- 8 Blessèd are those who have suffered persecution for the cause of right: for the kingdom of heaven is theirs.

Glory to ...

Or: OUR GREAT HIGH PRIEST 1 In you, Jesus, Son of God, we have a great

- we have a great high priest: you have passed through the heavens,
 - and are seated
 - at the right hand of God on high.
- 2 Therefore we hold fast to the faith

that we profess:

for you are not a high priest who is unable

to sympathise with our weaknesses.

Matthew 5.3-10

- 3 In every respect you have been tempted as we are: and yet you did not sin.
- 4 Although a Son, you learned obedience through what you suffered: and being made perfect, you have become the source of eternal salvation for all who obey you.
- 5 This gives us every confidence: to draw near to the throne of grace.
- 6 There we receive mercy: and find grace to help in time of need.

Glory to ...

based on Hebrews 4.14-16; 5.8, 9; 8.1

Or Song of Praise I, or J A SONG OF BROTHER SUN

THE SCRIPTURE READING(S) The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used:

I will sing for ever of your love, O Lord; My lips shall proclaim your faithfulness.

THE GOSPEL CANTICLE: THE BENEDICTUS *Refrain:*

Shine on us, O God, who dwell in darkness,* and guide us into the way of peace.

Or, from All Saints' to Advent:

You will guide us with your counsel, O God,* and after, receive us with glory.

Or, on feasts of any Saint:

They were faithful until death* and God has given them the crown of life.

The Song of Zechariah

- 1 Blessèd are you O Lord our God: you have come to your people and set them free.
- 2 You have raised up for us a mighty Saviour: born of the house of your servant David.
- 3 Through your holy prophets you promised of old: that you would save us from our enemies, from the hands of all who hate us.
- 4 You promised to show mercy to our forebears: and to remember your holy covenant.
- 5 This was the oath you swore to our father Abraham: to set us free from the hands of our enemies,
- 6 free to worship you without fear: holy and righteous in your sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High:

for you will go before the Lord to prepare the way,

- 8 to give God's people knowledge of salvation: through the forgiveness of their sins.
- 9 In the tender compassion of our God: the dawn from on high shall break upon us,
- 10 to shine on those who dwell in darkness and the shadow of death: and to guide our feet into the way of peace.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

Exalt yourself, O God, above the heavens,

and your glory over all the earth.

Lord, have mercy. E te Ariki, kia aroha mai.

May the fields of the wilderness be rich pasture and the hills be clothed with joy.

Christ, have mercy. E te Karaiti, kia aroha mai.

Send out your light and your truth, that they may lead us, and bring us to your holy hill and to your dwelling. Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Saturdays

O God,

the well-spring of life, pour into our hearts the living water of your grace, that refreshed by you, we may live this day in steadfast reliance on the strength you give; through our Saviour Jesus Christ . . . *The Collect from All Saints' to Advent*

Almighty God,

your saints are one with you in the mystical body of Christ; give us grace to follow them in all virtue and holiness until we come to those inexpressible joys which you have prepared for those who truly love you; through Jesus Christ our Lord . . .

The Lord's Prayer follows Looking for the fulfilment of the promise of glory and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

ko tēnei rānei Ma te Atua o te tūmanako, e whakaū ō tātou ngākau ki te koa, ki te rangimārie kia pono ai tātou, i runga i te ihi, i te mana, o te Wairua Tapu. Amine.

Or, from All Saints' to Advent: May Christ the King give us his blessing of peace. Amen.

Let us bless the Lord. **Thanks be to God.**

Evening Prayer - Saturday

and daily from All Saints' to Advent

THE BLESSING OF THE LIGHT

A light, which may be the Paschal Candle, is brought in, or a candle may simply be lit. Let us give thanks to our God,

who has delivered us from the dominion of darkness and made us partakers in the inheritance of the saints in light.

The light of Christ be with you **And also with you**.

Let us give thanks to God It is right to offer thanks and praise.

Blessèd are you, the Living One, to you be glory and praise for ever! In the darkness of this passing age, your saints proclaim the glory of your Kingdom, revealed among us in Christ, our light. Open our eyes to behold your presence and join our song with those of the saints in praise of all your marvellous deeds, Creator, Redeemer, and Giver of Life:

Blessèd be God for ever!

Or:

Blessèd are you, Sovereign God, our light and our salvation, eternal Creator of day and night, to you be glory and praise for ever! [Now, as darkness is falling, hear the prayer of your faithful people.] As we look for your coming in glory, wash away our transgressions, cleanse us by your refining fire and make us temples of your Holy Spirit. By the light of Christ, dispel the darkness of our hearts and make us ready to enter your kingdom, where songs of praise for ever sound, Father Son and Holy Spirit: Blessèd be God for ever!

While the other candles are lit the following or another suitable hymn may be sung.

A SONG OF THE LIGHT

- 1 Hail, gladdening Light, of God's pure glory pour'd, Who is the immortal Father, heavenly, blest, Holiest of Holies, Jesus Christ our Lord.
- 2 Now we are come to the Sun's hour of rest,

The lights of evening round us shine; We hymn the Father, Son and Holy Spirit divine.

Worthy are you at all times to be sung With undefiled tongue, Son of our God, giver of life, alone; Therefore in all the world your glories, Lord, they own.

Verses from PSALM 141 may be said:

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

O Lord, I call to you; come to me quickly; hear my voice when I cry to you. Set a watch before my mouth, O Lord, and guard the door of my lips.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

Let not my heart incline to any evil thing; let me not be occupied in wickedness. But my eyes are turned to you, Lord God, in you I take refuge; do not leave me defenceless.

Let my prayer rise before you as incense, the lifting up of my hands as the evening sacrifice.

THE OPENING PRAYER may be said: As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and for ever. **Amen.**

Ka mea te Atua, "Heoi ki te āta whakarongo koutou ki toku reo, ki te pupuri hoki i taku kawenata, ka waiho koutou hei taonga mōku, motu kē i ngā iwi katoa; a ka waiho koutou e ahau hei kīngi, hei tohunga, hei iwi tapu hoki."*Ekoruhe* 19.5.6a

Meinga e te kai whakarite I te tVmatanga me te mutunga Kia mārō tonu te haere A hemo noa Ā mātou inoi ā mātou wawata Ki a koe e te tapu o te rangi. Ki te kore koe Ka kore mātou E whai painga ki āu koha Te aroha me te inoi kia piri pono tonu Ki te Tokotoru Tapu, Kotahi nei Atua. **Āmine.**

THE WORD OF GOD — see the introduction

the Psalm(s) - the following may be used, those in the Lectionary, or those in the Alternate Table of Psalms

Week 1 & Sundays from All Saints' to Advent

1	Hear my just cause, attend to my cry O Lord: listen to my prayer from lips that do not lie.
2	Let judgment in my favour
	come forth from your presence: and let your eyes discern what is right.
3	You have searched my heart,
U	and visited me by night:
	if you test me,
	you will find no wickedness in me,
4	my mouth does not offend.
4	With regard to human deeds: because of the word of your lips,
	I have avoided the ways of the violent.
5	My steps have been firm in your paths:
-	and my feet have not stumbled.
6	I call upon you O God for you will answer me: incline your ear to me and hear my words.
7	Show me the wonders of your steadfast love:
	for by your right hand
	you save from their adversaries those who take refuge with you.
8	Guard me as the apple of your eye:
0	hide me under the shadow of your wings,
9	from the wicked who assail me:
10	from deadly foes who surround me.
10	They have closed their hearts to pity:
11	and their mouths speak arrogant things. They press hard upon me from every side:
11	watching how they may
	strike me down to the ground,
12	like a lion that is greedy for prey:
	like a young lion
	crouching in a place of ambush.
13	Arise O Lord, stand in their way
	and bring them down:
14	let your sword rescue me from the wicked. Let your hand deliver me from people
IT	whose portion in life is of the world:
	who have gorged themselves
	who have gorged themselves with your good things.
15	They have children at their desire:
17	and leave to heirs what remains of their wealth.
16	But as for me, I shall see your face
	because my plea is just: when I awake and see your face
	I shall be satisfied.
Dei	ar Lord, watch with those who wake or watch or weep tonight,

and give your angels charge over those who sleep; tend your sick ones, rest your afflicted ones, shield your joyous ones, and all, for your love's sake. **Amen.**

Week 2 and Mondays from All Saints' to Advent

1	Lord, who may be a guest in your house: or who may dwell on your holy mountain?	
2	One who leads a blameless life:	
	who does what is right,	
-	and speaks truthfully from the heart,	
3	whose tongue is free from malice,	
	who never wrongs a friend:	
	and utters no reproach against a neighbour,	
4	who does not honour the unworthy:	
	but makes much of those who fear the Lord.	
5	Such a one stands by a promise given:	
	though it be at personal disadvantage,	
6	and will not take interest on a loan:	
	nor accept a bribe	
	to testify against the innocent.	
7	Whoever does all this:	
	shall never be overthrown.	
Chr	ist of the festive table	
maı	y we who have been your guests	
	eal your life to all the world.	
	y we be no longer your servants,	
	know your will,	
and	be your friends. Amen.	
Week 3 & Tuesdays from All Saints' to Advent		

— from Psalm 73

- 1 Truly God is good to the upright: to those who are pure in heart.
- 2 Nevertheless my feet had almost stumbled: my steps had well-nigh slipped.
- 3 For the boasting of the wicked roused me to envy: when I saw how greatly they prosper.
- 13 So it was all in vain that I kept my heart clean: and washed my hands in innocence.
- 14 All the day long have I been buffeted: and punished anew every morning.
- 15 If I had said, 'I will go on speaking like this': then I should have betrayed the children of God.
- 16 So I kept thinking how to understand this: but I found it too hard for me,
- 17 till I went into the sanctuary of God: and then I perceived what becomes of the wicked.
- 18 Surely it is on slippery ground that you set them:

and make them fall headlong to ruin.

19 How suddenly they come to destruction: they are swept away, and come to a fearful end.

- 20 Like a dream when one awakens: so Lord you arise to dismiss them as phantoms.
- 21 When therefore I was embittered: and envy goaded my heart,
- 22 stupid was I and ignorant: no better than a beast in your sight.
- 23 Yet I am always with you: for you hold me by my right hand.
- 24 You guide me with your counsel: and afterwards will receive me with glory.
- 25 Whom have I in heaven but you?: and having you, I desire nothing else upon earth.
- 26 My flesh and my heart may fail: but God is the strength of my heart and my possession for ever.
- 27 Those who go far from you Lord shall perish: and all who are faithless you will destroy.
- 28 But for me it is good to draw near to God: I have made you Lord God my refuge, and I will speak of all you have done.

God, you know better than we the temptations that will bring us down. Grant that our love for you may protect us from all foolish and corrupting desire. **Amen.**

Week 4 & Wednesdays from All Saints' to Advent

1 I cry aloud to God: I cry aloud to the one who will hear me. 2 In the day of my distress I sought the Lord: by night my hands were spread out in prayer without ceasing, my soul refused all comfort. 3 I remembered my God, and I groaned: in my thinking my spirit fainted. 4 You kept my eyelids from closing: I was dazed and I could not speak. 5 I thought of the days of old: I remembered the years long past. 6 At night I communed with my heart: I pondered, and I questioned my spirit, 7 'Will you O Lord reject us for ever: and never more show us your favour? 8 'Has your unfailing love now failed us for ever: is your promise made void for all generations? 9 'Have you forgotten to be gracious: and in anger withheld your compassion?'

10	And I said, 'This thought causes me grief:
	that the right hand of the Most High
	has lost its strength.'
11	But then I remember what the Lord has done:
	and call to mind your wonders of old.

- 12 I meditate on all your works: and ponder the things you have done.
- 13 Your way O God is holy: what god is so great as our God?
- 14 You are the God who does wonders: you have shown your power among the nations.
- 15 With your strong arm you delivered your people: the offspring of Jacob and Joseph.
- 16 The waters saw you O God, the waters saw you and were afraid: they trembled in their depths.
- 17 The clouds poured out water, the heavens thundered: and your arrows flashed abroad.
- 18 The voice of your thunder was heard in the whirlwind: the earth was shaken and trembling.
- 19 Your path was in the sea, and your way was through the great waters: and your footprints were not seen.
- 20 You led your people like sheep: by the hand of Moses and Aaron.

God, the strength of all who believe in you, increase our faith and trust in your Son Jesus Christ, that in him we may live victoriously. **Amen.**

Week 5 & Thursdays from All Saints' to Advent

- I will give thanks to the Lord at all times: God's praise will always be on my lips.
 My soul will glory in the Lord: the humble will hear and be glad.
- 3 O praise the Lord with me: let us exalt God's name together.
- 4 I sought your help O Lord and you answered me: and freed me from all my fears.
- 5 Look towards the Most High, and be radiant with light: and your faces will not be ashamed.
- 6 In my affliction I cried out, and the Lord heard me: and saved me from all my troubles.
- 7 Your angel O Lord
 - keeps guard around those who fear you: to rescue them in time of danger.

8 Taste and see how gracious the Lord is: happy are those who find refuge in the Most High. 9 Fear the Lord, you that are God's holy people: for those who fear the Lord are in want of nothing. 10 Strong lions suffer want and go hungry: but those who seek the Lord shall lack nothing that is good. 11 Come my children and listen to me: I will teach you the fear of the Lord. 12 Which of you delights in life: and desires many days of prosperity? 13 Keep your tongue from evil: and your lips from speaking lies. 14 Turn away from evil and do good: seek peace and steadily pursue it. 15 The eyes of the Lord are on the righteous: God's ears are open to their cry. 16 The Lord opposes those who do evil: to blot out the remembrance of them from the earth. 17 The righteous cry out, and the Lord hears them: and rescues them from all their troubles. 18 The Lord is near to those who are broken-hearted: the Lord saves those who are crushed in spirit. 19 The troubles of the righteous are many: but the Lord sets them free from them all. 20 The Lord guards every bone in the body of the righteous: and so not one of them is broken. 21 Evil brings death to the wicked: and those who hate the righteous are brought to ruin. 22 You O Lord ransom the lives of your servants: and none who take refuge in you shall perish. Risen Saviour. you comforted your disciples when you were going to die: now set our troubled hearts at rest and banish our fears. You are the way to the Father: help us to follow you. You are the truth: bring us to know you. *You are the life:* give us that life with you, now and for ever. **Amen.** Week 6 & Fridays from All Saints' to Advent

1 Give judgment for me O God, and plead my cause against an ungodly people:

save me from the deceitful and the wicked.

2 You are my stronghold, why have you rejected me: why do I go mourning oppressed by the enemy? 3 O send out your light and your truth to lead me: and bring me to your holy hill and to your dwelling. 4 Then I will go to the altar of God, the God of my joy and gladness: and praise you with the harp O God my God. 5 Why are you cast down my soul: and why are you so troubled with in me: 6 Wait in hope for God: for I will yet praise the one who is my saviour and my God. God faithful and true,

make us eager with expectation, as we look for the fulfilment of your promise in Jesus Christ our Saviour. **Amen.**

Week 7 & Saturdays from All Saints' to Advent

1 Preserve me O God: for in you I have taken refuge. 2 I have said to the Lord, 'You are my God: from you alone comes all my prosperity.' 3 All my delight is in the faithful who dwell in the land: and in those who excel in virtue. 4 But as for those who run after other gods: their troubles shall be multiplied. 5 Libations of blood I will not offer to those gods: nor will I take their names upon my lips. 6 You Lord are my allotted portion and my cup: you yourself have cast my lot. 7 My boundaries enclose a pleasant land: indeed I have a noble heritage. 8 I will thank you O Lord for giving me counsel: at night also you teach my heart. 9 I keep you always before me: you are on my right hand, therefore I shall not fall. 10 So my heart is glad, and my soul rejoices: my body also shall rest in safety. 11 For you will not give me up to the power of death: nor suffer your belovPd to see the Abyss. 12 You will show me the path of life, in your presence is the fullness of joy: and from your right hand flow delights for evermore.

May we who in baptism die to sin, rise again to new life and find our true place in your living body. May the new covenant sealed in your blood through us bring healing and reconciliation to this wounded world. Alleluia. You are risen. We are risen with you. Praise and glory to the living God. Amen.

THE OLD TESTAMENT CANTICLE

If there are two Scripture Readings, the first may be read before the OT Canticle, or both may be read after it.

Either: THE SPIRIT OF THE LORD

- The Spirit of the Lord God is upon me: because the Lord has anointed me to bring good tidings to the afflicted.
- 2 The Lord has sent me to bind up the broken-hearted: to proclaim liberty for the captives, and release for those in prison,
- 3 to comfort all who mourn: to bestow on them a crown of beauty instead of ashes,
- 4 the oil of gladness instead of mourning: a garment of splendour for the heavy heart.
- 5 They shall be called trees of righteousness: planted for the glory of the Lord.
- 6 Therefore I will greatly rejoice in the Lord: my soul shall exult in my God,
- 7 for God has robed me with salvation as a garment: and clothed me with integrity as a cloak.
- 8 For as the earth brings forth its shoots: and as a garden causes the seeds to spring up,
- 9 so the Lord God will cause righteousness and praise: to spring forth before all the nations.

Glory to ...

Or: BENEDICITE AOTEAROA
1 O give thanks to our God who is good: whose love endures for ever.
2 You sun and moon, you stars of the southern sky: give to our God your thanks and praise.

- 3 Sunrise and sunset, night and day: give to our God your thanks and praise.
- 4 All mountains and valleys, grassland and scree, glacier, avalanche, mist and snow: give to our God your thanks and praise.
- 5 You kauri and pine, rata and kowhai, mosses and ferns: give to our God your thanks and praise.

Isaiah 61.1-3, 10, 11

- 6 Dolphins and kahawai, sealion and crab, coral, anemone, pipi and shrimp: give to our God your thanks and praise.
- 7 Rabbits and cattle, moths and dogs, kiwi and sparrow and tui and hawk: give to our God your thanks and praise.
- 8 You māori and pākehā, women and men, all who inhabit the long white cloud: give to our God your thanks and praise.
- 9 All you saints and martyrs of the South Pacific: give to our God your thanks and praise.
- [10 All prophets and priests, all cleaners and clerks, professors, shop workers, typists and teachers, job-seekers, invalids, drivers and doctors: give to our God your thanks and praise.
- 11 All sweepers and diplomats, writers and artists, grocers, carpenters, students and stock-agents, seafarers, farmers, bakers and mystics: give to our God your thanks and praise.
- 12 All children and infants, all people who play: give to our God your thanks and praise.]

THE SCRIPTURE READING(S)

The Short Scripture Reading may be used, or those from the lectionary, either is followed by the Responsory, or

This RESPONSE to the reading may be used: Lord, you will guide me by your counsel **And afterwards receive me with glory.**

THE GOSPEL CANTICLE: THE MAGNIFICAT *Refrain:*

God, you show the strength of your arm;* you cast down the mighty and raise up the lowly.

Or, from All Saints' to Advent:

The righteous will shine like the sun*

in the kingdom of their Father.

Or, on feasts of any Saint:

In the heavenly kingdom, the blessèd have their dwelling place;* and their rest for ever and ever.

The Song of the Blessed Virgin Mary

- 1 My soul proclaims the greatness of the Lord: my spirit rejoices in God my saviour,
- 2 for you Lord have looked with favour on your lowly servant: and from this day all generations will call me blessèd.
- 3 You O Most Mighty have done great things for me: and holy is your name.
- 4 You have mercy on those who fear you:

from generation to generation.

- 5 You have shown the strength of your arm: you have scattered the proud in their conceit.
- 6 You have cast down the mighty from their thrones: and have lifted up the lowly.
- 7 You have filled the hungry with good things: and the rich you have sent away empty.
- 8 You have come to the help of your people: for you have remembered your promise of mercy,
- 9 the promise you made to our forebears: to Abraham and his children for ever.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.

Or

Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

The refrain is repeated after the canticle.

THE PRAYERS

Intercession and Thanksgiving are offered in free prayer or in silence, ending with the following, [or some other appropriate litany or prayer]:

Remember, O Lord, your compassion and love,

for they are from everlasting.

Lord, have mercy. E te Ariki, kia aroha mai.

Let the sorrowful sighing of the prisoners come before you;

and by your great might,

spare those who are condemned to die.

Christ, have mercy. E te Karaiti, kia aroha mai.

Lord, give strength to your people,

and give us your blessing of peace.

Lord, have mercy. E te Ariki, kia aroha mai.

THE COLLECT for the day, or for Saturdays

Abide with us, O Lord,

for it is toward evening and the day is almost over;

abide with us,

for the days are hastening on

and we hasten with them;

abide with us and with all your faithful people,

until the daystar rises and the morning light appears,

and we shall abide with you for ever . . .

The Collect for the Season from All Saints' to Advent O God, who in the work of creation commanded the light to shine out of darkness: we pray that the light of the glorious gospel of Christ may shine into the hearts of all your people, dispelling the darkness of ignorance and unbelief and revealing to them the knowledge of your glory in the face of Jesus Christ our Lord . . .

The Lord's Prayer follows

Looking for the fulfilment of the promise of glory and as Christ teaches us we pray . . .

THE CONCLUSION THE BLESSING The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen *ko tēnei rānei* Kia tau ki a tātou katoa te atawhai o tō tātou Ariki, o Ihu Karaiti, me te aroha o te Atua, me te whiwhinga tahitanga ki te Wairua Tapu, ake ake. Āmine. *Or, from All Saints' to Advent:* May Christ the King give us his blessing of peace. Amen. Let us bless the Lord. Thanks be to God.

Midday Prayer

THE INVOCATION E te whānau / My brothers and sisters, our help is in the name of the eternal God, who is making the heavens and the earth.

Eternal Spirit, flow through our being and open our lips, **that our mouths may proclaim your praise.** *Silence* Let us worship the God of love. **Alleluia. Alleluia.**

A HYMN may be sung.

THE WORD OF GOD

THE PSALMODY **Psalms for Sunday** Either **Psalm 119.1-32** Blessèd are those who live a blameless life: 1 who follow your law O Lord. 2 Blessèd are those who obey your instruction: and seek you with all their heart. They also do no wrong: 3 but always walk in your ways. 4 You laid down your precepts: for us to keep them diligently. 5 O that my ways might be steadfast: in the keeping of your statutes. 6 Then I would not be put to shame: when I give heed to all your commandments. 7 I will truly thank you from the heart: when I learn your just decrees. 8 I will keep your statutes: O do not utterly forsake me. 9 How shall the young keep themselves undefiled: surely by obeying your word. 10 With my whole heart I seek you: let me not stray from your commandments.

11 I treasure your word in my heart: for fear I should sin against you. 12 Blessèd are you O Lord: O teach me your statutes. 13 With my lips have I been telling: of all the judgments you have uttered. 14 I have found more joy in the way of your commandments: than in all manner of riches. 15 I will meditate on your precepts: and I will give heed to your ways. 16 I will delight in your statutes: and I will not forget your word. 17 Deal kindly with your servant that I may live: and living I shall keep your word. 18 Take the veil away from my eyes: that I may see the wonderful things of your law. 19 I am but a stranger on earth: do not hide your commandments from me. 20 My soul is consumed with the longing: it has at all times for your judgments. 21 You have rebuked the insolent: and cursed are those who stray from your commandments. 22 Turn from me their reproach and scorn: for I have kept your testimonies. 23 Rulers sit plotting against me: but your servant will give thought to your statutes. For your testimonies are my delight: 24 and they are my counsellors. I lie prone in the dust: 25 revive me, according to your word. 26 I acknowledged my ways, and you answered me: instruct me in your statutes. Help me to understand the way of your precepts: 27 and I will meditate on your wonders. 28 My soul melts away through sorrow: strengthen me according to your word. 29 Keep me from the way of falsehood:

and in your goodness teach me your law.

30 I have chosen the way of faithfulness:

and set your judgments before me.

31 I hold fast to your decrees O Lord:

let me never be put to confusion.

32 I will run the way of your commandments: when you enlarge my understanding.

Or

Psalm 121 see page

Psalm 122 see page

Psalms for Monday

Either

Psalm 119.33-56

- 33 Teach me Lord the way of your statutes: and in keeping them I shall have my reward.
- 34 Give me understanding, and I shall keep your law: I shall keep it with all my heart.
- 35 Make me walk in the path of your commandments: for that is my desire.
- 36 Incline my heart to your instruction: and away from covetous desires.
- 37 Turn away my eyes from what is empty and false: and give me life in your way.
- 38 Fulfil your promise to your servant: your promise to those who fear you.
- 39 Turn away from me the scorn that I dread: for your judgments are very good.
- 40 How I long for your precepts: in your righteousness give me life.
- 41 Let your steadfast love come to me O Lord: your saving help according to your promise.
- 42 Then shall I have my answer for those who taunt me: for my trust is in your word.
- 43 Let my mouth never fail to speak the truth: for my hope is in your judgments.
- 44 I shall always keep your law:

I shall keep it for ever and ever.

- 45 I shall walk in the path of freedom: because I study your precepts.46 I will speak of your decrees before kings:
- and I will not be abashed in their presence.
- 47 I find delight in your commandments: which I have greatly loved.
- 48 I will revere your commandments and love them: and I will meditate on your statutes.
- 49 Remember your word to your servant: by which you have given me hope.
- 50 This is my comfort in trouble: for your promise has given me life.
- 51 The arrogant may utterly deride me: but I do not swerve from your law.
- 52 I remember your judgments of old: and then O Lord I take comfort.
- 53 I am seized with hot indignation: because of the wicked who forsake your law.
- 54 But your statutes are the theme of my song: in the house of my pilgrimage.
- 55 I remember your name O Lord in the night: and dwell upon your law.
- 56 This is true of me: because I have kept your precepts.

Or Psalm

Psalm 123 *see page* Psalm 124 *see page*

Psalms for Tuesday

Either

Psalm 119.57-80

57 You Lord are all that I have:

I have promised to keep your word.

- 58 I have sought your favour with all my heart: be gracious to me according to your promise.
- 59 I have given thought to my ways: and always turned back to your instruction.
- 60 I made no delay: but hastened to keep your commandments.

- 61 Though the nets of the wicked ensnared me: I did not forget your law.
- 62 At midnight I rise to give you thanks: for the justice of your decrees.
- 63 I keep company with those who fear you: with those who keep your commandments.
- 64 The earth is full of your unfailing love: O Lord instruct me in your statutes.
- 65 Lord you have been good to your servant: according to your word.
- 66 Teach me good judgment and knowledge: for I trust in your commandments.
- 67 Before I was afflicted I went astray: but now I keep your word.
- 68 You are good, and your deeds are good: instruct me in your statutes.
- 69 The proud have smeared me with lies: but I will keep your precepts with all my heart.
- 70 Their heart is gross like fat: but my delight is in your law.
- 71 It is good for me that I was afflicted: so that I might learn your statutes.
- 72 The law from your mouth is to me more precious: than a fortune in gold and silver.
- 73 Your hands have made me and shaped me: give me understanding that I may learn your commandments.
- 74 Let those who fear you be glad when they see me: because I trust in your word.
- 75 Lord I know that your decrees are just: and that in your very faithfulness you have caused me to be afflicted.
- 76 Let your unfailing love be my comfort: according to your promise to your servant.
- 77 Let your compassion come to me, that I may live: for your law is my delight.
- 78 Let the arrogant be put to shame, for with their lies they have wronged me: but I will meditate on your precepts.
- 79 Let those who fear you turn to me:

that they may know your testimonies.

80 Let my heart be sound in your statutes: so that I may never be put to shame.

Or

Psalm 125 *see page* Psalm 126

Psalms for Wednesday

Either

Lun		
Psalm 119.81-104		
81	I yearn for your saving help:	
	hoping for the fulfilment of your word.	
82	My eyes are strained	
	with watching for your promise:	
	and I say, 'When O Lord will you comfort me?'	
83	I am shrivelled like a wineskin in the smoke:	
	yet I do not forget your statutes.	
84	How long must your servant wait:	
	for you to give judgment on my persecutors?	
85	The arrogant have dug pitfalls to trap me:	
	and thus they flout your law.	
86	All your commandments are true:	
	help me, for they pursue me with lies.	
87	They had almost made an end of me on earth:	
	but I did not forsake your precepts.	
88	Give me life, because of your steadfast love:	
	so that I may keep the testimonies	
	of your mouth.	
89	Your word O Lord is everlasting:	
	it is firmly fixed in the heavens.	
90	Your faithfulness endures	
	throughout all generations:	
	stable as the earth you created	
	and made to stand firm.	
91	Your ordinances stand fast to this day:	
	for all things are your servants.	
92	If my delight had not been in your law:	
	I should have perished in my affliction.	
93	I will never forget your precepts:	

93 I will never forget your precepts: for by them you have given me life.

94 I am yours O save me: for I have studied your precepts. 95 Though the wicked lie in wait to destroy me: I will apply my mind to your instruction. 96 I see that all things reach a limit: but your commandment has no bounds. 97 Lord how I love your law: all the day long it is in my mind. 98 Your commandment has made me wiser than my enemies: for it is always with me. 99 I have more understanding than all my teachers: for your instruction is my study. 100 I am wiser than the aged: because I keep your commandments. 101 I have held back my feet from every evil way: in order to keep your word. 102 I have not swerved from your judgments: because you yourself have taught me. 103 How sweet are your words to my taste: sweeter than honey in my mouth.

104 Through your commandments I get understanding: therefore I hate all the ways of falsehood.

Or

Psalm 127 *see page* Psalm 128 *see page*

Psalms for Thursday

Either

Psalm 119.105-128

- 105 Your word is a lamp for my feet: and a light upon my path.
- 106 I have sworn an oath, and confirmed it: to keep your righteous judgments.
- 107 I am in deep distress: revive me O Lord, according to your word.
- 108 Accept O Lord the willing tribute of my lips: and teach me your decrees.
- 109 I take my life in my hands continually:

yet I never forget your law.

- 110 The wicked have laid a snare for me: but I have not strayed from your precepts.
- 111 Your testimonies are my heritage for ever: they are the very joy of my heart.
- 112 I have applied my heart to fulfil your statutes: for ever and to the end.
- 113 I detest those who are not single_minded: but my love is for your law.
- 114 You are my shelter and my shield: my hope is in your word.
- 115 Away from me, you that do evil: I will keep the commandments of my God.
- 116 Support me Lord according to your promise, so that I may live: and let me not be disappointed in my hope.
- 117 Hold me up and I shall be safe: and I shall be occupied with your statues continually.
- 118 You spurn all those who swerve from your statutes: their cunning is all in vain.
- 119 All the wicked of the earth are to you as so much dross: therefore I love your instruction.
- 120 My flesh trembles with dread of you: I stand in awe of your judgments.
- 121 I have done what is just and right: do not abandon me to my oppressors.
- 122 Stand surety for your servant's welfare: let not the arrogant oppress me.
- 123 My eyes grow dim from watching for your saving help: for the fulfilment of your righteous promise.
- 124 Deal with your servant according to your loving mercy: and teach me your decrees.
- 125 I am your servant, O give me understanding: that I may know your testimonies.
- 126 It is time for you O Lord to act:

for people have flouted your law.

- 127 I love your commandments more than gold: yes, more than the finest gold.
- 128 Therefore I direct my steps by all your precepts: and I hate all the ways of falsehood.
- Or

Psalm 132 see page

Psalms for Friday

Either

Psalm 119.129-152

- 129 Your instruction is wonderful: therefore I keep it with all my heart.
- 130 The unfolding of your word gives light: and those who are untaught receive understanding.
- 131 I open my mouth and sigh: with longing for your commandments.
- 132 Turn to me and be merciful to me: as is your way with those who love you.
- 133 Keep steady my footsteps, according to your promise: and let no evil get mastery over me.
- 134 Rescue me from human oppression: so that I may keep your precepts.
- 135 Let your face shine on your servant: and teach me your decrees.
- 136 Tears stream from my eyes:because people do not heed your law.
- 137 Lord you are just indeed: and upright are your judgments.
- 138 The decrees that you have made: are exceedingly righteous and true.
- 139 My indignation consumes me: because my enemies have forgotten your words.
- 140 Your promise has been tested to the uttermost: and therefore your servant loves it.
- 141 I am small and of little account: but I do not forget your commandments.

- 142 Your justice is an everlasting justice: and your law is the truth.
- 143 Trouble and anguish have fallen upon me: yet my delight is in your commandments.
- 144 The righteousness of your decrees is everlasting: O give me understanding that I may live.
- 145 I call with my whole heart: answer me Lord, I will keep your statutes.
- 146 I cry out to you to save me: that I may keep your testimonies.
- 147 I rise before dawn and call to you: for my hope is in your word.
- 148 I wake before the hour of my night_watch: so that I may meditate on your words.
- 149 Hear me in your unfailing kindness: and give me life by your decrees.
- 150 Those who pursue me with malice draw near: and they are far from your law.
- 151 But you O Lord are near at hand: and all your commandments are true.
- 152 I have long known from your decrees: that you have given them eternal foundations.
- Or
- Psalm 129
- Psalm 130 see page

Psalms for Saturday

Either

Psalm 119.153-176

- 153 Consider my affliction and deliver me: for I do not forget your law.
- 154 Plead my cause and win my release: true to your promise give me life.
- 155 Salvation is far from the wicked: for they give no heed to your statutes.
- 156 Great is your compassion O Lord: give me life by your decrees.
- 157 Many are those who persecute me and trouble me:
 - yet I do not swerve from your instruction.

- 158 I looked at the faithless with loathing: because they do not keep your commandments.
- 159 Consider O Lord how I love your precepts: and in your steadfast love preserve my life.
- 160 The sum of your words is truth: and all your just decrees endure for ever.
- 161 Princes oppress me without any cause: but my heart stands in awe of your word.
- 162 I rejoice at your promise: as one who finds great spoil.
- 163 Lies I hate and detest: but your law is the thing that I love.
- 164 Seven times a day I praise you: for the justice of your decrees.
- 165 Great is the peace of those who love your law: and nothing shall make them stumble.
- 166 Lord I have waited for your saving help: and I have fulfilled your commandments.
- 167 From my heart I have obeyed your instruction: and I have loved it deeply.
- 168 I have kept your precepts and commands: for all my ways are open before you.
- 169 Let my cry come before you O Lord: give me understanding according to your word.
- 170 Let my supplication come before you: save me according to your word.
- 171 My lips shall pour forth your praise: because you have taught me your statutes.
- 172 My tongue shall sing of your word: for all your commandments are just.
- 173 Let your hand be ready to help me: for I have chosen your precepts.
- 174 Lord I long for your saving help: and your law is my delight.
- 175 Let me live, that I may praise you: and let your judgments be my support.
- 176 I have gone astray like a sheep that is lost: O seek your servant,
 - for I do not forget your commandments.

Or

Psalm 131 Psalm 133 *see page*

Each psalm or group of Psalms may end with:

Glory . . .

for the reading(s), response, collect, and blessing use the **seasonal** sections which follows, or use the **thematic** sections, arranged according to the days of the week, which are printed after the seasonal ones, or the following

THE READING(S)

From the rising of the sun to its setting my name shall be great among the nations, and in every place incense shall be offered to my name, and a pure offering; for my name shall be great among the nations, says the Lord of hosts. *Malachi 1.11*

THE RESPONSE

THE PRAYERS THE COLLECT

THE COLLECT

Blessed Saviour, at this hour you hung upon the cross, stretching our your loving arms; grant that all the peoples of the earth may be drawn to your uplifted love; for your kingdom's sake. **Amen.**

THE LORD 'S PRAYER

Jesus, remember us in your kingdom and teach us to pray, Our Father . . .

THE BLESSING

May God's blessing remain with us. Amen.

Advent

READING In those days John the Baptist appeared in the wilderness of Judea, proclaiming, "Repent, for the kingdom of heaven has come near." *Matthew 3.1-2*

THE RESPONSE
Behold, I send my messenger to prepare my way before me.
And the One whom you seek will suddenly come to God's temple.
Who can endure the day of God's coming?
And who can stand when the Most High appears?
For God is like a refiner's fire and like fuller's soap
And shall sit as a refiner of silver

and purify the offspring of Levi.

Who can endure the day of God's coming

and who can stand when the Most High appears?

As for me, I will look to the Most High,

I will wait for the God of my salvation.

THE COLLECT God of hope, when your Son appears may he not find us asleep or idle, but active in his service and ready...

THE BLESSING May Christ coming bless us. **Amen.**

Christmas

READING

In the beginning was the Word, and the Word was with God, and the Word was God. And the Word became flesh and lived among us, and we have seen the Word's glory, full of grace and truth. *John 1.1, 14*

THE RESPONSE

That which we heard from the beginning,
Which we saw with our own eyes and touched with our hands,
The Word of life, which was from the beginning,
We now proclaim to you.
The darkness is passing away
And the true light is already shining.
God is our light, in whom there is no darkness at all.
If we walk in the light, we have fellowship with Christ.

THE COLLECT Son of God, Child of Mary, born in the stable at Bethlehem, be born again in us this day that through us the world may know the wonder of your love . . . THE BLESSING May Christ dwell in our hearts by faith. **Amen.**

Epiphany

READING

Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. *Matthew 11.25-27*

nim. Matthew 11.25-

THE RESPONSE

Let us keep the unity of the Spirit in the bond of peace,

For there is one body and one Spirit,

one hope of our calling.

There is one Lord, one faith, one baptism,

One God and Father of all.

Grace was given to each of us

According to the measure of the gift of Christ.

Christ gave some to be apostles, some prophets,

evangelists, pastors and teachers,

For building up the body of Christ.

Until we all attain to the unity of the faith,

To the knowledge of the Son of God.

No longer shall we be children, but fully mature,

Measured by the stature of the fullness of Christ.

THE COLLECT

O God, by the leading of a star you revealed your Son Jesus Christ to the gentiles; grant that your Church may be a light to the nations, so that the whole world may come to see the splendour of your glory through Jesus Christ our Lord. . .

THE BLESSING May we be Christ's light to the world. **Amen.**

Lent

READING
It was about noon, and darkness came over the whole land until three in the afternoon, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, "Father, into your hands I commend my spirit." Having said this, he breathed his last. When the centurion saw what had taken place, he praised God and said, "Certainly this man was innocent." *Luke 23.44-47*

THE RESPONSE
The preaching of the cross is folly to those who are perishing,
But to those who are being saved, it is the power of God.
To those who are called,
Christ is the power of God and the wisdom of God.
For the folly of God is wiser than human wisdom,
And the weakness of God is stronger than human strength.
We adore you, O Christ, and we bless you;
Because by your holy cross, you have redeemed the world.

THE COLLECT Jesus, crucified and risen, you have turned a criminal's cross into release and reconciliation. Let us who are marked with the cross be not ashamed to witness to you . . .

THE BLESSING May Christ crucified draw us to himself. **Amen.**

Easter

READING

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, "All

authority in heaven and on earth have been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, and teaching them to obey everything that I have

commanded you. And remember, I am with you always, to the end of the age. Matthew 28.16-20 THE RESPONSE Blessèd are you, O God: Father, Son and Holy Spirit; We give you praise and honour for ever. For you have loved us from all eternity, And remembered us when we were in trouble. Blessèd are you, Lord Jesus Christ, Who, for our salvation, came down from heaven. By the power of the Holy Spirit, You became incarnate of the Virgin Mary. You loosed us from our sins by your own blood: And on the third day rose from the dead. You ascended up on high, And opened wide for us the everlasting doors. You are seated at the right hand of the Father And ever live to intercede for us. Blessèd are you, O God: Source of all being, eternal Word and Spirit of life; We give you praise and honour for ever.

THE COLLECT Christ, you are risen from the dead. We are risen with you. May our life never deny this eternal life, this peace and hope and joy. Praise and glory to the God of life who is stronger than all kinds of death. Alleluia.

THE BLESSING May the risen Christ bless us. **Amen.**

Pentecost

READING

For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Sprit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and

joint heirs with Christ - if, in fact, we suffer with him so that we may also be glorified with him. Romans 8.14-17 THE RESPONSE You are not in the flesh but in the Spirit Since the Spirit of God dwells in you. If Christ lives in you, though the body is dead because of sin, The Spirit is alive because of righteousness. If the Spirit of God who raised up Jesus from the dead lives in you God will give life to your mortal bodies also, through the Spirit which lives in you. For you are not in the flesh, But in the Spirit. THE COLLECT

God of power, may the boldness of your Spirit transform us, may the gentleness of your Spirit lead us, may the gifts of your Spirit be our goal and our strength now and always . . .

THE BLESSING May the Spirit of truth bless us. Amen.

All Saints' to Advent

READING

When the goodness and loving kindness of God our Saviour appeared, God saved us, not because of any works of righteousness that we had done, but according to God's mercy, through the water of rebirth and renewal by the Holy Spirit. This Spirit God poured out on us richly through Jesus Christ our Saviour, so that, having been justified by Christ's grace, we might become heirs according to the hope of eternal life. *Titus 3.4-7*

THE RESPONSE Awake, O sleeper, and arise from the dead, **And Christ shall give you light.** If you have been raise with Christ, seek the things that are above, Where Christ is,

who is seated at the right hand of God. Set your mind on things that are above, Not on things that are on the earth. You have died, And your life is hid with Christ in God. When Christ who is our life shall appear, Then you will appear with Christ in glory. Awake, O sleeper, and arise from the dead, And Christ shall give you light.

THE COLLECT Eternal God, you have always taken men and women of every nation, age and colour and made them saints; like them, transformed, like them, baptized in Jesus' name, take us to share your glory . . .

THE BLESSING May God give us grace to follow the saints in faith and hope and love. **Amen.**

Thematic section

Readings for Sunday (Creation and New Creation) Week

- 1: Gen 2.2-3 or Heb 4.9-11a; leisure & sabbath
- 2: Job 38.4-7 or Ps 68.15-16; the elements
- 3: Gen 1.24-25 or Job 39.19-25; animals
- 4: Matt 6.28-30 or Song of Songs 2.11-13; plants
- 5: Ps 19.1-4 or Rom 8.19-21; the universe
- 6: Gen 2.19-20 or Ps 8.4-8; stewardship over creation
- 7: Col 1.15-17 or Isa 55.12; harmony with creation

Or, the short reading:

Wisdom says: I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race. *Proverbs* 8.30-31

THE RESPONSE

The wolf shall live with the lamb, **The leopard lie down with the kid;** The calf and the lion together, **And a little child shall lead them.** They will not hurt or destroy **On all my holy mountain.** For the earth will be full of the knowledge of God **As the waters cover the sea.**

THE COLLECT

God, you have made our world and seen that it is good; grant to us, created to complete your work, the bright, delightful vision that makes us care for what we do

• • •

THE BLESSING

May God who made both heaven and earth bless us. **Amen.**

Readings for Monday (Communication and Cultures)

Week

- 1: Ps 96.1-3 or Dan 7.13-14; one world, one community
- 2: Rom 2.13-16 or John 4.19-24; other faiths
- 3: 2 Sam 18.24-27 or Isa 52.7-8; the media, propaganda & communication
- 4: Acts 8.26-29 or Acts 2.5-12; language, culture, race
- 5: Jonah 1.3-6 or Acts 27.4-12; transport: land, sea, & air
- 6: Exod 35.30-35 or 1 Sam 16.14-23; artists & creators
- 7: Wisd 7.15-17 or Luke 2.46-50; education

Or, the short reading:

The earth will be filled with the knowledge of the glory of God as the waters cover the sea. *Habakkuk 2.14*

THE RESPONSE

This the sign of the Covenant **That I make between myself and you.** I set my bow in the clouds **The sign of the covenant between us.** The Covenant between God and creation **And all that lives on the earth.** THE COLLECT God of revelation, whose mercy embraces all peoples and nations: tear down the walls which divide us, break open the prisons which hold us captive and so free us celebrate your beauty in all the earth; through Jesus, our Brother and our Redeemer. **Amen.**

THE BLESSING

May God kindle in us the fire of love. Amen.

Readings for Tuesday (Wealth and Work)

Week

1: Ps 65.9-13 or Luke 13.6-9; productivity

- 2: Deut 15.7-11 or Luke 12.42-48; the global economy
- 3: Deut 24.17-end or Luke 4.16-21; unemployment
- 4: Amos 4.9-10 or Gen 8.20-22; pollution
- 5: Judges 9.8-15 or Mark 10.42-45; use & abuse of power
- 6: Col 3.23-24 or 2 Thess 3.11-13; workers
- 7: Gen 3.17b-19 or Matt 11.27-30; overwork & stress

Or, the short reading:

God saw everything that he had made, and indeed, it was very good. Genesis 1.31a

THE RESPONSE Unless the Lord builds the house, **Those who build it labour in vain.** Unless the Lord defends the city, **The guard keeps watch in vain.** It is in vain that you rise up early **And go so late to rest.** Vain, also, to eat the bread of toil, **For God gives the beloved sleep.** The Lord will preserve you from all evil; Your Maker will guard your life. God will keep your going out and your coming in, **Now and for evermore.**

THE COLLECT God of grace and goodness, who made us body and spirit that our work and faith may be one: may we, by our life and worship, join in your labour to bring forth a new creation in justice, love and truth; through Jesus our Redeemer. **Amen.**

THE BLESSING May God bless the work of our hands. **Amen.**

Readings for Wednesday (Family and Community)

Week

- 1: Gen 1.27-28a or Song of Songs 7.10-13; marriage
- 2: Ruth 1.16-18 or 1 Sam 18.1-5; alternative life commitments
- 3: Luke 2.36-38 or Matt 19.10-12; being single
- 4: Mark 10.13-16 or 1 Sam 2.18-21; infancy, childhood, youth
- 5: Luke 2.41-45 or 2 Tim 1.2-5; parenthood
- 6: Eccles 12.1-8 or Gen 49.29-33; old age, bereavement
- 7: Gen 21.9-14 or Gen 44.25-31; broken families

Or, the short reading:

Whoever does the will of God is my brother and sister and mother. *Mark 3.35*

THE RESPONSE

I bow my knees before the Father **From whom every family takes its name.** May we be strengthened in our inner being **With power through the Holy Spirit.** May Christ dwell in our hearts by faith **As we are being rooted and grounded in love.** May we know the love of Christ that surpasses knowledge **And be filled with the fullness of God.**

THE COLLECT Loving God, from birth to death, you hold us in your hand: make us strong to bear each others burdens

and humble to share our own,

that as one family we may rest in your power and trust in your love; through Jesus Christ our Lord . . .

THE BLESSING May Christ dwell in our hearts by faith. **Amen.**

Readings for Thursday (Health and Healing)

Week

- 1: Phil 1.20-22 or Ps 139.13-15; our bodies
- 2: Job 3.20-26 or Mark 5.2-9; the sick: mental illness & depression
- 3: Isa 49.14-16 or Luke 1.39-45; birth: pregnancy, miscarriage, childlessness
- 4: Num 21.5-9 or Ecclus 38.1-8; medicine: the medical profession
- 5: Acts 16.27-29 or Luke 23.42-43; dying: suicide, terminal illness
- 6: Isa 35.3-6a or Matt 11.2-6; the disabled: physically, emotionally
- 7: Matt 8.1-3 or 2 Cor 4.16-18; the sick: chronic & short term

Or, the short reading:

Great crowds came to Jesus, bringing with them those who were lame and maimed, those who were blind, those who could not speak, and many others. They put them at Jesus' feet and he cured them.

Matthew 15.30 THE RESPONSE

Do not fear, for I have redeemed you,

I have called you by name; you are mine.

When you pass through the waters, I will be with you;

And when you pass through rivers,

they shall not overwhelm you.

When you walk through fire, you shall not be burned:

And the flame shall not consume you.

Do not fear, for I am with you,

I am the Holy One, your Savour.

THE COLLECT

Heal us, O God, from all afflictions and keep us steadfast in your love; bind up our wounds, raise us from death and lead us to fullness of life; through Jesus Christ our Saviour . . . THE BLESSING May Christ our redeemer give us healing and wholeness. **Amen.**

Readings for Friday (Caring for the Needy)

Week

- *1:* Gen 4.8-12 or Exod 1.8-14; victims of torture, slavery and violence
- 2: Luke 6.32-36 or Deut 15.7-10; helping organisations
- 3: Deut 24.10-15 or James 2.1-5; hungry & homeless
- 4: Exod 18.21-23 or Acts 9.36-38; the caring professions
- 5: Heb 13.3 or Ps 107.10-14; prisoners, the prison system
- 6: Gen 41.53-57 or 1 Sam 4.19-22; victims of famine & natural disaster
- 7: Gen 12.4-9 or Jer 29.4-7; minorities & immigrants

Or, the short reading:

Bear one another's burdens and in this way you will fulfil the law of Christ. *Galatians 6.2*

THE RESPONSE

Come, you that are blessèd of my Father, Inherit the kingdom prepared for you. I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me. I was sick and you took care of me, I was in prison and you visited me. As you did it to one of the least,

You did it to me.

THE COLLECT Merciful God, you loose the bonds of injustice and let the oppressed go free: give us the will to share our bread with the hungry and to give shelter to the homeless poor, for thus your glory shall be revealed; through Jesus Christ our Lord . . .

THE BLESSING May Christ our Saviour give us peace. Amen.

Readings for Saturday (Justice and Peace)

Week

- 1: Acts 17.24-28 or Eph 2.14-18; racial justice
- 2: Micah 4.3-4 or Luke 21.20-24; the arms race
- 3: Luke 24.5-10 or Gal 3.27-28; affirming equality
- 4: Dan 13.19-25 or 1 Cor 6.18-20; sexual violence: abusers & abused
- 5: Deut 26.5-11 or Mark 13.14-20; refugees
- 6: Matt 10.16-22 or James 4.1-3; conflict
- 7: 1 Peter 3.13-17 or Luke 23.8-12; prisoners of conscience

Or, the short reading:

In those days may righteousness flourish and peace abound, until the moon is no more. *Psalm 72.8*

THE RESPONSE

Blessèd are you who are poor,

For yours is the kingdom of heaven.

Blessèd are you who hunger now,

For you will be fed.

Blessèd are you who weep now,

For you will laugh.

Blessèd are you when people hate you,

and when they exclude you,

When they revile and defame you,

Rejoice in that day and leap for joy,

For surely your reward is great in heaven.

THE COLLECT

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O Divine Master,
grant that we may not so much seek to be consoled as to console,
to be understood as to understand;
to be love as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned
and it is in dying that we are born to eternal life. Amen.

THE BLESSING May God grant to the world, justice, truth and peace. **Amen.**

NIGHT PRAYER

THE PREPARATION

God grant us a quiet night and a perfect end. Amen E te whānau / My brothers and sisters, our help is in the name of the eternal God, who is making the heavens and the earth.

A period of silence follows, for reflection on the past day. Words of thanksgiving and / or penitence may be used; the following or some other. Dear God, thank you for all that is good, for our creation and our humanity, for the stewardship you have given us of this planet earth, for the gifts of life and of one another,

for your love which is unbounded and eternal.

Or: We repent the wrongs we have done:

Silence
We have wounded your love.
O God, heal us.
We stumble in the darkness.
Light of the world transfigure us.
We forget that we are your home.
Spirit of God, dwell in us.

Or: Holy God, holy and strong, holy and immortal: have mercy on us.

Eternal Spirit flow through our being and open our lips, **that our mouths may proclaim your praise.** Let us worship the God of love. **Alleluia, alleluia.**

A HYMN may be sung, the following or some other. Before the ending of the day, Creator of the world we pray, that you, with love and lasting light, would guard us through the hours of night.

From all ill dreams defend our eyes, from nightly fears and fantasies; redeem through us our evil foe, that we no lasting harm may know.

O wisest Guide, grant all we ask, fulfil in us your holy task, surround us with your love and care, and lead us on, your life to share.

The following, or the appropriate seasonal doxology: All praise to God, sustaining us, redeeming and transforming us, thanksgiving in eternity, all praise, beloved Trinity.

THE WORD OF GOD

THE PSALMODY One or more of the following psalms may be used. **Psalm for Sundays.**

Psalm 65

- A Version for New Zealand
- 1 Praise is your due O God in the holy city; promises made to you shall be fulfilled; prayer you always listen to.
- 2 You accept all who come to you with shame; sin would overwhelm us, but you wash it away.
- 3 Blest is anyone you choose to live with you; your house is an inspiration, a hallowed place.
- 4 You spread your justice, God our Saviour, across the world to the farthest oceans.
- 5 You have laid down the mountain ranges

and set them fast;

you make the seas calm

and the sounds peaceful;

you reconcile the peoples who dwell here.

6 So in this corner of the earth

we wonder at your deeds; at the meeting of east and west we sing your praise. 7 You water the land and make it flourish. from your own bursting river. 8 To provide our crops, you plough and irrigate the land, softening it with rain to make it fruitful; a record harvest is achieved, and the stores are overflowing, 9 The tussock land becomes pasture and the brown hills turn green; the paddocks are crowded with sheep and the plains thick with wheat; the world itself a canticle of praise.

Psalm for Mondays

Psalm 23

- 1 Dear God, you sustain me and feed me: like a shepherd you guide me.
- 2 You lead me to an oasis of green, to lie down by restful waters.
- 3 You refresh my soul for the journey, and guide me along trusted roads.
- 4 The God of justice is your name. Though I must enter the darkness of death, I will fear no evil.
- 5 For you are with me, your rod and staff comfort me.
- 6 You prepare a table before my very eyes, in the presence of those who trouble me.
- 7 You anoint my head with oil, and you fill my cup to the brim.
- 8 Your loving kindness and mercy will meet me every day of my life, and I will dwell in the house of my God for ever.

Psalm for Tuesdays Psalm 143

1 Hear my prayer O Lord:

in your faithfulness give heed to my pleading, And answer me in your righteousness. 2 Do you put your servant on trial: for in your sight no one living is innocent. 3 For my enemies have hunted me down, and beaten me to the ground: they have made me inhabit darkness, like those who have long been dead. 4 Therefore my spirit faints within me: and my heart is numb with grief. 5 Yet I remember times past, I think about all you have done: I meditate on the works of your hands. 6 I stretch out my hands to you: I thirst for you as a parched land thirsts for rain. 7 Make haste to answer me Lord, for my spirit is failing: do not hide your face from me, or I shall be like those who go down to the dead. 8 Let me hear of your steadfast love in the morning: for in you I have put my trust. 9 Show me the way I should walk in: for to you I lift up my soul. 10 Deliver me Lord from my enemies: for I have fled to you for refuge.

11 Teach me to do your will for you are my God: let your good spirit lead me on an even path.

12 Keep me safe O Lord for your name's sake: and for your righteousness' sake bring me out of trouble.

Psalm for Wednesdays

Psalm 91

1 Whoever dwells in the shelter of the Most High: and passes the night

under the shadow of the Almighty,

- 2 will say to the Lord,
 - "You are my refuge and my stronghold:
 - my God in whom I trust."
- 3 The Lord will free you

from the snare of the hunter:

and from the destroying pestilence.

- 4 The wings of the Most High will cover you,
 - and you will be safe

under the feathers of the Almighty: the faithfulness of the Lord will be vour shield and defence.

- 5 You will not be afraid of any terror by night: nor of the arrow that flies by day,
- 6 of the pestilence that stalks in darkness: nor of the plague that lays waste at noon.
- 7 A thousand may fall beside you, ten thousand at your right hand: but you will remain unscathed.
- 8 You have only to look with your eyes: to see the reward of the wicked.
- 9 Because you have said, 'The Lord is my refuge': and made the Most High your stronghold,
- 10 there shall no evil befall you: no plague shall come near your dwelling.
- 11 For the angels of God have been charged: To keep you in all your ways.
- 12 They shall bear you up in their hands: lest you should strike your foot against a stone.
- 13 You shall tread on the asp and the adder: The viper and the serpent you shall trample under foot.
- 14 Because they have set their love upon me I will deliver them:
 - I will uphold them because they know my name.
- 15 When they call to me I will answer:

I will be with them in trouble,

I will rescue them and bring them to honour.

16 With long life I will satisfy them: And show them my saving power.

Psalm for Thursdays

Psalm 121

1 I will lift up my eyes to the mountains, but where shall I find help?

- 2 From you alone, O God, does my help come, creator of the ever changing hills.
- 3 You will not let me stumble on the rough pathways, you care for me and watch over me

without ceasing.

- 4 I am sure that the Guardian of my people neither slumbers nor sleeps.
- 5 The God of all nations keeps watch, like a shadow spread over me.
- 6 So the sun will not strike me by day, nor the moon by night.
- 7 You will defend me in the presence of evil, you will guard my life.
- 8 You will defend my going out and my coming in, this night and always.

Psalm for Fridays

Psalm 88

- 1 O Lord my God, I call for help day by day: and I cry out to you by night.
- 2 Let my prayer enter into your presence: and turn your ear to my cry.
- 3 For my soul is full of trouble: and my life is on the brink of the grave.
- 4 I am counted among those who go down to the pit of death: I am a person quite drained of strength,
- 5 like one forsaken among the dead,
 like the slain in battle who lie in the grave:
 whom you remember no more,
 - cut off as they are from your care.
- 6 You have put me in the lowest abyss: In a place of darkness in the depths.
- 7 Your wrath lies heavy upon me: you overwhelm me with all your waves.
- 8 You have taken away my friends, and made me loathsome in their sight:
 - I am imprisoned and cannot escape.
- 9 My eyes grow dim with sorrow:

Lord I have called to you every day,

and stretched out my hands in prayer.

- 10 Do you work wonders for the dead: will the shades rise up to praise you?
- 11 Do they speak of your love in the grave: or of your faithfulness in the place of destruction?
- 12 Will your wonders be known in the darkness: or your saving help in the land of oblivion?
- 13 Yet Lord I cry to you: in the morning my prayer comes before you.
- 14 Lord why do you cast me off: why do you hide your face from me?
- 15 From my childhood I have suffered, and come near to death: helpless I have borne your terrors.
- 16 Your fury has swept down upon me: and your dread assaults have utterly crushed me.
- 17 They surround me like a flood all the day long: they close in on me from every side.
- 18 Friend and acquaintance

you have taken away from me: and my one companion is darkness.

Psalm for Saturdays

Psalm 4

- Answer me when I call, O God, for you are the God of justice. You set me free when I was hard-pressed: be gracious to me now and hear my prayers.
- 2 Men and women,
 - how long will you turn my glory to my shame? How long will you love what is worthless and run after lies?
- 3 Know that God has shown me such wonderful kindness:
 - when I call out in prayer, God hears me.
- 4 Tremble, admit defeat, and sin no more.
 - Look deep into your heart
 - before you sleep and be still.

5 Bring your gifts, just as you are, and put your trust in God. Many are asking, Who can make us content?
6 The light of your countenance has gone from us, O God. Yet you have given my heart more gladness than those

whose corn and wine and oil increase.

7 I lie down in peace and sleep comes at once, for in you alone, O God, do I dwell unafraid.

THE READING

You, Lord, are in the midst of us and we are called by your name; do not forsake us! *Jeremiah 14.9*

Or

Sundays:

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night; they need no light of lamp or sun, for God will be their light, and they will reign for ever and ever. *Revelation 22 4-5*

Mondays:

In returning and rest, you shall be saved; in quietness and trust shall be your strength. *Isaiah 30.15*

Tuesdays:

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

Matthew 11.28-30

Wednesdays:

Humble yourselves under the mighty hand of God, so that in due time you may be exalted. Cast all your anxiety on God, who cares for you.*1 Peter 5.6-7*

Thursdays:

Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith.

1 Peter 5.8-9

Fridays:

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep, we may live with him. *1 Thessalonians 5.9-10*

Saturdays:

A sabbath rest still remains for the people of God; for those who enter God's rest also cease from their labours as God did from his. Let us therefore make every effort to enter that rest. *Hebrews 4.9-11*

THE RESPONSORY may be said.

Into your hands, O God,

Into your hands, O God,	I commend my spirit.	(Alleluia! Alleluia!)
	I commend my spirit.	(Alleluia! Alleluia!)

For you have redeemed me, O God of truth and love. I commend my spirit. (Or Alleluia! Alleluia!)

Glory to the Father, and to the Son, and to the Holy Spirit: Into your hands, O God,

I commend my spirit. (Alleluia! Alleluia!)

Keep me, O God, as the apple of an eye;
Ko koe hei totara whakamarumaru möku;
hide me under the shadow of your wings.
huna ahau ki raro i öu parirau.

THE GOSPEL CANTICLE: THE NUNC DIMITTIS Refrain: ORDINARY DAYS Preserve us, O God, while waking, and guard us while sleeping, that awake we may watch with Christ,

and asleep may rest in your peace.

Or ON HOLY DAYS
 Alleluia. The Lamb who was slain
 has conquered. Alleluia.
 All who follow the Way will share in the victory. Alleluia, Alleluia.

SONG OF SIMEON Nunc Dimittis

+Praise be to God, I have lived to see this day. God's promise is fulfilled, and my duty done.

At last you have given me peace, for I have seen with my own eyes the salvation you have prepared for all nations a light to the world in its darkness, and the glory of your people Israel.

Glory be to God, sustaining, redeeming, sanctifying, as in the beginning, so now, and for ever. Amen.

The refrain is repeated after the canticle. **THE PRAYERS**

Intercessions and thanksgivings may be offered here, or at any point in this section.

THE COLLECT

Be our light in the darkness, Lord we pray, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. **Amen.**

Or

Sundays:

Almighty God, by triumphing over the powers of darkness Christ has prepared a place for us in the new Jerusalem; may we, who have this day given thanks for his resurrection, praise him in the eternal city of which he is the light; through Jesus Christ our Lord. **Amen.**

Mondays:

Be present, O merciful God, and protect us through the silent hours of this night, so that we who are wearied by the changes

and chances of this fleeting world, may rest upon your eternal changelessness; through Jesus Christ our Lord. **Amen.**

Tuesdays:

Look down, Lord, from your heavenly throne. Illuminate the darkness of this night with your celestial brightness, and from us, the children of light, banish for ever the deeds of darkness; through Jesus Christ our Saviour. **Amen.**

Wednesdays:

Visit this place, O Lord, we pray, drive far from it all the snares of the enemy; may your holy angels dwell with us and guard us in peace and may your blessing be always upon us; through Jesus Christ our Lord. **Amen.**

Thursdays:

Dear Lord, watch with those who wake or watch or weep tonight, and give your angels charge over those who sleep; tend your sick ones, rest your afflicted ones, shield you joyous ones, and all, for your loves sake. **Amen.**

Fridays:

O living God, in Jesus Christ you were laid in the tomb at this evening hour, and so sanctified the grave to be a bed of hope to your people. Give us courage and faith to die daily to our sin and pride, that even as this flesh and blood decays, our lives may grow in you, that at our last day our dying may be done so well that we live in you for ever.**Amen.**

Saturdays:

Come to visit us, O God, this night, so that by your strength we may rise with the new day to rejoice in the resurrection of your Son, Jesus Christ our Saviour. **Amen.**

THE LORD'S PRAYER *may be said* [As we come to the ending of the day, let us pray as our Redeemer has taught us:]

Our Father in heaven

A devotional ANTHEM may be sung here, or after the blessing.

THE BLESSING In peace, we will lie down and sleep; For you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus, For the night is at hand and the day is now past.

As the night-watch looks for the morning, **So do we look for you, O Christ.**

[Come with the dawning of the day And make yourself known in the breaking of the bread.]

SUNDAY:

To God the Creator, who loved us first and gave this world to be our home, to God the Redeemer, who loves us and by dying and rising pioneered the way of freedom, to God the Sanctifier, who spreads the divine love in our hearts, be praise and glory for time and for eternity. Amen.

MONDAY

O God, strengthen your servants with your heavenly grace, that we may continue yours for ever, and daily increase in your Holy Spirit more and more, until we come to your everlasting kingdom. **Amen.**

TUESDAY

Blessing, light, and glory surround us and scatter the darkness of the long and lonely night. Amen.

WEDNESDAY

Christ be within us to keep us, beside us to guard, before us to lead, behind us to protect, beneath us to support, above us to bless. **Amen.**

THURSDAY

God bless us and keep us, God's face shine on us and be gracious to us, and give us light and peace. **Amen.**

FRIDAY

O God of love and mercy,

grant us, with all your people, rest and peace. Amen.

SATURDAY

The blessing of God, the eternal goodwill of God, the shalom of God, the wildness and the warmth of God, be among us and between us, now and always. **Amen.**

The divine Spirit dwells in us, Kia noho te Wairua o te Runga Rawa ki a tätou.

Thanks be to God, Whakamoemititia a Ihowa.

ALTERNATIVES FOR THE SEASONS

Advent

Doxology

To you, O Christ, all glory be, Whose advent sets your people free; Whom, with the Father, we adore, And Holy Spirit, evermore.

Reading

"Therefore keep awake — for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake." *Mark 13.35-end*

Refrain

Come, O Lord,* and visit us in peace; let us rejoice before you with a perfect heart.

Collect

Stir up your power, O God, and come among us. Heal our wounds, calm our fears and give us peace; through Jesus our Redeemer. **Amen**

Blessing

Restore us again, O God of hosts, Show us the light of your countenance and we shall be saved. Bless and keep us, this night and always. **Amen**

Christmas

Doxology

Lord Jesus, King of heaven and earth: We praise you for your virgin birth; You are the Father's only Son, With God the Spirit, ever one.

Reading

In him was life and the life was the light of all people. The light shines in the darkness and the darkness did not overcome it. *John 1.4-5*

Refrain

Alleluia! * The Word was made flesh, alleluia! And dwelt among us. Alleluia! Alleluia!

Collect

We give you thanks, O God, for the gift to the world of our Redeemer; as we sing your glory at the close of this day, so may we know his presence in our hearts, who is our Saviour and our Lord, now and for ever. **Amen**

Blessing

May the love of the Word made flesh enfold us, his joy fill our lives, his peace be in our hearts; and the blessing of God be with us this night and always. **Amen**

Epiphany

Doxology

Your glory, Christ, is manifest; All peoples, Lord, by you are blest; Whom, with the Father, we adore, And Holy Spirit evermore.

Reading

The grace of God has appeared, bringing salvation to all. Titus 2.11

Refrain

Alleluia!* Christ the light of the world, alleluia! Has manifested his glory. Alleluia! Alleluia!

Collect

Sovereign of sovereigns and Ruler of rulers, making the true light to shine; be our light in the darkness now and evermore that with our lips and in our lives we may praise you; for you are our God, now and for ever. **Amen**

Blessing

May the living waters of Christ cleanse us, may the Spirit descend upon us, and the blessing of God be with us this night and always. **Amen**

Lent

Doxology

Grant, ever blessèd Trinity, and ever perfect Unity, That this, our fast of forty days, May work our profit and your praise.

Reading

Is not this the fast that I choose; to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover them and not to hide yourself from your own kin? *Isaiah* 58 6-7

Refrain

Christ died for us,* so that, whether we wake or sleep, we might live with him.

Collect

Almighty God, may we, by the prayer and discipline of Lent, enter into the mystery of Christ's sufferings; that by following in the Way, we may come to share in the glory; through Jesus Christ our Lord. **Amen**

Blessing

May God bless us, that in us may be found love and humility obedience and thanksgiving, discipline, gentleness and peace. Amen

Passiontide

Doxology

To you, O saving Three in One, Let homage due by all be done; And grant us, by the cross restored, To share the Victor's great reward.

Reading

On that day, I will pour out on my people a spirit of compassion so that, when they look on the one whom they have pierced, they shall mourn for him, as one mourns for an only child, and weep bitterly over him, as one weeps over a first-born. *Zechariah 12. 8,10*

Refrain Christ himself bore our sins in his body on the tree,* that we might die to sin and live to righteousness.

Collect

Almighty God, as we stand at the foot of the cross of your Son, help us to see and know your love for us, so that in humility, love and joy we may place at his feet all that we have and all that we are; through Jesus Christ our Saviour. Amen

Blessing

The Lord bless us and watch over us, the Lord make his face shine upon us and be gracious to us, the Lord look kindly on us and give us peace. Amen

Easter

Doxology

All praise be yours, O risen Lord, From death to endless life restored; Whom, with the Father, we adore And Holy Spirit evermore.

Reading

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night; they need no light of lamp or sun, for God will be their light, and they will reign for ever and ever. *Revelation 22. 4-5*

Refrain

Alleluia!* The Lord is risen, alleluia! as he promised to you. Alleluia! Alleluia!

Collect

God, through the mighty resurrection of your Son, Jesus Christ, you have delivered us from the power of darkness and brought us into the kingdom of your love: grant that as he was raised from the dead so we may walk in newness of life and seek those things which are above; where with you, Father, and the Holy Spirit, he is alive and reigns, now and for ever. **Amen**.

Blessing

May the risen Lord Jesus watch over us and renew us as he renews the whole of creation. May our hearts and lives echo his love. **Amen.**

Pentecost

Doxology

To God the Father, God the Son, And God the Spirit praise be done: May Christ the Lord upon us pour The Spirit's gift for evermore.

Reading

I will pour out my spirit on all flesh; your sons and your daughters shall prophesy. The old shall dream dreams and the young see visions. *Joel 2.28*

Refrain

Alleluia!* The Holy Spirit, the Advocate, alleluia! shall teach you all things. Alleluia! Alleluia!

Collect

Be present, Spirit of God, within us, your dwelling place and home, that this place may be one where all darkness is penetrated by your light, all troubles calmed by your peace, all evil redeemed by your love, all pain transformed in your suffering and all dying glorified in the risen life of our Saviour, Jesus Christ. **Amen**

Blessing

May the Holy Spirit of God bless and sanctify us so that we may be consecrated in the truth. **Amen.**

All Saints' to Advent

Doxology

O Father, that we ask be done Through Jesus Christ, your only Son; And Holy Spirit, by whose breath Our souls are raised to life from death.

Reading

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and the God of peace will be with you. *Philippians 4. 8*

Refrain O King most blessèd,* on the day of judgement number us among your chosen.

Collect

O God, who in the work of creation commanded the light to shine out of darkness: we pray that the light of the glorious gospel of Christ may shine into the hearts of all your people, dispelling the darkness of ignorance and unbelief and revealing to them the knowledge of your glory in the face of Jesus Christ our Lord. **Amen**

Blessing

May God's love surround us, God's joy fill our lives, God's peace be in our hearts, and God's blessing be with us this night and always. **Amen.**

Additional Songs of Praise

	0
Α	THE LOVE OF GOD
1	E te whānau, let us love one another:
	for love is from God.
2	Those who love are born of God and know God:
	but those who do not love
	know nothing of God; for God is love.
3	Those who dwell in love:
	are dwelling in God and God in them.
4	There is no room for fear in love:
	love which is perfected banishes fear.
5	We love because God first loved us:
	if anyone who hates another
	says, 'I love God,' that person is a liar.
6	If we do not love those whom we have seen:
	it cannot be that we love God whom we have not seen.
7	This commandment we have from God:
	that those who love God
	must also love their neighbour.
	1 John 4.7, 8, 16, 18-21

Glory to ...

B THE STEADFAST LOVE OF THE LORD

- 1 The steadfast love of the Lord never ceases: God's mercies never come to an end;
- 2 they are new every morning: your faithfulness O Lord is great.
- 3 You are all that I have: and therefore I will wait for you.
- 4 You Lord are good to those who wait for you: to all those who seek you.
- 5 It is good to wait in patience: for the salvation of the Lord.

Lamentations 3:22-26

Glory to ...

C A SONG OF CREATION — BENEDICITE

- 1 Let the whole creation bless the Lord: praise and exalt our God for ever.
- 2 Bless the Lord you heavens: praise and exalt our God for ever.
- 3 Bless the Lord you angels of the Lord: bless the Lord all you heavenly hosts;

(verses 4 - 17 may be omitted)

- 4 bless the Lord you waters above the heavens: praise and exalt our God for ever.
- 5 Bless the Lord sun and moon: bless the Lord you stars of heaven;
- 6 bless the Lord all rain and dew: praise and exalt our God for ever.
- 7 Bless the Lord all winds that blow: bless the Lord you fire and heat;
- 8 bless the Lord scorching wind and bitter cold: praise and exalt our God for ever.
- 9 Bless the Lord dews and falling snow: bless the Lord you nights and days;
- 10 bless the Lord light and darkness: praise and exalt our God for ever.
- 11 Bless the Lord frost and cold: bless the Lord you ice and snow;
- 12 bless the Lord lightnings and clouds: praise and exalt our God for ever.
- 13 O let the earth bless the Lord: bless the Lord you mountains and hills;
- 14 bless the Lord all that grows in the soil: praise and exalt our God for ever.
- 15 Bless the Lord you springs of water: bless the Lord you seas and rivers;
- 16 bless the Lord you whales and all that swim in the waters: praise and exalt our God for ever.
- 17 Bless the Lord all birds of the air: bless the Lord you beasts and cattle;
- 18 bless the Lord all you dwellers on earth: praise and exalt our God for ever.
- 19 Bless the Lord you people of God: bless the Lord you priests of the Lord;
- 20 bless the Lord you servants of the Lord: praise and exalt our God for ever.
- 21 Bless the Lord all you that are upright in spirit: bless the Lord

you that are holy and humble in heart.

22 Let us bless the Father, the Son and the Holy Spirit: praise and exalt our God for ever.

Song of the Three Young Men, 35-65

D **PRAYER OF MANASSEH** *(especially suitable in Lent)* 1 O Lord almighty and God of our ancestors: you made the heavens and the earth in their glorious array. 2 All things quake with fear at your presence: and tremble because of your power. 3 But your merciful promise is beyond all measure: it surpasses all that our minds can fathom. 4 Lord you are full of compassion: long-suffering, and abounding in mercy. 5 And now O Lord I humble my heart: and make my appeal, sure of your gracious goodness. 6 For you O Lord are the God of the penitent: and in me you will show forth your goodness. 7 Unworthy as I am you will save me: and so I will praise you continually, all the days of my life. 8 For all the host of heaven sing your praises: and your glory is for ever and ever. Glory to ...

E THE SONG OF SIMEON — NUNC DIMITTIS

- 1 Lord now you let your servant go in peace: your word has been fulfilled.
- 2 My own eyes have seen the salvation: which you have prepared in the sight of every people,
- 3 a light to reveal you to the nations: and the glory of your people Israel.

Glory to ...

F THE EASTER ANTHEMS

- 1 Christ our passover lamb has been sacrificed: therefore let us keep the feast,
- 2 not with the old leaven, the leaven of corruption and wickedness: but with the unleavened bread of sincerity and truth.
- 3 Christ being raised from the dead

Luke 2.29-32

will never die again:

death no longer has dominion over him.

- 4 The death he died, he died to sin once for all: but the life he lives, he lives to God.
- 5 So you also must consider yourselves dead to sin: and alive to God in Jesus Christ.
- 6 Christ has been raised from the dead: the first fruits of those who have fallen asleep.
- 7 For as by a man came death: by a man has come also the resurrection of the dead.
- 8 For as in Adam all die: so also in Christ shall all be made alive. 1 Corinthians 5.7, 8; Romans 6.9-11; 1 Corinthians 15.20-22

Glory to ...

G THE SONG OF THE CHURCH — TE DEUM LAUDAMUS

- 1 We praise you O God: we acclaim you as the Lord.
- 2 All creation worships you: the Father everlasting.
- 3 To you all angels, all the powers of heaven: cherubim and seraphim, sing in endless praise,
- 4 'Holy, holy, holy Lord, God of power and might: heaven and earth are full of your glory.'
- 5 The glorious company of apostles praise you: the noble fellowship of prophets praise you, the white-robed army of martyrs praise you.
- 6 Throughout the world the holy Church acclaims you: Father, of majesty unbounded,
- 7 your true and only Son, worthy of all worship: and the Holy Spirit, our advocate and guide.
- 8 You Christ are the king of glory: the eternal Son of the Father.
- 9 When you became incarnate to set us free: you humbly accepted the Virgin's womb.
- 10 You overcame the sting of death: and opened the kingdom of heaven to all believers.
- 11 You are seated at God's right hand in glory: we believe that you will come and be our judge.
- 12 Come then Lord and help your people:
bought with the price of your own blood,

13 and bring us with your saints: to glory everlasting. The Song of the Church may end with the following verses. 14 Save your people Lord, and bless your inheritance: govern and uphold them now and always. 15 Day by day we bless you: we praise your name for ever. 16 Keep us today Lord from all sin: have mercy on us Lord, have mercy. 17 Lord show us your love and mercy: for we put our trust in you. 18 In you Lord is our hope: let us not be confounded at the last. Η A SONG OF CHRIST'S GOODNESS Gather your little ones to you, O God,* *Refrain:* as a hen gathers her brood to protect them. 1 Jesus, as a mother you gather your people to you;* you are gentle with us as a mother with her children. 2 Often you weep over our sins and our pride,* tenderly you draw us from hatred and judgement. 3 You comfort us in sorrow and bind up our wounds,* in sickness you nurse us and with pure milk you feed us. 4 Jesus, by your dying, we are born to new life;* by your anguish and labour we come forth in joy. 5 Despair turns to hope through your sweet goodness;* through your gentleness, we find comfort in fear. Your warmth gives life to the dead,* 6 your touch makes sinners righteous. 7 Lord Jesus, in your mercy, heal us;* in your love and tenderness, remake us. 8 In your compassion, bring grace and forgiveness,*

for the beauty of heaven, may your love prepare us. Anselm of Canterbury Glory to . . . Ι A SONG OF BROTHER SUN Altissimu, onnipotente, bon Signore 1 Most High, all powerful, good Lord,* to you be praise, glory, honour and blessing. 2 Only to you, Most High, do they belong* and no one is worthy to call upon your name. 3 May you be praised, my Lord, with all your creatures, especially brother sun,* through whom you lighten the day for us. He is beautiful and radiant 4 with great splendour;* he signifies you, O Most High. 5 Be praised, my Lord, for sister moon and the stars:* clear and precious and lovely, they are formed in heaven. 6 Be praised, my Lord, for brother wind and by air and clouds, clear skies and all weathers,* by which you give sustenance to your creatures. Be praised, my Lord, for sister water,* 7 who is very useful and humble and precious and pure. 8 Be praised, my Lord, for brother fire, by whom the night is illuminated for us:* he is beautiful and cheerful, full of power and strength. 9 Be praised, my Lord, for sister, our mother earth, who sustains and governs us* and produces diverse fruits and coloured flowers and grass. Be praised, my Lord, by all those 10 who forgive for love of you* and who bear weakness and tribulation. 11 Blessèd are those who bear them in peace:* for you, most High, they will be crowned.

12 Be praised, my Lord, for our sister, the death of the body,* from which no one living is able to flee; woe to those who are dying in mortal sin. 13 Blessèd are those who are found doing your most holy will,* for the second death will do them no harm. Praise and bless my Lord and give him thanks* 14 and serve him with great humility. A SONG OF BROTHER SUN — Metrical version J Altissimu, onnipotente, bon Signore 1 Most High, omnipotent, good Lord, To you be ceaseless praise outpoured, And blessing without measure; From you alone all creatures came; No one is worthy you to name. 2 My Lord be praised by Brother Sun, Who through the skies his course does run, And shines in brilliant splendour; With brightness he does fill the day, And signifies your boundless sway. 3 My Lord be praised by Sister Moon, And all the stars that with her soon Will point the glitt'ring heavens. Let wind and air and cloud and calm, And weathers all, repeat the psalm. By sister Water, then be blest 4 Most humble, useful, precious, chaste. Be praised by Brother fire: Cheerful is he, robust and bright, And strong to lighten all the night. By Mother Earth my Lord be praised; 5 Governed by you, she has upraised What for our life is needful. Sustained by you through every hour, She brings forth fruit and herb and flower. 6 My Lord be praised by those who prove In free forgiveness their live, Nor shrink from tribulation. Happy, who peaceably endure: With you, Lord, their reward is sure.

Francis of Assisi

7	By Death, our Sister, praisPd,
	From whom no one alive can flee.
	Woe to the unpreparPd! But blest be those who do your will
	But blest be those who do your will
	And follow your commandments still.

8 Most High, omnipotent, good Lord, To you be ceaseless praise outpoured And blessing without measure. Let every creature thankful be And serve in great humility.

Based on Francis of Assisi

Κ	A SONG OF MERCY AND GRACE
Refrai	<i>n:</i> God is the light and the grace ,*
	which is all bless∏d love.
1	Jesus is our true mother,*
	the protector of the love which knows no end.
•	
2	We have our being from Jesus,*
	where the foundation of motherhood begins.
3	Cod revealed that in all things *
0	God revealed that in all things,* as truly as God is our father
	so truly God is our mother.
4	God is the power and goodness of fatherhood:*
	God is the wisdom and loving kindness of motherhood.
5	God is the Trinity and God is the Unity;*
	God is all our life;
(nature, mercy and grace.
6	God is the one who makes us to love,* and the endless fulfilling
	of all true desires.
7	For where the soul is highest and noblest,*
1	then it is humble and lowly.
8	God desired Christ to be our mother,
	our brother and our Saviour,*
	for God know us now
0	and loved us before time began.
9	In nature, Jesus is our true mother
	by our first creation,*
	and in grace by taking our created nature.
10	All the love of offering and sacrifice

of belov Π d motherhood,* are in Christ our Belov Πd . For in Jesus we have this godly will,* 11 both in nature and in grace. Julian of Norwich Glory to . . . God is the light and the grace,* which is all bless Πd love. L A SONG OF TRUE MOTHERHOOD Christ came in our poor flesh* *Refrain:* to share a mother's care. God chose to be our mother in all things* 1 and so made the foundation of his work, most humbly and most pure, in the Virgin's womb. God, the perfect, wisdom of all,* 2 arrayed himself in this humble place. Christ came in our poor flesh* 3 to share a mother's care. Our mothers bear us for pain and for death;* 4 our true mother, Jesus, bears us for joy and endless life. 5 Christ carried us within him in love and travail,* until the full time of his passion. And when all was completed 6 and he had carried us so for joy,* still all this could not satisfy the power of his wonderful love. 7 All that we owe is redeemed in truly loving God,* for the love of Christ works in us; Christ is the one whom we love. Glory to . . . *Julian of Norwich* Christ came in our poor flesh* to share a mother's care. Μ A SONG OF OUR TRUE NATURE Nature and grace are of one accord,* *Refrain:* for God is one in love, in nature and in grace. Christ revealed our frailty and our falling,* 1 our trespasses and our humiliations. 2 Christ also revealed his blessPd power,* his blessPd wisdom and love.

3 He protects us as tenderly and as sweetly when we are in greatest need;* he raises us in spirit and turns everything to glory and joy without ending. God is the ground and the substance, 4 the very essence of nature;* God is the true father and mother of natures. We are all bound to God by nature,* 5 and we are all bound to God by grace. And this grace is for all the world,* 6 because it is our precious mother, Christ. 7 For this fair nature was prepared by Christ for the honour and nobility of all,* and for the joy and bliss of salvation. Julian of Norwich Glory to . . . Nature and grace are of one accord,* for God is one in love, in nature and in grace. Ν AN INCLUSIVE VERSION OF JOHN'S PROLOGUE 1 In the beginning was the Word: and the Word was with God; 2 and the Word was God: the Word was in the beginning with God. All things came into being through the Word: 3 and without the Word not one thing came into being. 4 In the Word was life: and the life was the light of all people. The light shines in the deepest night: 5 and the night did not overcome it. 6 The Word was in the world, and the world came into being through the Word: yet the world did not know the Word. 7 The Word came to what the Word had made: and the Word's own people did not accept the Word. 8 But to all who received the Word, who believed in the name of the Word: power was given to become children of God. 9 Who were born, not of blood

or of the will of the flesh: or of any human will, but of God. 10 And the Word became flesh:

and lived among us, full of grace and truth.

- 11 We have seen the Word's glory: the glory as of a parent's only child.
- 12 From the fullness of the Child we have all received: grace upon grace. Glory to ... (Oxford "NT & Pss An Inclusive Version")

Benedictus, Magnificat, Te Deum and Nunc Dimittis follow in Māori Te Waiata a Hakaraia

Kia whakapaingia te Ariki, te Atua o Iharaira: kua titiro mai hoki ia, kua hoko i tāna iwi. A kua whakaarahia ake e ia he haona whakaora mo tātou: i roto i te whare o Rāwiri, o tāna pononga. Ko tāna hoki ia, i kōrerotia e te māngai o āna poropiti tapu: no te tīmatanga iho anō o te ao: Hei whakaora i a tātou i ō tātou hoa-whawhai: i te ringaringa anō hoki o te hunga katoa e kino ana ki a tātou; Hei whakaputa mo te mahi tohu ki ō tātou tūpuna: hei whakamahara ki tāna kawenata tapu; Ki te oati i oati ai ia ki a Aperahama: ki tō tātou tupuna. Kia tukua mai e ia ki a tātou he oranga i te ringaringa o tātou hoawhawhai: a kia mahi wehi kore atu ki a ia, I runga i te tapu, i te tika, ki tōna aroaro: i ngā rā katoa e ora ai tātou. A ko koe, e tama, ka karangatia ko te poropiti a te Runga rawa: e haere hoki koe i te aroaro o te Ariki, hei whakapai i ōna ara; Hei whakamātau i tōna iwi ki te whakaoranga: i ō rātou hara e murua ana; He mea hoki na te aroha, na te mahi tohu a tō tātou Atua: na reira hoki i puta mai ai te pūaotanga o runga ki a tātou, Hei whakamārama i te hunga e noho ana i te pouri, i te ātārangi hoki o te mate: hei whakatika i ō tātou waewae ki te huarahi o te rangimārie.

Ruka 1.68-79

Kia whakakorōriatia te Matua, te Tama: me te Wairua Tapu;

ko te ritenga ia i te tVmatanga, ā tēnei anō ināianei: ā ka mau tonu iho, ā āke āke. Āmine.

Te Waiata a te Puhi Tapu, a Meri	
Ka whakanui toku wairua i te Ariki:	
a e hari ana toku wairua ki te Atua,	
ki toku Kai-whakaora;	
Mōna i titiro ki te iti o tāna pononga:	
ta te mea hoki kātahi ahau ka kiia e ngā whakatupuran	ga katoa
e haere ake nei, he wahine hari.	
He nui hoki ngā mahi a te Mea Kaha ki ahau:	
a e tapu ana tōna ingoa.	
He mahi toĥu tāna ki te hunga e wehi ana ki a ia:	
ki tēnei whakatupuranga, ki tēnei whakatupuranga.	
Kua whakaputaina he kaha e ia, arā, e tōna ringaringa:	
nāna te hunga whakakake i marara ai i te	
whakaaro o ō rātou ngākau.	
Kua whakataka e ia te hunga kaha i ngā nohoanga:	
a whakateiteitia ake ana te hunga iti.	
Kua whakakiia e ia te hunga mate hiakai ki ngā mea pai:	
a tonoa kautia atu ana te hunga taonga.	
Kua tautokona e ia a Iharaira tāna pononga:	
he whakamaharatanga hoki ki tāna mahi tohu.	
Ki a Āperahama, rātou ko tāna whānau ake tonu atu:	
pērā hoki me tāna i kōrero ai ki ō tātou mātua.	
	Ruka 1.46 - 55
Kia whakakorōriatia te Matua, te Tama:	
me te Wairua Tapu;	
ko te ritenga ia i te tVmatanga, ā tēnei anō ināianei:	
ā ka mau tonu iho, ā āke āke. Āmine.	
Te Waiata a te Hāhi	
E whakapai atu ana mātou ki a koe, e te Atua:	
e whakaāe ana mātou ko koe anō a Īhowa.	
E koropiko ana te whenua katoa ki a koe:	
e te Matua ora tonu.	
E kaha ana te karanga a ngā Anahera katoa ki a koe:	
a ngā Rangi, me o reira Kaha katoa.	
Hono tonu te karanga a ngā Kerupima:	
a ngā Herapima, ki a koe,	
Tapu, Tapu, Tapu rawa:	
e Ihowa, e te Atua o ngā Mano tuauriuri, whāioio;	

KV tonu te Rangi me te Whenua: i te Nui o tōu Korōria. E whakapai ana ki a koe ngā Apotoro: te hunga ingoa nui. E whakapai ana ki a koe: te huihuinga pai o ngā Poropiti. E whakapai ana ki a koe te ope ingoa nui: ngā tāngata i patua mo te whakapono. E whakaāe ana ki a koe: te Hāhi tapu puta noa i te ao; Ki te Matua: e hira rawa nei te korōria; Ki tāu Tama Kotahi: he pono ia, he ingoa nui; Ki te Wairua Tapu anō hoki: ki te Kai-whakamārie. Ko koe te KVngi ingoa nui: e te Karaiti. Ko koe te Tama ora tonu: a te Matua. I a koe i anga ki te whakaora i te tangata: kVhai koe i kino kia whānau i te Puhi. Anō ka taea e koe te wero o te mate: ka tūwhera i a koe te Rangatiratanga o te Rangi ki te hunga whakapono katoa. Kei te ringa matau o te Atua koe e noho ana: kei te Korōria o te Matua. E whakapono ana mātou, tērā koe e haere mai: hei Kai-whakarite whakawā mo mātou. Koia mātou ka inoi nei ki a koe kia whakakahangia āu pononga: i hokoa e koe ki ōu toto utu nui. Whakaurua rātou ki roto ki āu Tāngata tapu: ki te korōria mutunga kore. E Ihowa, whakaorangia tāu hunga: whakapaingia tāu Hāhi. Kawanatia rātou: whakaarahia, a, ake ake ake. I tēnei rā, i tēnei rā: e whakanui ana mātou ki a koe; E karakia ana mātou ki tōu Ingoa: āianei, a, ake ake ake.

Whakaāe mai, e Īhowa:
kia tiakina mātou āianei kei hara.
E Īhowa, tohungia mātou:
tohungia mātou.
E Īhowa, kia tau tōu atawhai ki runga ki a mātou:
e whakawhirinaki atu nei hoki mātou ki a koe.
E Īhowa, e whakawhirinaki atu ana ahau ki a koe:
aua ahau e tukua kia whakamā.

Te Waiata a Himiona

Kātahi, e te Ariki, ka tukua tāu pononga kia haere i runga i te rangimārie: ka pērā me tāu i kōrero ai: Ka kite nei hoki ōku kanohi: i tāu whakaoranga, Kua whakatakotoria nei e koe: ki te aroaro o ngā iwi katoa; Hei whakamārama e kite ai ngā tauiwi: hei korōria hoki mo tāu iwi, mo Iharaira.

Ruka 2.29-32

Kia whakakorōriatia te Matua, te Tama: me te Wairua Tapu;

ko te ritenga ia i te tVmatanga, ā tēnei anō ināianei: ā ka mau tonu iho, ā āke āke. Āmine.

Short Scripture Readings

Morning, Form 1, Sundays & Eastertide Week 1 & Sundays in Eastertide

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while the spirit of God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good. *Genesis 1.1-4a*

Week 2 & Mondays in Eastertide

We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus. Romans 6.9-11

Week 3 & Tuesdays in Eastertide

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Deuteronomy 26.1-3, 10

Week 4 & Wednesdays in Eastertide

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. Exodus 20.1-6

Week 5 & Thursdays in Eastertide

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory. Colossians 3.1-4

Week 6 & Fridays in Eastertide

I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures. But in fact Christ has been raised from the dead, the first fruits of those who have fallen asleep. For since death came through a human being, the resurrection of the dead has also come through a human being; for as all die in Adam, so all will be made alive in Christ. 1 Corinthians 15.3-4, 20-22

Week 7 & Saturdays in Eastertide

The LORD answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. Where were you when I laid the foundation of the earth? Who laid its cornerstone when the morning stars sang together and all the children of God shouted for joy? Have you entered into the springs of the sea, or walked in the recesses of the deep? Have the gates of death been revealed to you, or have you seen the gates of deep darkness? Have you comprehended the expanse of the earth? Declare, if you know all this." Job 38.1-4a, 6b-7, 16-18

Evening, Form 1, Sundays & Eastertide Week 1 & Sundays in Eastertide

Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!"

Mark 9.2-3, 7

Week 2 & Mondays in Eastertide

Thus says the Lord God: "I myself will be the shepherd of my sheep, and I will make them lie down, says the Lord GOD. I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak, but the fat and the strong I will destroy. I will feed them with justice." *Ezekiel* 34.15-16

Week 3 & Tuesdays in Eastertide

Jesus said, "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also." Matthew 6.19-21

Week 4 & Wednesdays in Eastertide

From now on we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! 2 Corinthians 5.16-17

Week 5 & Thursdays in Eastertide

Two of the disciples were going to a village called Emmaus, about seven miles from Jerusalem, and while they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight.

Luke 24.13, 15-16, 28-31

Week 6 & Fridays in Eastertide

Thus says the LORD, he who created you, O Jacob, he who formed you, O Israel: Do not fear, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. For I am the LORD your God, the Holy One of Israel, your Saviour. Isaiah 43.1-3a

Week 7 & Saturdays in Eastertide

Jesus said to Martha, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world." John 11.25-27

Morning, Form 2, Mondays & Pentecost

Week 1 & Sundays in Pentecost

God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth." So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, "Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth." Genesis 1.26-28

Week 2 & Mondays in Pentecost

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. Romans 5.1-5

Week 3 & Tuesdays in Pentecost

Moses said to God, 'If I come to the Israelites and say to them, "The God of your ancestors has sent me to you," and they ask me, "What is his name?" what shall I say to them?' God said to Moses, "I AM WHO I AM." He said further, 'Thus you shall say to the Israelites, "I AM has sent me to you." 'Exodus 3.13-14

Week 4 & Wednesdays in Pentecost

Moses said, "You shall put these words of mine in your heart and soul, and you shall bind them as a sign on your hand, and fix them as an emblem on your

forehead. Teach them to your children, talking about them when you are at home and when you are away, when you lie down and when you rise."

Deuteronomy 11.18-19

Week 5 & Thursdays in Pentecost

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Ephesians 3.14-19

Week 6 & Fridays in Pentecost There are varieties of gifts, but the same

There are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body — Jews or Greeks, slaves or free — and we were all made to drink of one Spirit. 1 Corinthians 12.4-7, 12-13

Week 7 & Saturdays in Pentecost

Job answered the LORD: 'I know that you can do all things, and that no purpose of yours can be thwarted. "Who is this that hides counsel without knowledge?" Therefore I have uttered what I did not understand, things too wonderful for me, which I did not know. "Hear, and I will speak; I will question you, and you declare to me." I had heard of you by the hearing of the ear, but now my eye sees you; therefore I despise myself, and repent in dust and ashes.' Job 42.1-6

Evening, Form 2, Mondays & Pentecost Week 1 & Sundays in Pentecost

Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

Mark 1.9-11

Week 2 & Mondays in Pentecost

The Lord said: I will pour out my spirit on all flesh; your sons and your daughters shall prophesy, your old men shall dream dreams, and your young men shall see visions. Even on the male and female slaves, in those days, I will pour out my spirit. Joel 2.28-29

Week 3 & Tuesdays in Pentecost

Jesus put before them another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches." *Matthew* 13.31-32

Week 4 & Wednesdays in Pentecost

Since we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit. 2 Corinthians 3.12-18

Week 5 & Thursdays in Pentecost

Jesus entered Capernaum and a centurion there had a slave whom he valued highly, and who was ill and close to death and he sent to ask Jesus to come and heal his slave. Jesus went and, when he was not far from the house, the centurion sent friends to say to him, "Lord, do not trouble yourself, for I am not worthy to have you come under my roof. But only speak the word, and let my servant be healed." When Jesus heard this he was amazed at him, and turning to the crowd that followed him, he said, "I tell you, not even in Israel have I found such faith." When those who had been sent returned to the house, they found the slave in good health.

From Luke 7.1-10

Week 6 & Fridays in Pentecost

"Now hear, O Jacob my servant, Israel whom I have chosen! Thus says the LORD who made you, who formed you in the womb and will help you: Do not fear, for I will pour water on the thirsty land, and streams on the dry ground; I will pour my spirit upon your descendants, and my blessing on your offspring. They shall spring up like a green tamarisk, like willows by flowing streams." Isaiah 44.1-4

Week 7 & Saturdays in Pentecost

Jesus said, "I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples." John 15.5, 7-8

Morning, Form 3, Tuesdays & Advent Week 1 & Sundays in Advent

The LORD said to Cain, "Where is your brother Abel?" He said, "I do not know; am I my brother's keeper?" And the LORD said, "What have you done? Listen; your brother's blood is crying out to me from the ground! And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand." Genesis 4.9-11

Week 2 & Mondays in Advent

You know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light. Put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. Romans 13.11-12, 14

Week 3 & Tuesdays in Advent

Moses and Aaron went to Pharaoh and said, 'Thus says the LORD, the God of Israel, "Let my people go, so that they may celebrate a festival to me in the wilderness."' But Pharaoh said, "Who is the LORD, that I should heed him and let Israel go? I do not know the LORD, and I will not let Israel go. Exodus 5.1-2

Week 4 & Wednesdays in Advent

Moses said, "Remember the long way that the LORD your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the LORD." Deuteronomy 8.2-3

Week 5 & Thursdays in Advent

Take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. Ephesians 6.13-18a

Week 6 & Fridays in Advent

All of you must clothe yourselves with humility in your dealings with one another, for "God opposes the proud, but gives grace to the humble." Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on God, because he cares for you. 1 Peter 5.5b-7

Week 7 & Saturdays in Advent

Elijah came to a cave, and spent the night there. Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. 1 Kings 19.9-13a

Evening, Form 3, Tuesdays & Advent Week 1 & Sundays in Advent

They brought to Jesus a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. *Mark* 7.32-35

Week 2 & Mondays in Advent

See, I am sending my messenger to prepare the way before me, and the Lord whom you seek will suddenly come to his temple. The messenger of the covenant in whom you delight — indeed, he is coming, says the LORD of hosts. But who can endure the day of his coming, and who can stand when he appears? Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years. Malachi 3.1-2a, 4

Week 3 & Tuesdays in Advent

Jesus said, 'You have heard that it was said, "You shall love your neighbour and hate your enemy." But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous.' Matthew 5.43-45

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Week 4 & Wednesdays in Advent

In Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. 2 Corinthians 5.19-20

Week 5 & Thursdays in Advent

John summoned two of his disciples and sent them to the Lord to ask, "Are you the one who is to come, or are we to wait for another?" When the men had come to him, they said, "John the Baptist has sent us to you to ask, 'Are you the one who is to come, or are we to wait for another?" Jesus answered them, "Go and tell John what you have seen and heard: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, the poor have good news brought to them. And blessed is anyone who takes no offence at me." *Luke* 7.18b-19, 22-23

Week 6 & Fridays in Advent

How beautiful upon the mountains are the feet of the messenger who announces peace, who brings good news, who announces salvation, who says to Zion, "Your God reigns." Listen! Your sentinels lift up their voices, together they sing for joy; for in plain sight they see the return of the LORD to Zion. Break forth together into singing, you ruins of Jerusalem; for the LORD has comforted his people, he has redeemed Jerusalem.

Isaiah 52.7-9

Week 7 & Saturdays in Advent

Jesus said, "I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly." John 10.9-10

Morning, Form 4, Wednesdays & Christmastide Week 1 & Sundays in Christmastide

God said to Noah, "I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth. This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth."

Genesis 9.11-13

Week 2 & Mondays in Christmastide

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. *Romans* 8.28-30

Week 3 & Tuesdays in Christmastide

Moses said, 'You shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous.

When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey." Deuteronomy 26.5-9

Week 4 & Wednesdays in Christmastide

Moses said, 'Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, "Who will go up to heaven for us, and get it for us so that we may hear it and observe it?" Neither is it beyond the sea, that you should say, "Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?" No, the word is very near to you; it is in your mouth and in your heart for you to observe.'

Deuteronomy 30.11-14

Week 5 & Thursdays in Christmastide

Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him. Colossians 3.16-17

Week 6 & Fridays in Christmastide

Come to Christ, a living stone, though rejected by mortals yet chosen and precious in God's sight, and like living stones, let yourselves be built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ. For it stands in scripture: "See, I am laying in Zion a stone, a cornerstone chosen and precious; and whoever believes in him will not be put to shame."

1 Peter 2.4-6

Week 7 & Saturdays in Christmastide

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs. *Hebrews 1.1-4*

Evening, Form 4, Wednesdays & Christmastide Week 1 & Sundays in Christmastide

Jesus said to his disciples, ""You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Mark 10.42-45

Week 2 & Mondays in Christmastide

The word of the LORD came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy." But the LORD said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you, Do not be afraid of them, for I am with you to deliver you," says the LORD. Jeremiah 1.4-8

Week 3 & Tuesdays in Christmastide

Jesus said, "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven." *Matthew* 5.14-16

Week 4 & Wednesdays in Christmastide

You know the generous act [grace] of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich.

2 Corinthians 8.9

Week 5 & Thursdays in Christmastide

Jesus said, "When you are invited by someone to a wedding banquet, do not sit down at the place of honour, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, 'Give this person your place,' and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, 'Friend, move up higher'; then you will be honoured in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted." Luke 14.8, 10-11

Week 6 & Fridays in Christmastide

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Isaiah 58.6-8

Week 7 & Saturdays in Christmastide

Jesus spoke to the Pharisees, saying, "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life." John 8.12

Morning, Form 5, Thursdays & Epiphanytide Week 1 & Sundays in Epiphanytide

The LORD said to Abraham, "I will surely return to you in due season, and your wife Sarah shall have a son." And Sarah was listening at the tent entrance behind him. Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. So Sarah laughed to herself, saying, "After I have grown old, and my husband is old, shall I have pleasure?" The LORD said to Abraham, "Why did Sarah laugh, and say, 'Shall I indeed bear a child, now that I am old?' Is anything too wonderful for the LORD? At the set time I will return to you, in due season, and Sarah shall have a son." Genesis 18.10-14

Week 2 & Mondays in Epiphanytide

How are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!" Romans 10.14-15

Week 3 & Tuesdays in Epiphanytide

Moses said, "You shall offer the passover sacrifice for the LORD your God, from the flock and the herd, at the place that the LORD will choose as a dwelling for his name. You must not eat with it anything leavened. For seven days you shall eat unleavened bread with it — the bread of affliction — because you came out of the land of Egypt in great haste, so that all the days of your life you may remember the day of your departure from the land of Egypt." Deuteronomy 16.2-3

Week 4 & Wednesdays in Epiphanytide

Moses said, "I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

Deuteronomy 30.19-20

Week 5 & Thursdays in Epiphanytide

As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise. Galatians 3.27-29

Week 6 & Fridays in Epiphanytide

You are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvellous light. Once you were not a people, but now you are God's people; once you had not received mercy, but now you have received mercy. 1 Peter 2.9-10

Week 7 & Saturdays in Epiphanytide

Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" 2 Kings 2.9-12a

Evening, Form 5, Thursdays & Epiphanytide Week 1 & Sundays in Epiphanytide

While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, "This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God." *Mark* 14.22-25

Week 2 & Mondays in Epiphanytide

"Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths. For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem. He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into ploughshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid; for the mouth of the LORD of hosts has spoken. For all the peoples walk, each in the name of its god, but we will walk in the name of the LORD our God forever and ever." Micah 4.2b-5

Week 3 & Tuesdays in Epiphanytide

Jesus said, "Everyone who hears these words of mine and acts on them will be like a wise man who built his house on rock. The rain fell, the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on rock. And everyone who hears these words of mine and does not act on them will be like a foolish man who built his house on sand. The rain fell, and the floods came, and the winds blew and beat against that house, and it fell — and great was its fall!"

Matthew 7.24-27

Week 4 & Wednesdays in Epiphanytide

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. 2 Corinthians 4.5-6

Week 5 & Thursdays in Epiphanytide

Jesus said to Simon, "Do you see this woman? I entered your house; you gave me no water for my feet, but she has bathed my feet with her tears and dried them with her hair. You gave me no kiss, but from the time I came in she has not stopped kissing my feet. You did not anoint my head with oil, but she has anointed my feet with ointment. Therefore, I tell you, her sins, which were many, have been forgiven; hence she has shown great love. But the one to whom little is forgiven, loves little." Luke 7.44-47

Week 6 & Fridays in Epiphanytide

The spirit of the Lord GOD is upon me, because the LORD has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the LORD's favour, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion — to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the LORD, to display his glory. Isaiah 61.1-3

Week 7 & Saturdays in Epiphanytide

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." John 6.51

Morning, Form 6, Fridays & Lent Week 1 & Sundays in Lent

Abraham bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the LORD called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." Genesis 22.9b-12

Week 2 & Mondays in Lent

While we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person

someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Romans 5.6-8

Week 3 & Tuesdays in Lent

The LORD said, "Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt." Exodus 12.3, 11-13

Week 4 & Wednesdays in Lent

Moses said, "When all these things have happened to you, the blessings and the curses that I have set before you, if you call them to mind among all the nations where the LORD your God has driven you, and return to the LORD your God, and you and your children obey him with all your heart and with all your soul, just as I am commanding you today, then the LORD your God will restore your fortunes and have compassion on you, gathering you again from all the peoples among whom the LORD your God has scattered you. Even if you are exiled to the ends of the world, from there the LORD your God will gather you, and from there he will bring you back." Deuteronomy 30.1-4

Week 5 & Thursdays in Lent

I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. *Galatians 2.19b-20*

Week 6 & Fridays in Lent

Whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. *Philippians 3.7-11*

Week 7 & Saturdays in Lent

I, Daniel, prayed to the Lord: "Now therefore, O our God, listen to the prayer of your servant and to his supplication, and for your own sake, Lord, let your face shine upon your desolated sanctuary. Incline your ear, O my God, and hear. Open your eyes and look at our desolation and the city that bears your name. We do not present our supplication before you on the ground of our righteousness, but on the ground of your great mercies. O Lord, hear; O Lord, forgive; O Lord, listen and act and do not delay! For your own sake, O my God, because your city and your people bear your name!" Daniel 9.17-19

Evening, Form 6, Fridays & Lent Week 1 & Sundays in Lent

When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" Then Jesus gave a loud cry and breathed his last. Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, "Truly this man was God's Son!" Mark 15.33-34, 37, 39

Week 2 & Mondays in Lent

Is it nothing to you, all you who pass by? Look and see if there is any sorrow like my sorrow, which was brought upon me, which the LORD inflicted on the day of his fierce anger. For these things I weep; my eyes flow with tears; for a comforter is far from me, one to revive my courage; my children are desolate, for the enemy has prevailed. Lamentations 1.12, 16

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Week 3 & Tuesdays in Lent

Jesus said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11.28-30

Week 4 & Wednesdays in Lent

The love of Christ urges us on, because we are convinced that one has died for all; therefore all have died. And he died for all, so that those who live might live no longer for themselves, but for him who died and was raised for them. 2 Corinthians 5.14-15

Week 5 & Thursdays in Lent

When the younger son came to himself he said, 'How many of my father's hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands."' So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Luke 15.17-20

Week 6 & Fridays in Lent

He was despised and rejected by others; a man of suffering and acquainted with infirmity; and as one from whom others hide their faces he was despised, and we held him of no account. Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. Isaiah 53.3-5

Week 7 & Saturdays in Lent

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away — and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep."

John 10.11-15

Morning, Form 7, Saturdays & All Saints to Advent Week 1 & Sundays in the Kingdom

Jacob dreamed that there was a ladder set up on the earth, the top of it reaching to heaven; and the angels of God were ascending and descending on it. And the LORD stood beside him and said, "I am the LORD, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring." Then Jacob woke from his sleep and said, "Surely the LORD is in this place — and I did not know it!" And he was afraid, and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven." Genesis 28.12-13, 16-17

Week 2 & Mondays from All Saints' to Advent

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. Romans 6.3-4

Week 3 & Tuesdays from All Saints' to Advent

The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, one did not come near the other all night. Exodus 14.19-20

Week 4 & Wednesdays from All Saints' to Advent

God said to Moses, "I will take you as my people, and I will be your God. You shall know that I am the LORD your God, who has freed you from the burdens of the Egyptians. I will bring you into the land that I swore to give to Abraham, Isaac, and Jacob; I will give it to you for a possession. I am the LORD." But Moses spoke to the LORD, "The Israelites have not listened to me; how then shall Pharaoh listen to me, poor speaker that I am?" Thus the LORD spoke to Moses and Aaron, and gave them orders regarding the Israelites and Pharaoh king of Egypt, charging them to free the Israelites from the land of Egypt. Exodus 6.7-8, 12-13

Week 5 & Thursdays from All Saints' to Advent

Since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart. In your struggle against sin you have not yet resisted to the point of shedding your blood. Hebrews 12.1-4

Week 6 & Fridays from All Saints' to Advent

Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus. Philippians 3.12-14

Week 7 & Saturdays from All Saints' to Advent

Job said, "Where shall wisdom be found? And where is the place of understanding? Mortals do not know the way to it, and it is not found in the land of the living. God understands the way to it, and he knows its place. For he looks to the ends of the earth, and sees everything under the heavens. And he said to humankind, 'Truly, the fear of the Lord, that is wisdom; and to depart from evil is understanding.'" Job 28.12-13, 23-24, 28

Evening, Form 7, Saturdays & All Saints to Advent Week 1 & Sundays from All Saints' to Advent

When evening had come, and since it was the day of Preparation, that is, the day before the sabbath, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. Mark 15.42-43, 46

Week 2 & Mondays from All Saints' to Advent

This is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

Jeremiah 31.33-34

Week 3 & Tuesdays from All Saints' to Advent

Jesus said, 'When the Son of Man comes in his glory, and all the angels with him, then he will sit on the throne of his glory. The king will say to those at his right hand, "Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me." ' Matthew 25.31, 34-36

Week 4 & Wednesdays from All Saints' to Advent

We do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal. 2 Corinthians 4.16-18

Week 5 & Thursdays from All Saints' to Advent

One of the criminals who were hanged there kept deriding Jesus and saying, "Are you not the Messiah? Save yourself and us!" But the other rebuked him, saying, "Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong" Then he said, "Jesus, remember me when you come into your kingdom." He replied, "Truly I tell you, today you will be with me in Paradise." Luke 23.39-43

Week 6 & Fridays from All Saints' to Advent

I will recount the gracious deeds of the LORD, the praise-worthy acts of the LORD, because of all that the LORD has done for us, and the great favour to the house of Israel that he has shown them according to his mercy, according to the abundance of his steadfast love. For he said, "Surely they are my people, children who will not deal falsely"; and he became their saviour in all their distress. It was no messenger or angel but his presence that saved them; in his love and in his pity he redeemed them; he lifted them up and carried them all the days of old. Isaiah 63.7-9

Week 7 & Saturdays from All Saints' to Advent

Jesus said to Thomas, "I am the way, and the truth, and the life. No one comes to the Father except through me. If you know me, you will know my Father also. From now on you do know him and have seen him." John 14.6-7

Alternate responses to readings

Morning, Form 1, Sundays & Eastertide

A RESPONSORY may be said:
Awake, O sleeper, and arise from the dead
And Christ shall give you light.
You have died, and your life is hid with Christ in God.
Awake, O sleeper, and arise from the dead.
Set your minds on things that are above, not on things that are on the earth.
And Christ shall give you light.
When Christ our life appears you will appear with him in glory.
Awake, O Sleeper, and arise from the dead, and Christ shall give you light.

Evening, Form 1, Sundays & Eastertide

A RESPONSORY may be said: The Lord is my light and my salvation; the Lord is the strength of my life.

The Lord is my light and my salvation; the Lord is the strength of my life.

The light shines in the darkness and the darkness has not overcome it. The Lord is the strength of my life

The Lord is the strength of my life.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: The Lord is my light and my salvation; the Lord is the strength of my life.

Morning, Form 2, Mondays & Pentecost

A RESPONSORY may be said:
Come, Holy Spirit, fill the hearts of your people,
And kindle in us the fire of your love.
All who are led by the Spirit of God are children of God and fellow-heirs with Christ;
Come, Holy Spirit, fill the hearts of your people.
Renew the face of your creation, Lord, pouring on us the gifts of the Spirit,
And kindle in us the fire of your love.
For the creation waits with eager longing for the glorious liberty of the children of God.
Come, Holy Spirit, fill the hearts of your people and kindle in us the fire of your love.

Evening, Form 2, Mondays & Pentecost

A RESPONSORY may be said:
When you send forth your Spirit, we are created: you renew the face of the earth.
When you send forth your Spirit, we are created: you renew the face of the earth.
O Lord, how manifold are your works: in wisdom you have made them all.
You renew the face of the earth.

Glory to God: Source of all being, Eternal Word, and Holy Spirit:

When you send forth your Spirit, we are created: you renew the face of the earth.

Morning, Form 3, Tuesdays & Advent

A RESPONSORY may be said:

Now is the time to awake out of sleep, For the night is far spent and the day is at hand.

Now is our salvation nearer than when we first believed,

for the night is far spent.

Let us therefore cast off the works of darkness and put on the armour of light, **For the day is at hand.**

Put on the Lord Jesus Christ and make no provision for the flesh, For the night is far spent and the day is at hand.

Evening, Form 3, Tuesdays & Advent

A RESPONSORY may be said. My soul is waiting for you, O Lord: in your word is my hope. My soul is waiting for you, O Lord: in your word is my hope.

There is forgiveness with you, therefore you shall be feared. In your word is my hope

In your word is my hope.

Glory to God: Source of all being, Eternal Word, and Holy Spirit:

My soul is waiting for you, O Lord:

in your word is my hope.

Morning, Form 4, Wednesdays & Christmastide

A RESPONSORY may be said. The Word of Life which was from the beginning, **We proclaim to you.**

The darkness is passing away and the true light is already shining:

The Word of Life which was from the beginning.

That which we heard, which we saw with our eyes and touched with our hands,

We proclaim to you.

For our fellowship is with the Father and with God's Son, Jesus Christ our Lord. The Word of Life which was from the beginning, we proclaim to you. Evening, Form 4, Wednesdays & Christmastide

A RESPONSORY may be said. Your salvation is near to those who fear you, that glory may dwell in our land. Your salvation is near to those who fear you, that glory may dwell in our land.

Mercy and truth have met together; righteousness and peace have kissed each other. **That glory may dwell in our land.**

I hat glory may dwell in our land.

Glory to God: Source of all being, Eternal Word, and Holy Spirit:

Your salvation is near to those who fear you, that glory may dwell in our land.

Morning, Form 5, Thursdays & Epiphanytide

A RESPONSORY may be said:

O worship the Lord in the beauty of holiness, **Let the whole earth stand in awe of God.**

Tell it out among the nations that the Lord is King, **O worship the Lord in the beauty of holiness**.

God's salvation has been openly shown to all people. **Let the whole earth stand in awe of God.**

Declare God's glory among the nations and God's wonders among all peoples. O worship the Lord in the beauty of holiness, let the whole earth stand in awe of God.

Evening, Form 5, Thursdays & Epiphanytide

A RESPONSORY may be said: Arise, shine, for your light has come; the glory of the Lord is rising upon you. Arise, shine, for your light has come; the glory of the Lord is rising upon you. God's salvation has been openly shown to all people. The glory of the Lord is rising upon you. Glory to God: Source of all being, Eternal Word, and Holy Spirit: Arise, shine, for your light has come;

the glory of the Lord is rising upon you.

Morning, Form 6, Fridays & Lent

A RESPONSORY may be said: To you, O Lord, I lift up my soul; O my God, in you I trust. To you, O Lord, I lift up my soul; O my God, in you I trust. You are the God of my salvation, in you I hope all the day long. O my God, in you I trust. Glory to God: Source of all being, Eternal Word, and Holy Spirit: To you, O Lord, I lift up my soul; O my God, in you I trust. Evening, Form 6, Fridays & Lent A RESPONSORY may be said. O Lord, do not forsake me; be not far from me, O my God. O Lord, do not forsake me; be not far from me, O my God. Make haste to help me, O Lord of my salvation. Be not far from me, O my God. Glory to God: Source of all being, Eternal Word, and Holy Spirit: O Lord, do not forsake me; be not far from me, O my God.

Morning, Form 7, Saturdays & All Saints to Advent A RESPONSORY may be said: I will sing for ever of your love, O Lord; my lips shall proclaim your faithfulness. I will sing for ever of your love, O Lord; my lips shall proclaim your faithfulness. The heavens bear witness to your wonders; My lips shall proclaim your faithfulness. Glory to God: Source of all being, Eternal Word, and Holy Spirit: I will sing for ever of your love, O Lord; my lips shall proclaim your faithfulness.

Evening, Form 7, Saturdays & All Saints to Advent *A RESPONSORY may be said:* Lord, you will guide me by your counsel and afterwards receive me with glory.

Lord, you will guide me by your counsel and afterwards receive me with glory.
For I am always with you; you hold me by my right hand. And afterwards receive me with glory.

Glory to God: Source of all being, Eternal Word, and Holy Spirit: Lord, you will guide me by your counsel and afterwards receive me with glory.

Additional Prayers & Litanies

SOME SHORT LITANIES

These are some suitable responses to use with the following litanies:

Lord, have mercy.	Lord, have mercy.
E te Ariki, kia aroha mai.	E te Ariki, kia aroha mai.
Kyrie eleison.	Kyrie eleison.
Christ, have mercy.	Christ, have mercy.
E te Karaiti, kia aroha mai.	E te Karaiti, kia aroha mai.
Christe eleison.	Christe eleison.
God of love	grant our prayer.
Lord, in your mercy	hear our prayer.
Maranatha! Com	e, Lord Jesus!

1 GENERAL

In the love of God, let us complete our evening sacrifice of praise.

For the unity and peace of the holy Church of God throughout the world: **R**.

For the peace and stability of all peoples and for those in authority: **R**.

For our own country and its national life and for all who dwell among us: **R**.

For a blessing on our homes, for our relations and friends and all whom we love: **R**.

For the sick and suffering

and for all who minister to their needs: **R**.

For all who sleep in Christ, that Christ will remember them in his heavenly kingdom: **R**.

Rejoicing in the fellowship of the bless?d Virgin Mary, (*Saint N.*) and all the saints, let us commend ourselves into the mighty hands of God: *Collect*

2 SUNDAY & EASTERTIDE

On this day that the Lord has made, let us give God the glory and pray for the people Christ has redeemed.

That we may live as those who believe in the triumph of the cross: **R**.

That all people may receive the good news of Christ's victory: **R**.

That those born to new life in the waters of baptism may know the power of Christ's resurrection: **R**.

That those who suffer pain and anguish may find healing and peace in the wounds of Christ: **R**.

That in the undying love of Christ, we may have union with all who have died: **R**.

Let us join our voices with the saints in proclaiming that Christ has given us the victory: *Collect*

3 MONDAY & PENTECOST

Through Christ, who ever lives to make intercession for us, let us pray to the Lord.

Lift up our hearts to the heavenly places and inspire us to serve you as a royal priesthood: **R**.

Let all people acknowledge your kingdom

and grant on earth the blessing of peace: **R**.

Send down upon us the gift of the Spirit and renew your Church with power from on high: **R**.

May peace abound and righteousness flourish, that we may tread underfoot injustice and wrong: **R**.

Help us to proclaim the good news of salvation, and grant us the needful gifts of your grace: **R**.

Rejoicing in the fellowship of the Church on earth, let us join our prayers with the saints in glory: *Collect*

4 TUESDAY, ADVENT & KINGDOM SEASON

Watchful at all times,

let us pray for strength to stand with confidence before our Maker and Redeemer.

That God may bring in the kingdom with judgement and mercy, let us pray to the Lord: **R**.

That God may establish among the nations a sceptre of righteousness, let us pray to the Lord: **R.**

That we may seek God in the scriptures and recognize Christ in the breaking of the bread, let us pray to the Lord: **R**.

That God may bind up the broken-hearted, restore the sick and raise up all who have fallen, let us pray to the Lord: **R**.

That the light of God's coming may dawn on all who live in darkness and in the shadow of death, let us pray to the Lord. **R**.

That with all the saints in light, we may shine forth as lights of the world, let us pray to the Lord: **R**. So we commend ourselves and all for whom we pray to the mercy and protection of our heavenly Father: *Collect*

5 WEDNESDAY & CHRISTMASTIDE

Let us give glory to God on high, from whose fullness we have received grace upon grace.

For the holy Church of God throughout the world, that with one heart we may rejoice in the Word made flesh, let us pray to the Lord: **R**.

For good will in the hearts of all; and on earth, peace, let us pray to the Lord: **R**.

For the poor, the outcast and the homeless; for the helpless, the lonely and the unloved, let us pray to the Lord: **R**.

For all who have gone before us, whose hope was in the Word made flesh, let us pray to the Lord: **R**.

With the blessed Virgin Mary, *Saint N.* and all the host of heaven, let our voices rise to praise God's glory: *Collect*

6 THURSDAY & EPIPHANY

From the rising of the sun to its setting, let us pray to the Lord.

That the people of God in all the world, may worship in spirit and in truth, let us pray to the Lord: **R**.

That the Church may discover again that unity which is your gift, let us pray to the Lord: **R**.

That the nations of the earth

may seek after the ways that make for peace, let us pray to the Lord: **R**.

That the whole creation, groaning in travail, may be set free to enjoy the glorious liberty of the children of God, let us pray to the Lord: **R**.

That all who with Christ have entered the shadow of death may find the fulfilment of life and peace, let us pray to the Lord: **R**.

With all the saints in light,

let us offer eternal praise to the Lord made manifest: *Collect*

7 FRIDAY, LENT & PASSIONTIDE

With faith and love and in union with Christ, let us offer our prayer before the throne of grace.

Have mercy on your people, for whom your son laid down his life. **R**.

Bring healing and wholeness to people and nations, and have pity on those torn apart by division. **R**.

Strengthen all who are persecuted for your name's sake, and deliver them from evil. **R**.

Look in mercy on all who suffer, and hear those who cry out in pain and desolation. **R**.

Bring comfort to the dying, and gladden their hearts with the power of your glory. **R**.

Give rest to the departed and bring them, with your saints, to glory everlasting. **R.**

As we rejoice in the triumph of the cross, we pray that the whole of creation may find fulfilment in the eternal kingdom of God: *Collect*

8 SATURDAY & PENTECOST

In the power of the Spirit and in union with Christ, let us pray to the Father.

You guide your Church in the way of truth, stir up among us the gifts of your grace. **R.**

Holy Wisdom fills the whole of creation: by your Spirit, renew the face of the earth. **R.**

We are temples of the Spirit: confirm our lives in the service of the gospel. **R.**

Your anointing restores wholeness to a broken world: give healing to the sick, freedom to captives, and hope to the dying. **R**.

Nothing in all creation can separate us from your love: receive into your keeping those who have departed this life. **R**.

As we rejoice in the power of the Spirit, may God grant us today the faith of the apostles, the boldness of the prophets and the strength of the martyrs: *Collect*

9 AN ORTHODOX LITANY FOR THE EVENING

That this evening may be holy, good and peaceful: **we pray to you, O Lord.**

That your holy angels may lead us in the paths of peace and goodwill: **We pray to you, O Lord.**

That we may be pardoned and forgiven for our sins and offences: **We pray to you, O Lord.**

That there may be peace in your Church and for the whole world:

We pray to you, O Lord.

That we may be bound together by your Holy Spirit, in communion with (*N. and with*) all your saints, entrusting one another and all our life to Christ: **We pray to you, O Lord.**

AMBROSIAN ACCLAMATIONS

10 THE ADVENT OF CHRIST

Let us turn our eyes to the Lord of glory and enthrone him on our praises, saying: Lord, have mercy. [or another versicle, see page]

Jesus, servant of God, you bring justice to the peoples: **R**.

You love your people with a faithful love: **R.**

You were lifted up on the cross that you might draw all people to yourself: **R**.

You bring hope and joy to those who walk in the valley and shadow of death: **R**.

You have liberated us so that we might be free for ever: **R**.

You, O Christ, are our justice, our peace and our redemption: **R**.

11 THE INCARNATION

Let us praise the eternal Word of God, who is seated at God's right hand, and yet was born for us in the midst of time, saying: Lord, have mercy. *[or another versicle, see page]*

O saving Lord, God with us, born of the Virgin by the power of the Spirit: **R**.

Son of David, foretold by the prophets: **R**.

Glorious offspring of Abraham, awaited by the patriarchs: **R**.

Saviour of your people, proclaimed by angels: **R.**

O Light eternal, who gives sight to the eyes of the blind: **R**.

O King of justice and peace, ruler of all the ages: **R**.

12 THE EPIPHANY OF CHRIST

To Jesus, redeemer of the peoples, let us lift our praises, saying: Lord, have mercy. *[or another versicle, see page]*

Lord, you are the faithful guide of those who seek you with a pure heart: **R**.

You came among us to usher in your kingdom of peace: **R**.

O Lord, encompassed in light as with a cloak, you conquer the darkness of our night: **R**.

You change our vessels of water into the gladdening wine of new life: **R**.

O bread eternal, you feed the hunger of your people in desert places: **R**.

You are the true host of the marriage feast, welcoming sinners to your banquet table: **R**.

13 THE CROSS

Let us bring our prayers to him who died that we might live and who intercedes for ever before the Father, saying: Lord, have mercy. *[or another versicle, see page]*

Lord Jesus, you embraced the cross that we might learn to give our lives for the sake of love: **R**.

In the hour of death you heard the penitent thief and opened to him the door of paradise: **R**.

Innocent Captive, you submitted to the judgement of sinners: **R**.

Most merciful Saviour, you have known the pain of abandonment: **R**.

Lord, you loved the Church and gave your own self up for her: **R**.

Through your blood you have brought to all people the crown of life: **R**.

14 THE RESURRECTION

To Christ, the Lamb who was slain, and who now lives in the glory of the Father, let us raise the voice of praise, saying: Lord, have mercy. *[or another versicle, see page]*

Lord Jesus, you are the Amen, the faithful witness, the first of God's creation: **R**.

You are the Alpha and Omega, the one who is, and was, and who is to come: **R**.

You search into the thoughts and affections of all people: **R**.

You reprove and chasten those whom you love: **R**.

You open the eyes of the blind and set the prisoners free: **R**.

In your paschal victory, you have proclaimed the coming of the kingdom: **R**.

15 THE HOLY SPIRIT

Let us praise the crucified and risen Lord who sends upon us the Spirit which makes all things new, saying: Lord, have mercy. *[or another versicle, see page]*

O Word of life, one God with the Father and the Spirit: **R**.

O eternal Light, who through the working of the Holy Spirit received from the Virgin our human nature: **R**.

O crucified Redeemer, through your desire to make us anew, the life-giving Comforter moves among us: **R.**

You breathed on the apostles the Spirit of your love, that sinners might come to know the mercy of God: **R**.

You are seated at the right hand of the Father, from whom we receive the gifts of the Spirit: **R**.

Through the power of the Holy Paraclete you wipe away our sins in the waters of baptism and open our hearts to the guiding hand of God: **R**.

16 THE KINGDOM

Let us praise Christ our King, by whose cross we have citizenship in heaven, saying: Lord, have mercy. *[or another versicle, see page]*

Lord, you built your Church on the foundation of the apostles: **R**.

You witness to your truth in the lives of your saints: **R**.

You made us to be a kingdom and priests serving our God: **R**.

You have shared our burdens revealing the holiness of our life and work: **R**.

You stir us to seek the mysteries of the kingdom: **R.**

You lead us to the eternal assembly of the saints: **R**.

17 THE RUSSIAN KONTAKION

Give rest, O Christ, to your servants, with the saints: where sorrow and pain are no more, neither sighing, but life everlasting. You only are immortal, the creator and maker of all: and we are mortal, formed of the earth, And unto earth shall we return. For so you did ordain when you created me, saying: 'Dust thou art and unto dust shalt thou return.' All we go down to the dust; and, weeping o'er the grave, we make our song: Alleluia! Alleluia! Alleluia! Give rest...

18 VERSICLES AND RESPONSES FROM ANZPB

page 38

O come let us sing to the Lord, Tēnā kia waiata tātou ki a Ihowa, let us rejoice in the rock of our salvation. kia hari tātou ki te toka o tō tātou whakaoranga. We sing to you, O God, and bless your name; Waiata atu ki a Ihowa, whakapaingia tōna ingoa; and tell of your salvation from day to day. kōrerotia tōna whakaoranga i ia rā, i ia rā.

We proclaim your glory to the nations, Pānuitia tōna korōria ki nga iwi, your praise to the ends of the earth. Tōna whakanui ki ngā topito o te ao.

page 50

Make your ways known upon earth, O God, E Ihowa, meinga ō tikanga kia mōhiotia ki te ao. **your saving power among all peoples. tōu mana whakaora ki ngā tauiwi katoa.**

Renew your Church in holiness, Whakahoungia tō Hāhi i runga i te tapu.

and help us to serve you with joy. A āwhinatia mātou ki te mahi ki a koe i runga i te hari.

Guide the leaders of this and every nation, E Ihowa, arahina ngā iwi o tēnei whenua.

that justice may prevail throughout the world. Kia riro mai ai i ngā tāngata katoa ngā mea e tika ana ki a rātou.

Let not the needy, O God, be forgotten,

E Ihowa, kaua e warewaretia te rawakore.

nor the hope of the poor be taken away.

Kaua anō te tūmanako o te rawakore e whakakorea.

Make us instruments of your peace,

E Ihowa, meinga mātou hei karere mo tāu rangimārie. and let your glory be over all the earth.

A tukua tīu korōria kia horapa ki te ao katoa.

He Inoi Kia Whai Painga Ngā Mea Katoa

E pupuhi e te hau rangimārie Kia whai painga ngā mea katoa Kia tatu ai ō mātou whakaaro Hei arahi i a mātou i tēnei rā

Meinga kia pupu ake te aroha I roto i a mātou e hui nei Kia pai ai te haere O ngā mahi katoa.

Whakakahatia rātou e māuiui ana Whakapakari ake te hunga e ngoikore ana Arahina te hunga e kotiti ana Whakamanatia te hunga kore mana

Ūakina ngā tatau o te ora Ngā matapihi o te rangi Hei oranga ngākau wairua hoki Kia piri pono ai

Ki te Matua, Tama, Wairua Tapu Kotahi nei rātou Mai i te Rangi, i te Whenua, Aia nei ake tonu atu. **Āmine.**

Common forms

Gloria page 55 Glory to the Father and to the Son: and to the Holy Spirit; as it was in the beginning is now: and shall be for ever. Amen.

Or page 56 Kia whakakororiatia te Matua, te Tama: me te Wairua Tapu; ko te ritenga ia i te tīmatanga, a tēnei anō ināianei: a ka mau tonu iho, a ake ake. Āmine.

Or

Korōria ki a koe, e te Ariki.

Or

Korōria ki te Matua, ki te Tama, ki te Wairua Tapu; mai i te tīmatanga, ki tēnei wā, ā, haere ake nei. Āmine.

The Lord's Prayer As Christ teaches us we pray

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever. Amen.

Or

Kua akona nei tatou e tō tātou Ariki, ka īnoi tātou.

E tō mātou Matua i te rangi Kia tapu tōu Ingoa. Kia tae mai tōu rangatiratanga. Kia meatia tau e pai ai ki runga ki te whenua, kia rite anō ki to te rangi. Hōmai ki a mātou āianei he taro mā mātou mō tēnei rā. Murua ō mātou hara, Me mātou hoki e muru nei i ō te hunga e hara ana ki a mātou. Aua hoki mātou e kawea kia whakawaia; Engari whakaorangia mātou i te kino: Nōu hoki te rangatiratanga, te kaha, me te korōria, Ake ake ake. Āmine.

The Christian Year

THE NAMING OF JESUS [1 January]

Reading

Peter, filled with the Holy Spirit, said, "This Jesus is 'the stone that was rejected by you, the builders; it has become the cornerstone.' There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

Acts 4.11, 12

[Use Form 4]

Response To us a child is born, to us a Son is given, **And he shall be called The Prince of Peace!**

Benedictus	You shall call his name Jesus* for he will save his people from their sins.
Magnificat	God, you have done great things for us,* and holy is your Name.

Collect

Praise to you, Christ our Redeemer for you were circumcised this day and given Jesus as your name. Praise to you, Jesus, well are you named for you save us all from our sins. **Amen.**

EPIPHANY [6 January]

Reading

For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

2 Corinthians 4.5, 6

Response The glory of God is shown forth, **God's glory is revealed to the nations.**

Collect

O God, by the leading of a star you revealed your Son Jesus Christ to the gentiles; grant that your Church may be a light to the nations, so that the whole world may come to see the splendour of your glory; through Jesus Christ our Lord . . . [Use Form 5]

THE BAPTISM OF CHRIST [THE FIRST SUNDAY OF EPIPHANY]

Reading

John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' "

John 1.32, 33

[Use Form 5]

Response

Behold my Chosen, in whom my soul delights; The Anointed One, on whom my Spirit rests.

Benedictus	Jesus is baptized and the whole world is made holy;*
	Christ washes away our sins
	and purifies us with the Holy Spirit.
Magnificat	Draw water from the wells of salvation,*
	for Christ our Lord has made creation holy.

Collect

Almighty God,

you anointed Jesus at his baptism with the Holy Spirit, and revealed him as your beloved Son:

inspire us, your children,

who are born of water and the Spirit,

to surrender our lives to your service,

that we may rejoice to be called the sons and daughters of God;

through Jesus Christ our Lord ...

CONVERSION OF PAUL [25 January]

[Use Form 2]

Reading

For I want you to know, brothers and sisters, that the gospel that was proclaimed by me is not of human origin; for I did not receive it from a human source, nor was I taught it, but I received it through a revelation of Jesus Christ. *Galatians* 1.11-12

Response

Faith comes by hearing

And hearing by the word of Christ.

Collect Almighty God, you have caused the light of the gospel to shine throughout the world through the preaching of your servant Paul; grant that we who remember his wonderful conversion may follow him in bearing witness to your truth; through Jesus Christ our Lord . . . PRESENTATION OF CHRIST [2 February]

Reading

Christ became like us, his brothers and sisters, in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. *Hebrews* 2.17

Response

We wait for your loving-kindness, O God,

In the midst of your temple.

Benedictus	The parents of Jesus marvelled at what was said about him.* And Mary kept all these things and pondered them in her heart.
Magnificat	Simeon held the child in his arms, and beheld his Salvation;* Anna gave thanks to God and proclaimed her Redeemer.

Collect

Everliving God,

your Son Jesus Christ was presented as a child in the temple to be the hope of your people;

grant us pure hearts and minds

that we may be transformed into his likeness,

who lives and reigns with you and the Holy Spirit,

one God for ever.

ASH WEDNESDAY

Reading

Jesus said, 'When you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret.'

Matthew 6.17,18

[Use Form 6]

Response Create in us a clean heart, O God, And renew a right spirit within us.

Collect

Almighty and merciful God, you hate nothing that you have made and forgive the sins of all who are penitent; create in us new and contrite hearts, so that when we turn to you and confess our sins we may receive your full and perfect forgiveness; through Jesus Christ our Redeemer . . . JOSEPH, HUSBAND OF THE BVM [19 March]

Reading

Jacob was the father of Joseph the husband of Mary, of whom Jesus was born, who is called the Messiah.

Response

Behold the faithful and wise servant Whom the Master placed over the household.

Benedictus	Joseph was the husband of Mary,*
	who gave birth to Jesus, called Messiah.
Magnificat	Joseph of Nazareth went up to Bethlehem*
	to be enrolled with Mary his betrothed,
	who was with child.

Collect

O God,

who from the family of your servant David

raised up Joseph

to be the guardian of your only son

and spouse of the Virgin Mary, his mother:

give us grace to follow him

in faithful obedience to your commands;

through Jesus Christ our Lord . . .

ANNUNCIATION OF OUR SAVIOUR [25 March]

[Use Form 4]

Reading

"The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God."

Luke 1.35

Response Here am I, the servant of the Lord, **Let it be with me according to your word.**

Benedictus	The Holy Spirit will come upon you, Mary,* and the power of the Most High will overshadow you.
Magnificat	Mary received the word of the Lord;* and conceived the Word of life.

Collect God of grace, grant that Mary's obedience may inspire us to obey your will [Use Form 4]

Matthew 1.16

and receive Jesus Christ in our hearts as Lord; who lives and reigns with you and the Holy Spirit one God for ever.

PALM SUNDAY

Reading

The crowds that went ahead of him and that followed were shouting, "Hosanna to the Son of David! Blessed is the one who comes in the name of the Lord! Hosanna in the highest heaven!" When he entered Jerusalem, the whole city was in turmoil, asking, "Who is this?"

Matthew 21.9-10

[Use Form 6]

Response

God's love for us is proved in this: That while we were still sinners, Christ died for us.

Collect

Almighty and everliving God, in your tender love towards us you sent your Son to take our nature upon him, and to suffer death upon the cross; grant that we may follow the example of his great humility and share in his glorious resurrection; through Jesus Christ our Lord . . .

MAUNDY THURSDAY

Reading

Jesus said, "If I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you."

John 13.14-15

Response Christ loved those who were his And showed them how deep was his love for them.

Benedictus	I have longed to eat*
	this Passover with you before I suffer.
Magnificat	Christ humbled himself for us,* and in obedience accepted death.
	-

Collect

Everlasting God, your Son Jesus Christ girded himself with a towel and washed his disciples' feet; grant us the will to be the servant of others

[Use Form 6]

as he was servant of all, who gave up his life and died for us, yet is alive and reigns with you and the Holy Spirit, one God now and for ever.

GOOD FRIDAY

[Use Form 6]

Reading

Christ Jesus emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death — even death on a cross.

Philippians 2.7-8

Response

We adore you, O Christ, and we bless you, For by your holy cross, you have redeemed the world.

Benedictus	Over his head, they put the charge against him:* This is Jesus of Nazareth, the King of the Jews.
Magnificat	Christ humbled himself for us,* and in obedience accepted death, even death on a cross.

Collect

Gracious and eternal God, look with mercy on this your family for which our Lord Jesus Christ was willing to be betrayed into the hands of his adversaries and to suffer death upon the cross; and grant us to rejoice in the benefits of his passion; through him who is alive and reigns with you and the Holy Spirit, one God now and for ever.

[Use Form 6] EASTER EVE Reading Jesus said, "Destroy this temple, and in three days I will raise it up." He was speaking of the temple of his body. John 2.19, 21

Response Return to the Lord, who will have mercy, To our God, who will richly pardon.

Destroy this temple and, in three days, Benedictus

	I will raise it up, says the Lord;* this Christ said of the temple that was his body.
Magnificat	Christ humbled himself for us and,
	in obedience, accepted death,
	even death on a cross:*
	therefore God raised Christ to the heights
	and gave him the name
	which is above all other names.

Collect

Grant O God, that we who are baptized into the death of your Son Jesus Christ, may continually die to sin and be buried with him, that through the grave and gate of death we may pass to our joyful resurrection; for his sake, who died and was buried and rose again for us, your Son our Saviour Jesus Christ.

EASTER DAY

Reading Our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the festival, with the unleavened bread of sincerity and truth.

1 Corinthians 5.7-8

[Use Form 1]

Response

This is the day which the Lord has made. Alleluia! Let us rejoice and be glad in it. Alleluia!

Collect Glorious Lord of Life, we praise you, that by the mighty resurrection of your Son, you have delivered us from sin and death and made your whole creation new; grant that we who celebrate with joy Christ's rising from the dead, may be raised from the death of sin to the life of righteousness; through him who lives and reigns with you and the Holy Spirit, one God now and for ever. ASCENSION DAY

Reading

"Why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven."

Acts 1.11

[Use Form 1]

Response

I am ascending to my Father and to your Father, **To my God and your God.**

Benedictus	Christ was believed in
	throughout the world*
	and taken up in glory.
Magnificat	I have made your name known to those you have given me;*
	and now I pray for them,
	for I am coming to you.

Collect

Eternal and gracious God, we believe your Son our Saviour Jesus Christ to have ascended with triumph into your kingdom in heaven; may we also in heart and mind ascend to where he is, and with him continually dwell; who lives and reigns with you and the Holy Spirit, one God now and forever.

THE DAY OF PENTECOST

Reading

Jesus said, "I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth."

John 14.16-17a

[Use Form 2]

Response The Spirit searches all things, **Even the depths of God.**

Collect

Almighty God, you kindled this day the light of your Spirit in the hearts of your faithful people; may we by the same Spirit have a right judgment in all things, and evermore rejoice in your love and power; through Jesus Christ our Saviour, who lives and reigns with you and the Holy Spirit, one God now and for ever.

TRINITY SUNDAY [Pentecost 1][Use Form 1]ReadingJesus said to the disciples, "Go therefore and make disciples of all nations,
baptizing them in the name of the Father and of the Son and of the Holy Spirit."

Matthew 28.19

Response Holy, holy, holy is the God of hosts, **Who was, and is, and who is to come.**

Benedictus	Glory and honour be to God*
	in the unity of the Trinity.

MagnificatBlessIId be the creator of all things;*the holy and undivided Trinity.

Collect

God of unchangeable power, you have revealed yourself to us as Father, Son and Holy Spirit; keep us firm in this faith that we may praise and bless your holy name; for you are one God now and for ever.

 THANKSGIVING FOR THE EUCHARIST
 [Use Form 4]

 [Thursday after Pentecost 1]
 Reading

 Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them."
 In

John 6.56

Response Mortals ate the food of angels, **You gave them bread from heaven.**

Benedictus	I am the living bread which came down from heaven;* whoever eats of this bread will live for ever.
Magnificat	O sacred feast, in which Christ is received and the memory of his passion is renewed:*

our minds are filled with grace and a pledge of future glory is given us.

Collect

Everloving God, your Son Jesus Christ gave himself as living bread for the life of the world; give us such a knowledge of his presence that we may be strengthened and sustained by his risen life to serve you continually; through Jesus Christ our Lord . . .

VISIT OF BVM TO ELIZABETH [31 May]

[Use Form 4]

Reading

Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb."

Luke 1.41, 42

Response

You, God, have looked with favour on your lowly servant, **From this day, all generations shall call her blessed.**

Collect

Everloving God, by your grace Elizabeth rejoiced with Mary and hailed her as the mother of the Lord. Fill us with your grace, that we may acclaim her Son as our Saviour and rejoice in our fellowship with him; through Jesus Christ our Lord . . .

JOHN THE BAPTIST [24 June] [Use Form 3] Reading "Truly I tell you," said Jesus, "among those born of women no one has arisen greater than John the Baptist."

Matthew 11.11

Response "See, I am sending my messenger ahead of me, **To prepare my way before me.**"

Benedictus Elizabeth, the wife of Zechariah, brought forth a son;* he grew and became strong in spirit.

Magnificat The child born of Elizabeth is more than a prophet,* for there has arisen no one greater than John the Baptist, proclaims the Saviour.

Collect

God our strength and our hope, grant us the courage of John the Baptist, constantly to speak the truth, boldly to rebuke vice and patiently to suffer for the truth's sake; in the name of Jesus Christ our Lord . . .

PETER AND PAUL [29 June]

Reading

God, who worked through Peter making him an apostle to the circumcised also worked through me in sending me to the Gentiles.

Galatians 2.8

[Use Form 2]

Response

Their voice has gone out to all the earth

And their words to the ends of the world.

Collect

Almighty God, we thank you for your servants Peter and Paul, leaders of your Church and martyrs for your name; fill us like them with your Spirit that we may follow in the way of Jesus Christ who endured the cross, despising the shame, and is at your right hand, now and for ever.

MARY MAGDALENE Apostle to the Apostles [22 July]

Reading

[Use Form 2]

"Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher).

John 20.13-16

Response Mary came and told the disciples:

"I have seen the Lord!"

Benedictus	After the Sabbath, towards the dawn of the first day of the week,* Mary Magdalene went to the tomb.
Magnificat	In vigil by the cross of her Lord* stood Mary of Magdala, his disciple.

Collect

Merciful God,

your Son restored Mary Magdalene to health

of body and mind

and called her to be a witness

of his resurrection;

heal us and make us whole

that we may serve you

in the power of his risen life;

through Jesus Christ our Lord . . .

TRANSFIGURATION OF THE BELOVED SON [6 August]

Reading

[Use Form 1] Jesus said, "Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." John 12.28

Response

It is good that we are here To behold the glory that is Christ.

Benedictus	Christ, who is the very image of the Father,* was revealed in glory upon the high mountain.
Magnificat	This is my Son, my Belovèd;* listen to my Chosen One.

Collect

God of life and glory,

your Son was revealed in splendour

before he suffered death upon the cross;

grant that we, beholding his majesty,

may be strengthened to follow him

and be changed into his likeness from glory to glory;

for he is alive and reigns with you and the Holy Spirit,

one God now and for ever.

Reading

Jesus went with his parents and came to Nazareth, and was obedient to them. His mother treasured all these things in her heart. And Jesus increased in wisdom and in years, and in divine and human favour.

Luke 2.51-52

Response Blessed are you, Mary, the Lord is with you.

Through you we received our Redeemer, the Lord Jesus Christ!

Collect God of love, you chose the blessèd virgin Mary to be the mother of your only Son; grant that we who have been redeemed by his blood, may share with her the glory of your eternal kingdom; through the same Jesus Christ our Lord . . .

HOLY CROSS DAY [14 September]

[Use Form 6]

Reading

Christ abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross.

Ephesians 2.15,16

Response

Far be it from me to glory Save in the cross of our Lord Jesus Christ.

Benedictus	Dying, you destroyed our death,
	rising you restored our life:*
	save us by your holy cross,
	O Christ, our Redeemer.

Magnificat If you would come after me, you must deny yourself,* and take up your cross and follow me.

Collect

Almighty God,

in the passion of your blessed Son

you made an instrument of shameful death

to be for us the means of life;

grant us so to glory in the cross of Christ

that we may gladly suffer for his sake,

who is alive and reigns with you and the Holy Spirit,

one God now and for ever.

MICHAEL AND ALL ANGELS [29 September]

Reading

Jesus said, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

John 1.51

[Use Form 5]

Response

The Lord commanded the angels **To keep you in all your ways.**

Benedictus	There was silence in heaven while the dragon waged war [*] and Michael and his angels fought against the dragon and won the victory.
Magnificat	Then I saw an angel soaring in the heavens* with an eternal gospel to proclaim to all who live on the earth.

Collect

Almighty and everlasting God,

whom we adore with all the angelic host, may we always rejoice in your heavenly protection and serve you faithfully in this present life; through Jesus Christ our Lord . . .

ALL SAINTS' DAY [1 November]

[Use Form 7]

Reading

There was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, "Salvation belongs to our God who is seated on the throne, and to the Lamb!"

Revelation 7.9, 10

Response

The righteous will shine like the sun

In the kingdom of the Father.

Benedictus	The saints cried out with a loud voice:* Salvation to our God who sits on the throne, and to the Lamb.
Magnificat	With one heart and voice, all the saints proclaim:* We praise you, bless∏d Trinity, one God.

Collect

Almighty God, your saints are one with you in the mystical body of Christ; give us grace to follow them in all virtue and holiness until we come to those inexpressible joys which you have prepared for those who truly love you; through Jesus Christ our Lord ...

COMMEMORATION OF FAITHFUL DEPARTED [2 November]

Reading

[Use Form 7] Jesus said, "Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life."

John 5.24

Response

I am the resurrection and the life;

Whoever believes in me, though they die, yet shall they live.

Benedictus	As the Father raises the dead and gives them life* So the Son gives life to anyone he chooses.
Magnificat	All that the Father gives me will come to me;* and the one who comes to me I will not cast out.

Collect

Merciful God, your Son is the resurrection and the life of all the faithful; raise us from the death of sin to the life of righteousness, that at the last, with all your faithful servants, we may come to your eternal joy; through our Saviour Jesus Christ...

THE KINGSHIP OF CHRIST [Sunday before Advent]

Reading

[Use Form 1]

God raised Christ from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion.

[Use Form 3]

Response God raised Christ from the dead And Christ was enthroned as God's right hand in heaven.

Collect

God of power and love, who raised your Son Jesus from death to life, resplendent in glory to rule over all creation: free the world to rejoice in his peace, to glory in his justice, and to live in his love. Unite the human race in Jesus Christ your Son, who is alive and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

ADVENT SUNDAY

Reading

Now is the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers. *Romans* 13.11

Response

Lord Jesus, you are the one who is to come.

The one whom we await with longing hearts.

Collect

Almighty God,

give us grace to cast off the works of darkness

and put on the armour of light,

now in the time of this mortal life,

in which your Son Jesus Christ came to us in great humility;

so that when he shall come again in his glorious

majesty

we may rise to the life immortal;

through him who is alive and reigns with you

and the Holy Spirit,

one God now and for ever.

CHRISTMAS DAY

Reading

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him.

1 John 4.7-9

Response Glory to God in the Highest! [Use Form 4]

And on earth, peace!

Collect Almighty God, you gave your only-begotten Son to take our nature upon him, and be born of the Virgin Mary; grant that we, who have been born again and made your children by adoption and grace, may daily be renewed by your Holy Spirit; through our Saviour Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God now and for ever.

STEPHEN, THE FIRST CHRISTIAN MARTYR [26 December, or 3 August][Use Form 4]ReadingWhile they were stoning Stephen, he prayed, "Lord Jesus, receive my spirit."Then he knelt down and cried out in a loud voice, "Lord, do not hold this sin

against them." When he had said this, he died.

Acts 7.59-60

Response

God is love, and those who abide in love abide in God. God abides in those who confess that Jesus is the Son of God. Collect

Merciful God, give us grace in all our sufferings for the truth to follow the example of your martyr Stephen, that we also may look to him who was crucified and pray for those who persecute us; through Jesus Christ our Redeemer . . .

JOHN THE EVANGELIST [27 December, or 6 May]

Reading

Peter turned and saw the disciple whom Jesus loved following them; he was the one who had reclined next to Jesus at the supper. Peter said, "Lord, what about him?" Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!"

John 21.20-22

[Use Form 4]

Response The Word became flesh and dwelt among us, **Full of grace and truth.**

Collect

God our Father, we praise you for John, your evangelist, whose gospel reveals the mystery of the Word made flesh; grant that, enlightened by his teaching, we may walk in the way of your truth, and finally come to the light of eternal life; through Jesus Christ our Lord . . .

THE HOLY INNOCENTS [28 December, or 16 February]

Reading

Jesus called a child, whom he put among the disciples, and said, "Truly I tell you, unless you change and become like children, you will never enter the kingdom of heaven. Whoever welcomes one such child in my name welcomes me."

Matthew 18.2-3, 5

Response

To all who received him, who believed in his name,

He gave power to become the children of God.

Collect

Holy Father, your Son was saved from the slaughter of infants at the hand of Herod; grant that we may never be indifferent to the sufferings of your children, but may bring them help and compassion in your unfailing love, now and for ever.

NEW YEAR'S EVE [31 December]

Reading

"In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same,

and your years will never end."

Hebrews 1.10-12

Response In the beginning was the Word, **And the Word was God.**

Collect Eternal God, to whom a thousand years are no more than a moment; renew us in your Holy Spirit, [Use Form 4]

[Use Form 4]

so that we may serve you with courage while we have life and breath; through the grace of Jesus your Son...

The Common of Holy Days

FOR THE BLESSED VIRGIN MARY

Reading Mary said, "Here am I, the servant of the Lord; let it be with me according to your word."

Response

Hail, Mary, full of grace, the Lord is with you. Because God has blessed you for ever.

Collect Jesus, your birth is wonderful and your mother is the most beloved woman of all time. Help all of us who believe in you to honour each other equally, whatever our gender, whatever our ability, whatever our social state may be.

FOR APOSTLES & EVANGELISTS

Reading

Proclaim the message; be persistent whether the time is favourable or unfavourable; convince, rebuke, and encourage, with the utmost patience in teaching. Always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

2 Timothy 4.2, 5

Response You did not choose me, but I chose you, I appointed you to go out and bear fruit, the fruit that shall last.

Collect

Almighty God, your Church is built on the foundation of the apostles and prophets with Christ our Lord as the cornerstone; grant that, united with them in faith and love, we may be part of that living temple which is being built to your glory, through Jesus Christ our Lord . . . [Use Form 2]

[Use Form 4]

Bless II are those who are persecuted for the cause of right, The kingdom of heaven is theirs! Collect Everloving God, by your grace and power your holy martyr N triumphed over suffering and was faithful even to death; strengthen us with your grace that we may faithfully witness to Jesus Christ our Saviour . . . [Use Form 5] FOR A TEACHER OR CONFESSOR OF THE FAITH Reading Wisdom guided them in straight paths; she showed them God's kingdom and gave them knowledge of holy things. Wisdom 10.10 Response Those who keep the commandments and teach them Shall be considered great in the kingdom of heaven. Collect Almighty God, you have enlightened your Church

When the Lamb opened the fifth seal, I saw under the altar the souls of those who had been slaughtered for the word of God and for the testimony they had

[Use Form 6]

Revelation 6.9

[Use Form 5]

you have enlightened your Church by the teaching of your servant *N*; enrich it evermore with your heavenly grace, and raise up faithful witnesses, who by their life and teaching may proclaim to all people the truth of your salvation; through Jesus Christ our Lord . . .

FOR A BISHOP OR PASTOR

Reading

FOR A MARTYR

Reading

given.

Response

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. *Hebrews* 13.7

Response

I will give you shepherds after my own heart, Who will feed you with knowledge and understanding.

Collect

Good and gracious God, the light of the faithful and shepherd of souls, you set your servant *N* to be a bishop / priest in your Church to feed your sheep with your word and to guide them by *her/his* example; give us grace to keep the faith *s/he* taught and to follow in *her/his* footsteps, through Jesus Christ . . .

FOR A MONASTIC OR OTHER RELIGIOUS

[Use Form 3]

Reading

A young man said to Jesus, "I have kept all the commandments from my youth; what do I still lack?" Jesus said to him, "If you wish to be perfect, go, sell your possessions, and give the money to the poor, and you will have treasure in heaven; then come, follow me."

Matthew 19.20-21

Response

BlessΠd are the pure in heart, **For they shall see God.**

Collect

Gracious and eternal God, by your grace *N*, kindled with the fire of your love, became a burning and a shining light in your Church; inflame us with the same spirit of discipline and love that we may always walk before you as children of light; through Jesus Christ our Lord . . .

FOR A MISSIONARY

Reading

How beautiful upon the mountains are the feet of the messenger who announces peace, who brings good news, who announces salvation, who says to Zion, "Your God reigns!"

Isaiah 52.7

[Use Form 2]

Response Give thanks to the Lord; call upon God's name! **Tell the nations all that God has done.**

Collect

Almighty God, we thank you for *N*, whom you called to preach the gospel to the people of . . . Raise up in this and every land heralds and evangelists of your kingdom, that your Church may make known the immeasurable riches of our Saviour Christ . . .

FOR GROUP COMMEMORATIONS

Reading

In all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8.37-end

Response

The Lord looks on those who revere God, **On those who trust God's merciful love.**

Collect

Almighty God, you call witnesses from every nation and reveal your glory in their lives; make us thankful for their example, and strengthen us by their fellowship that like them we may be faithful in the service of your kingdom; through Jesus Christ our Lord . . .

FOR ANY SAINT

Reading

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

Philippians 4.8

Response The righteous will be remembered for ever, **The memory of the righteous is a blessing.**

Collect Almighty God, you have built up your Church through the love and devotion of your saints; [Use Form 6]

[Use Form 1]

we give you thanks for your servant N whom we commemorate today. Inspire us to follow *her/his* example that like *her/him* we may in our day rejoice in the vision of your glory; through Jesus Christ our Lord . . .

FOR THE UNITY OF THE CHURCH

Reading

Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other; but woe to one who is alone and falls and does not have another to help.

Ecclesiastes 4.9, 10

[Use Form 4]

Response Christ is our peace, who has made us one, Christ has broken down the barriers which divided us.

Collect Everloving God,

you have called us in the body of your Son Jesus Christ to continue his work of reconciliation and reveal you to all the world; forgive us the sins which tear us apart; give us courage to overcome our fears and to seek that unity which is your gift and your will; through Jesus Christ our Saviour . . .

FOR THE PEACE OF THE WORLD

Reading

Jesus said, "I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!"

John 16.33

Response

Live with one another in peace And the God of peace will be with you.

Collect Everloving God, the source of all true harmony; guide with your wisdom those who govern the nations of the world, that all your children may come and go in peace

[Use Form 5]

and the earth be filled with the knowledge of your love; through Jesus Christ, the prince of peace . . .

THE DEPARTED

Reading

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

Romans 14.7-9

[Use Form 6]

Response

I am the resurrection and the life, said the Lord. Whoever believes in me, though they die, yet shall they live.

Collect

God of all consolation, we commend N to you, as *s*/*he* journeys beyond our sight; in your unending love and mercy you turn the darkness of death into the dawn of new life. Your Son, our Lord Jesus Christ, by dying for us, conquered death, and by rising again, restored life. May we not be afraid of death but desire to be with Christ, and after our life on earth, to be with those we love, where every tear is wiped away and all things are made new. We ask this through Jesus Christ . . .

For the Kontakion see November 2